

THE AMERICAN LEGION

FOR GOD AND COUNTRY

July 1995

Two Dollars

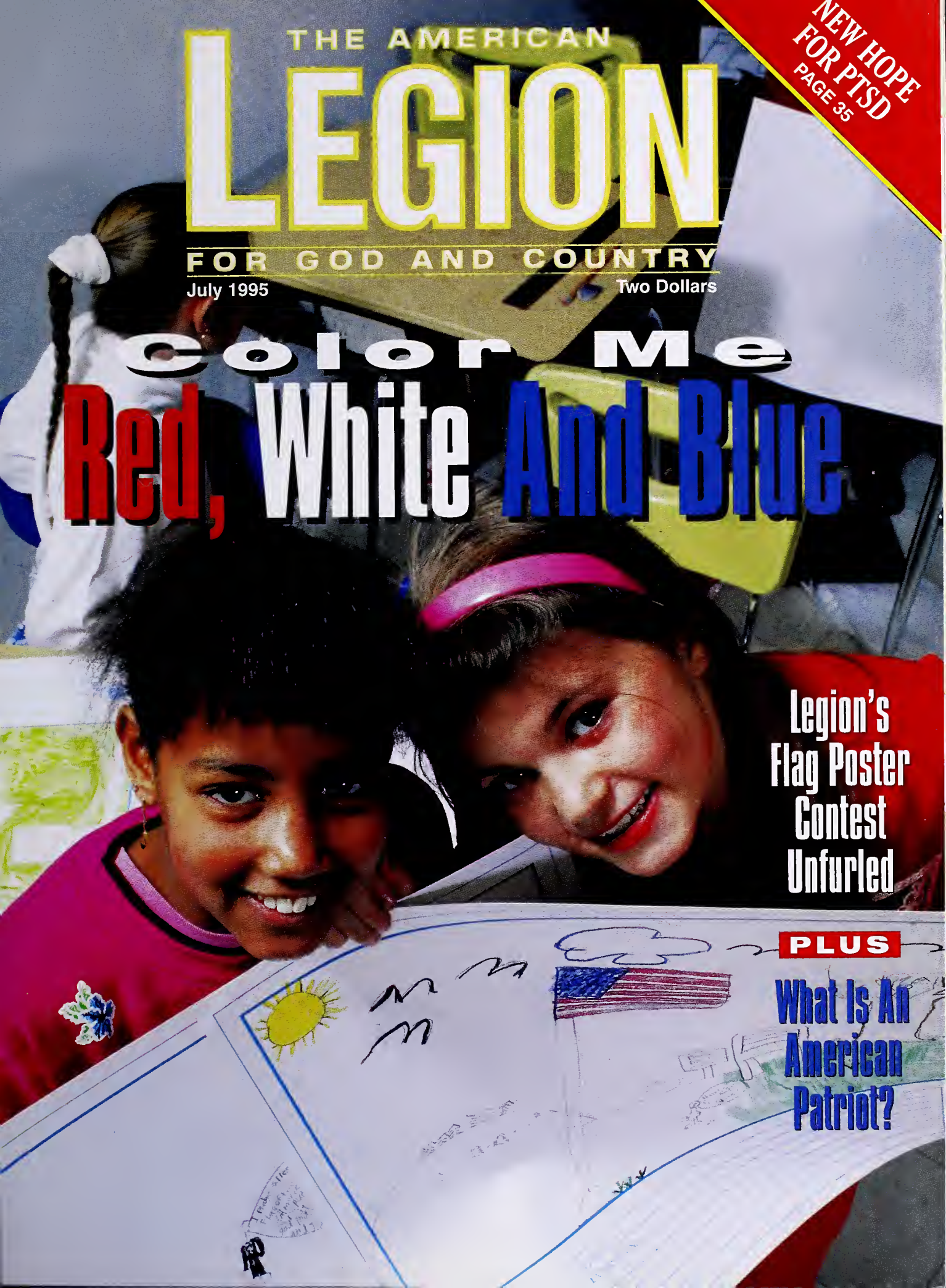
NEW HOPE
FOR PTSD
PAGE 35

color Me Red, White And Blue

Legion's
Flag Poster
Contest
Unfurled

PLUS

What Is An
American
Patriot?



MOUNTAINEER SHORTS



100 Fairview Avenue
Prospect Park, NJ 07530

Imported

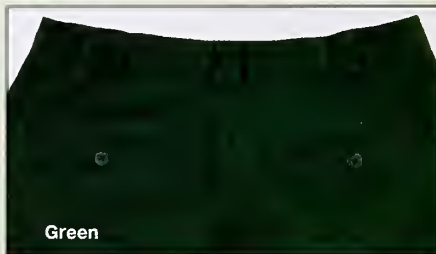
Pockets! Pockets! Pockets!

Six big pockets — count 'em! **SIX**, to hold all your gear! In front, two generous foot-deep cargo pockets plus two more set-in flap pockets with "Magic Cling™" closure. Elastic inserts in waistband for extra comfort! In rear, two big set-in button-close pockets. **100% NO IRON machine Wash & Dry.**

A little, longer, a little fuller — RUGGED TOO!

- Tough polyester/cotton twill.
- Double needle construction.
- Bar-tacked at stress points.
- Tunnel belt loops.
- **Under \$10 a pair! Order Now!**

For fastest possible service call
1-800-742-2263
Order 24 hours a day, 7 days a week



2 pairs of shorts **19⁹⁵***
3 pairs for 29.25 4 pairs for 38.25
SAVE!
Reg. 2 for 21.95

HABAND

One Hundred

Fairview Ave.

Prospect Park,

New Jersey 07530

SIZES: 30 32 34 36 38 40 42 44

***BIG MEN'S:** Add \$2.50 per pair for

46 48 50 52 54

7TB-0WX

WHAT SIZE? HOW MANY?

Send me ____ pairs of Mountaineer Shorts.

I enclose \$

purchase price, plus \$3.25 postage and insurance. Big Men's sizes add \$2.50 per pair.

☐ **Check Enclosed**

or **SEND NO MONEY NOW** if you use:

☐ Discover Card ☐ Visa ☐ MasterCard

Card #

Exp. Date: ____/____/____

☐ Mr. ☐ Mrs. ☐ Ms.

Mail Address

Apt. #

City

State

Zip

100% Satisfaction Guaranteed or Full Refund of Your Purchase Price At Any Time!



THE AMERICAN LEGION

The Magazine for a Strong America

Vol. 139, No. 1

July 1995

ARTICLES

HOME AGAIN, IN INDIANA

This year's National Convention to honor WWII veterans.

16

FLAG AMENDMENT IS THE PEOPLE'S WILL

"If we don't stand up for the flag, what will we stand up for?" asks Rep. William Jefferson of Louisiana.

18

COLOR ME RED, WHITE AND BLUE

Massachusetts school kids speak from the heart.

22

WHAT IS AN AMERICAN PATRIOT?

The answer—from noted entertainer Pat Boone—may surprise you.

26

HELPING RUSSIA REFORM

It'll take more than just money, says one leading expert.

28

STORM CLOUDS OVER THE SOUTH CHINA SEA

The Spratly Islands: a venue for war?

By Perry Wood

30

PARKS IN PERIL

The trashing of Yellowstone, Yosemite and other national preserves.

By Gary Turbak

32

MAGIC FINGERS: EASING THE PAIN OF PTSD

Healing veterans with a wave of the hand.

By Don Oldenburg

35

SPRING MEETING: ALL FOR OLD GLORY

There's no turning back from our commitment to the flag.

46

DEPARTMENTS

BIG ISSUES *Should term limits be established for members of Congress?*

12

VETVOICE

3

VETERANS UPDATE

38

VETS

50

COMMANDER'S MESSAGE

10

LEGION NEWS

40

PARTING SHOTS

68

WASHINGTON WATCH

14

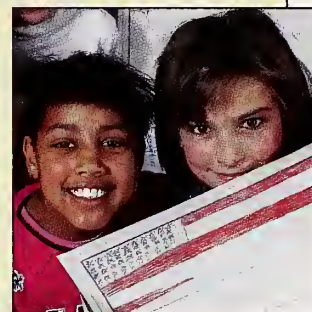
YOUR AMERICAN LEGION

48

COVER

These fourth graders in the Pleasant St. School in Athol, Mass., were among the students in the Athol-Royalston School District who took crayons in hand to compete in a patriotic poster contest. See the winners on Page 22. Photograph by Jon Crispin/Mercury.

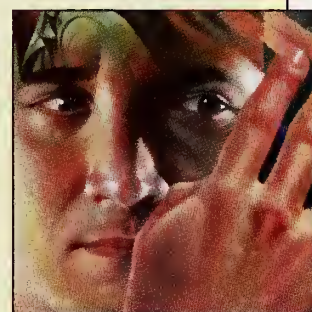
THE AMERICAN LEGION MAGAZINE, a leader among national general-interest publications, is published monthly by The American Legion for its 3.1 million members. These military-service veterans, working through nearly 15,000 community-level Posts, dedicate themselves to God and country and traditional American values; strong national security; adequate and compassionate care for veterans, their widows and orphans; community service; and the wholesome development of our nation's youths.



22



28



35



Good News for Users of **TIMOPTIC[®]** (Timolol Maleate)



Now there's a form of TIMOPTIC called
TIMOPTIC-XE[™]
(Timolol Maleate Ophthalmic Gel Forming Solution)

**Ask your eye doctor today
about TIMOPTIC-XE**

 **MERCK** Copyright © 1995 by Merck & Co., Inc. All rights reserved. J5TM29A

THE AMERICAN **LEGION** FOR GOD AND COUNTRY

700 N. Pennsylvania St.
P.O. Box 1055
Indianapolis, IN 46206
317-630-1200

William M. Detweiler
National Commander

Daniel S. Wheeler
Publisher/Editor-in-Chief
Steve Salerno
Editor

Miles Z. Epstein
Managing Editor

Raymond H. Mahon
Associate Editor

Ken Scharnberg
Veterans Affairs Editor

T. Douglas Donaldson
Assistant Editor

Simon Smith
Art Director

Joan L. Berzins
Editorial Administrator

Caron M. Morales, Cindy G. Johnson
Art and Production Assistants

Patricia Marschand
Administration

Joseph Campioni
Production Manager

Donald B. Thomson
Advertising Director

Diane Andretti, Natasha A. Lukashik
Advertising Assistants

The American Legion Magazine
P.O. Box 7068
Indianapolis, IN 46207
317-630-1200

Publisher's Representatives

Fox Associates, Inc.
Chicago: 312-644-3888
New York: 212-725-2106
Los Angeles: 810-841-0280
Detroit, MI: 810-543-0068
Atlanta: 404-252-0968
San Francisco: 415-989-5804

The American Legion Magazine Commission
Milford A. Forrester, Chairman, Greenville, SC; Russell H. Laird, Vice Chairman, Des Moines, IA; James R. Kelley, National Commander's Representative, Wayne, PA; George F. Ballard, Belleville, IL; Samuel Barney, Lancaster, OH; J. Leslie Brown Jr., Louisville, KY; Joseph Chase, Hatboro, PA; Donald Conn, South Bend, IN; James W. Conway, Charlestown, MA; James H. Hall, Hopewell, NJ; Hoy M. Haight, Huntsville, AR; Halbert G. Horton, Topeka, KS; W.B. (Brad) Jorgens, Beardsley, MN; Eugene J. Kelley, Savannah, GA; James V. Kissner, Palatine, IL; J. Fred Mitchell, Brewton, AL; J.H. Morris, Baton Rouge, LA; Everett G. Shepard, III, Woodstock, CT; George G. Sinopoli, Fresno, CA; Robert E. Vass Sr., Huntington, WV; Paul T. Woodard, Lacey, WA; Tom C. Smith, Oklahoma City, OK; John W.J. Richter, Consultant, Brenham, TX; Neal L. Thomas Jr., Consultant, Colorado Springs, CO.

Copyright 1995 by The American Legion

The American Legion (ISSN 0886-1234) is published monthly by The American Legion, 5561 W. 74th Street, Indianapolis, IN 46268. Second-class postage paid at Indianapolis, IN 46204 and additional mailing offices. Price: Annual subscription, \$12 (\$18, Foreign); post-subsponsored gift subscriptions, \$6; Single copy, \$2. POSTMASTER: Send address changes to The American Legion, Input Services, P.O. Box 1954, Indianapolis, IN 46206.

Change of Address: Notify The American Legion, Input Services, P.O. Box 1954, Indianapolis, IN 46206. 317-328-4640. Attach old address label, provide old and new addresses and current membership card number.

To request microfilm copies, please write to: University Microfilms, 300 N. Zeeb Rd., Ann Arbor, MI 48106

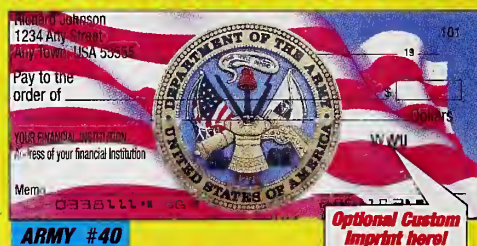
Canada Post International Publications Mail (Canadian Distribution) Sales Agreement No. 546321. Re-entered second class mail matter at Manila Central Post office dated December 22, 1991.



Printed in USA

Member Audit Bureau of Circulations

NEW AMERICAN VETERAN CHECKS!



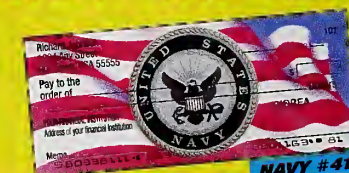
ARMY #40

Optional Custom Imprint here!

New Checks Designed Exclusively for Veterans!

- Checks meet all bank regulations
- **FREE** check cover
- **FREE** deposit slips
- **FREE** check register

**New by popular demand..
Coast Guard Checks!** ➔



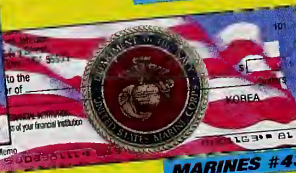
NAVY #41



AIR FORCE #42



COAST GUARD #44



MARINES #43

Also available from Styles...

Joe Montana checks, Racing, Tennis, Golf, Bowling, Cats, Fishing, Birds, Horses, Reptiles, Tropical Fish, Nurse, Police, Teacher, Firefighter, Stylist, Manicurist, Victorian, Country, Sewing, Southwest, Environmental Checks! **CALL FOR A FREE BROCHURE! 1-800-356-0353**

If you would like one of the following imprinted on your checks, please check the appropriate box. Appears over signature line. (see above)

- ☐ WWII
☐ Korea
☐ Vietnam
☐ Desert Storm
☐ Other

Your order will be mailed to the address on your voided check Allow 2-4 weeks for delivery

For questions concerning your order...
1-800-356-0353

Send check or M/O to:
THE STYLES COMPANY
P.O. BOX 5000
LAKE FOREST, CA 92630-8500
We also accept VISA & MasterCard...

Card # _____
Expiration Date: ____/____/____

TO ORDER:

1. Enclose an original VOIDED check or reorder form from your current check supply. Indicate any changes clearly on voided check or reorder form.
2. Enclose a sample deposit slip from your existing checks.

3. We need your daytime phone ()

- * Number my checks starting with #
- (If a start number is not specified checks will start at #101)

SELECT CHECK STYLE NUMBER:

Single Checks:	Forget Lettering add \$2.00	
<input type="checkbox"/> 200 - \$13.95	Old English add \$2.00	
<input type="checkbox"/> 400 - \$25.95	Priority mail service add \$3.75	
<input type="checkbox"/> 800 - \$42.95	Calif. add 7.75 % tax	
Carbonless Duplication:	Shipping & Handling	\$1.75
<input type="checkbox"/> 150 - \$15.95		
<input type="checkbox"/> 300 - \$28.95		
<input type="checkbox"/> 600 - \$49.95		
	TOTAL	

Z00665

Grab Your Pens!

The *Chicago Tribune* newspaper strongly opposes the amendment to protect the American flag. *Tribune* writer Steven Chapman penned an article opposing our amendment and criticizing those who support it. His article was misleading historically, legally and factually.

Many wrote letters to the editor correcting the article and questioning the *Tribune's* position, but the newspaper refused to print any opposition. However, the paper did print many letters from supporters of the right to desecrate the flag.

Later, the *Tribune* printed an article

by Eric Zorn, which defended a high school student's right to burn the American Flag and then publicly display the burned flag at school.

Mr. Zorn also called supporters of the amendment "pseudopatriotic blusters." He also called the flag amendment the No. 1 false issue in the United States.

The voices at the Punch Bowl and Arlington National Cemetery are forever silent and cannot speak. Fortunately, you can be heard. Write the *Chicago Tribune*, 435 N. Michigan Ave., Chicago, IL 60611.

And because the *Chicago Tribune* may censor your objections, try the

Chicago Sun-Times, 401 North Wabash, Chicago, IL 60611.

Write your letter today.

Thomas W. Flynn
Morton Grove, Ill.

It's time to give new glory to Old Glory. A constitutional amendment to protect our flag should be a priority for Congress ("Protecting Our Nation's Flag," May, by Daniel S. Wheeler). Putting this legislation on the back burner only gives more time for U.S. Flag haters to promote their own destructive agenda.

The flag is not just a piece of cloth.

Please turn to page 6

'WE NEED A WAKE-UP CALL'

REMEMBER the dreaded sound of the bugler in the awful hours before dawn? We need a bugler to wake us up again. We are not focusing on the goals and aspirations of The American Legion as befitting a benevolent organization.

Some Posts have no in-house training programs for future officers and elect officers who instead are fronts for an executive committee that often follows its own agenda. This is wrong and defeats the purpose of The American Legion.

When the chain of command is followed, good things happen. When you go from Post to District, you open the door to a wide range of talent to solve problems. From there you proceed to Division, Department and National, until the Post problem is solved.

Membership is down for one simple reason: Posts are content to just get by and serve the same tired old members. We in the Legion are just as guilty as many Americans were when they turned their back on those veterans returning from Vietnam. These same veterans are a valuable cadre of men and women who can provide the vitality to a

Post, yet we constantly ignore them.

Are they not veterans? Certainly they are. Veterans are not made by popular or unpopular wars. Veterans are made by service to this nation in time of war.

Posts were once lively centers of community affairs. Some members are very jaded now, and Posts are rundown in appearance, activity and dedication. I remember, as you do, when a Post event was the highlight of the week in a local community. Once the flag flew proudly 24 hours a day over the local Post, and activity seemed endless. Why has that stopped?

It isn't hard to answer. We were young then and fresh from our victory in World War II. Now we resist change. The enthusiasm of youth has been replaced by comfortable surroundings and familiar faces. Words made empty by our own indifference to change fall on deaf ears while the honorable dreams of The American Legion sink into the sunset. Indifference abounds.

Yes, we need a wake-up call.

Commanders, officers and members of Posts, it does not have to be this way. There is a

simple solution for every Post worldwide. In the 1995-96 year, if every Legionnaire will pledge to personally bring in one new member, we will double our membership.

The Post has the real power in the Legion, and that power comes from the membership. The Post officers and the executive committee can only make recommendations. Approval of those suggestions belongs to the Post members. District, Division and Department. National Headquarters can only offer guidelines.

Legionnaires, will you lead or follow? Get off your duff and recruit the man or woman you would like to see as your next commander. And honor your recruit by paying his or her first year's membership dues.

We rose to the occasion many times before. Now we must rise again to meet the challenge that faces us today: reviving American Legion membership and renewing its dedication to the men and women who served with honor when our country called.

For God and Country,

Ernest Bedsole
Commander, Post 179
McQueeney, Texas

New Technology Improves Sleep Quality

Chances are, you need better sleep. Thanks to advances in sleep surface technology, now you can get it!

America has become a nation of the chronically sleep-deprived. The Better Sleep Council reports that over the past 20 years, we Americans have added around 158 hours, or nearly an entire month each year, to our job schedules. That's not to mention the time we spend working hard to care for our families and homes. Sleep deprivation is caused by both lack of time spent sleeping and poor quality sleep. Sound familiar? Then you owe it to yourself to read on!

SLEEP DEPRIVATION CAN BE DANGEROUS

According to the AAA Foundation for Traffic Safety, falling asleep at the wheel is second only to alcohol consumption as a cause of automobile accidents, claiming as many as 6,500 lives every year. Disrupted sleep and sleep disorders cost American businesses billions of dollars annually in lost productivity, industrial accidents and higher medical bills. Lack of sleep also was implicated in the Exxon Valdez oil spill, the space shuttle Challenger disaster and the nuclear accident at Three Mile Island.

Loss of sleep during the night is responsible for increased vulnerability to illness, a tendency to nod off at work the next day, and even loss of creativity and clarity of thinking, say British researchers. Power tools can become dangerous weapons in the hands of someone who is not well rested. And almost everyone is familiar with the physical aches and pains that occur because of poor quality sleep.

DO YOU NEED MORE SLEEP, OR JUST BETTER SLEEP?

On the average, most adults require seven and a half to eight hours of sleep per night, and a full cycle including deep sleep is required for us to feel adequately rested in the morning. Any number of factors can interfere with

deep, nourishing sleep—including cigarette smoking, worry, a noisy environment and physical discomfort.

Only air-cushioned support has been proven to positively affect all three factors that determine the quality of sleep: spinal alignment, pressure points and physiology.

We try remedies from pain medication and sleeping pills, to chiropractic care and self-relaxation techniques in order to get better sleep and rid ourselves of morning aches and pains. But new sleep surface technology offers a simpler solution for many people who toss and turn.

THE FIRST REAL BREAKTHROUGH IN SLEEP SURFACE TECHNOLOGY IN OVER 100 YEARS

Even if you just bought a new bed, you may be sleeping on an antiquated surface! Developed a century ago, innerspring mattresses create pressure points that interfere with total relaxation. Waterbeds made a big splash in the '60s, but even those labeled "firm" produce a hammock effect, causing the spine to curve unnaturally. Fortunately, a new technology has come through test after test with flying colors: Select Comfort Air Sleep Systems™.

The Select Comfort adjustable firmness mattress uses air, which, unlike metal coils or water, distributes body weight more evenly and provides better support.

While it looks like a traditional mattress on the outside and even fits standard sheet sizes, the Select Comfort mattress is completely unique on the inside. Air is captured inside innovative "I-beam" chambers that contour to the body, support the spine, eliminate pressure points and evenly distribute weight for better sleep.

What's more, each side of the Select Comfort adjustable firmness mattress is independently adjustable—with a remote hand control that digitally tells you the

firmness level that's perfect for you. And, you can let air in or out to change the mattress firmness, depending upon how your body feels each night. This is essential for couples, because two people of different shapes and sizes cannot sleep on the same surface and both be as comfortable as they should be to achieve the best possible sleep.

MADE-IN-MINNESOTA QUALITY

Select Comfort adjustable firmness mattresses are manufactured in Minneapolis, Minnesota, and tested for comfort and durability by independent laboratories. Well on its way to becoming a worldwide leader in state-of-the-art sleep systems, Select Comfort currently is the fastest growing company in America's bedding industry, and has earned 22 U.S. patents.

LIGHTWEIGHT AND EASY TO SET UP YOURSELF

The Select Comfort adjustable firmness mattress is so lightweight, it can be delivered via UPS in one carton. Following the simple instructions, one person can set up the system at home, usually in 30 minutes or less. An attached electronic air pump fills the mattress with the right amount of air, and then hides out of sight under the bed. Dual controls allow each sleeping partner to adjust the sleep surface to their desired firmness.

TRY SELECT COMFORT RISK FREE FOR 90 NIGHTS

Thousands of people from coast to coast already own a Select Comfort adjustable firmness mattress. You can try one, too, protected by a "90 Night No Risk" guarantee and a 20-year product warranty. Call our sleep consultants and ask them about your particular sleep needs. They can answer all your questions and help you better understand how you can benefit from a Select Comfort adjustable firmness mattress.

For a free brochure and introductory video, call 1-800-831-1211, Dept. 4244.

Sleep Better, Feel Better!

Frustrated With The Quality Of Your Sleep?

Do you toss and turn at night? Can't seem to find a comfortable position? Does your back ache when you awake? These are signs that your metal coil mattress or waterbed isn't supporting you properly and isn't right for your body. Select Comfort can help you sleep better with a revolutionary mattress that's so comfortable and supportive, it's recommended by doctors.



With Select Comfort, you each get exactly the firmness you need.



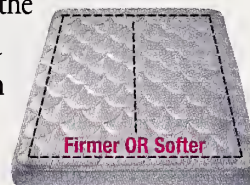
Select Comfort's patented air cushion design has no springs or coils that can create pressure points and uneven support.



Metal coil mattresses support only the firm parts of your body, creating pressure points, and uneven spinal support.

You Control The Firmness

With Select Comfort, you can change the firmness depending on how your body feels each night. Go from extra-firm to extra-soft, simply at the touch of a button. In



Customize the firmness of each side of the mattress.

Sleep Better On Air

A Select Comfort adjustable firmness mattress doesn't rely on springs or water. Instead, it supports your body perfectly on a cushion of air. Air is better because it gently contours to your body's shape and keeps your spine in its natural alignment. And that lowers the tension in the surrounding muscles. So you can sleep comfortably in any position and wake feeling great—without back pain.



Select Comfort contours to your body.



The Only Mattress with Push Button Firmness Control.

fact, the firmness adjusts independently on each side of the bed so you and your partner can get custom support without compromising comfort or quality of sleep.

Call For More Information

You owe it to yourself to learn more about this revolutionary way to a better night's sleep.

**For a FREE Video and Brochure, Call
1-800-831-1211**

Yes! Please rush me a FREE Video and Brochure.

Name _____
Address _____
City _____ State _____
Zip _____ Phone _____


SELECT COMFORT™

Mail to: **Select Comfort Corporation**
6105 Trenton Lane North, Minneapolis, MN 55442

© Select Comfort Corp., 1995

Dept. 4244

It is the story of how our great nation evolved. We must do our part to bring new glory to Old Glory by urging Congress to pass the HJR 79 and SJR 31.

*Dorothy Applegate
San Francisco*

Kudos

Many heartfelt thanks for the article about the dedication of the Korean War Memorial ("Some Still Remember," May).

*Stanley R. Clark
Springfield, Va.*

I compliment you on the article, "The Cutting Edge of Combat Medicine" (March, by Steve Salerno). As an enlisted WWII medic in the 6th Mobile Surgical Hospital, I wondered how we made do. I also wonder how many lives we could have saved if we had this technology.

*Joe A. Petty
Des Plaines, Ill.*

Thanks for the many informative articles over the past few years commemorating the 50th anniversary of World War II. The articles, and the many Vetvoice letters of reminiscence, have been helpful to me in teaching my 1919-45 American history courses.

*Richard C. Haney
University of Wisconsin
Whitewater*

Crossing The Border

I agree wholeheartedly with Dan Stein: Bar the door ("What Price Immigration?" April). The immigration situation is critical.

Stephen Moore carefully avoids the dark side of immigration. He did not tell that illegal immigrants never get physicals. As a result, we have serious problems with exotic diseases which never before occurred in the United States.

There are thousands of immigrants who were criminals in their homelands and are now in U.S. jails. There are 3,500 Cubans costing \$700 million a year to house. We also have Asian gangs and the Russian Mafia.

*Frank Serdahely
Philadelphia*

Moore claims that immigrants more

than pay their way. However, a leading researcher of current immigration at the University of California, economist George Borjas, says they don't. According to Borjas, the new immigrants are joining the welfare system at a much higher rate than the older immigrants. It's a net loss to the country. They're taking out more than they're putting in. They seem to be more unskilled and have less education.

With racial tensions and multiculturalism on the rise, it is prudent to sharply reduce immigration. If we ignore basic common sense, a fearful future lies ahead for our country.

*John C. Vinson
President
American Immigration Control
Foundation
Monterey, Va.*

The interviews with Stein and Moore were very enlightening. We must remember, almost all Americans were immigrants. The exception is the American Indian. Being one big melting pot makes us the greatest and most-

envied country in the world.

Continued immigration should not be stopped, but limited to those who make a legal entry.

*Ray E. DeLaurier
McFarland, Ws.*

Do we need more immigration? No. I fully support Stein's view. Immigration is no longer needed. Illegal immigrants are becoming a problem. Especially, when we call and get voice mail asking if we want to hear a message in English or Spanish.

■ *Jim McNally
New London, Conn.*

McNamara's Book

The Nuremberg trials established that every person is responsible for his or her own actions even if the acts were sanctioned by the government of the country they served.

Robert McNamara, secretary of defense during part of the Vietnam War, has admitted that he followed administration policy of sending more troops to Vietnam, even though he knew the war could not be won under the conditions the administration insisted it be fought. We can only guess at how many young men needlessly lost their lives as a result of McNamara's complacency.

He was not honest with the American people when he accepted the responsibilities of his office. The question I now have is, should McNamara be tried as a war criminal for crimes against humanity under the precedent established by the Allied forces after World War II?

*Gene H. Albers
Phelps, Wis.*

Who Won The Gulf?

While U.S. doctors are pondering the symptoms of our Gulf War veterans, you can rest assured Saddam Hussein is giving us the big horselaugh ("Tattered Yellow Ribbons," April, by Tamara Lee Boyer and Stefani A. Lako). Remember, we have won the battle, but the war is still festering like a boil, and the aggressor is still lurking and plotting.

*Adolph Kuhn
Manteca, Calif.
Please turn page*

WE WANT YOUR OPINIONS

THE AMERICAN LEGION MAGAZINE welcomes letters to the editor concerning articles that appear in the publication. Be sure to include hometown and a daytime phone number for verification. Short letters are more likely to be published, and all letters are subject to editing for clarity and brevity.

We now offer readers three ways to send us letters to the editor:

You can send e-mail to:
TDD1@aol.com

You can leave a recorded letter to the editor by calling:
(314) 474-7474

Callers' opinions are considered for publication and receive a **■** symbol when used.

Or you can write to:

**THE AMERICAN LEGION MAGAZINE
P.O. Box 1055
Indianapolis, IN 46206**

ATTENTION PEOPLE WHO HAVE HIGH BLOOD PRESSURE OR ANGINA



Cardizem CD and *Cardisense*[®] May Help You Live Well

Cardizem CD plus *Cardisense* may give you
an opportunity to lead a healthier life.

Cardizem CD gives:

- Effective control of high blood pressure or angina for many people
- Once-daily dosing
- A free quarterly newsletter, *Cardisense*, with timely information on nutrition, exercise, and maintaining a healthy lifestyle.

In clinical studies with Cardizem CD, the most common side effects, seen in less than 5.5% of patients, have been headache, dizziness, slow heart rate, heartbeat irregularities, and swelling of the ankles. Cardizem CD is not appropriate for all people, especially those with certain serious heart rhythm conditions. Make sure your health care professional knows about your medical history, including heart, liver, and kidney problems. Tell your health care professional about other medications you are taking because of possible drug interactions which could result in other potentially serious side effects.

Talk to your doctor or health care professional about Cardizem CD. Only a health care professional authorized to prescribe Cardizem CD can evaluate the potential risks and benefits of Cardizem CD for you.

Call for a free brochure on high blood pressure or angina, plus one free copy of *Cardisense*.

1 - 8 0 0 - 5 7 2 - 9 1 1 9

ONCE - A - DAY
CARDIZEM[®] CD
(diltiazem HCl) 120-, 180-, 240-, 300-mg Capsules

See important additional information on adjacent page.

CARDIZEM® CD (diltiazem HCl)

Capsules

CONTRAINDICATIONS

CARDIZEM is contraindicated in (1) patients with sick sinus syndrome except in the presence of a functioning ventricular pacemaker, (2) patients with second- or third-degree AV block except in the presence of a functioning ventricular pacemaker, (3) patients with hypotension (less than 90 mm Hg systolic), (4) patients who have demonstrated hypersensitivity to the drug, and (5) patients with acute myocardial infarction and pulmonary congestion documented by x-ray on admission.

WARNINGS

1. **Cardiac Conduction.** CARDIZEM prolongs AV node refractory periods without significantly prolonging sinus node recovery time, except in patients with sick sinus syndrome. This effect may rarely result in abnormally slow heart rates (particularly in patients with sick sinus syndrome) or second- or third-degree AV block (13 of 3290 patients or 0.40%). Concomitant use of diltiazem with beta-blockers or digitalis may result in additive effects on cardiac conduction. A patient with Prinzmetal's angina developed periods of asystole (2 to 5 seconds) after a single dose of 60 mg of diltiazem.

2. **Congestive Heart Failure.** Although diltiazem has a negative inotropic effect in isolated animal tissue preparations, hemodynamic studies in humans with normal ventricular function have not shown a reduction in cardiac index nor consistent negative effects on contractility (dp/dt). An acute study of oral diltiazem in patients with impaired ventricular function (ejection fraction 24% ± 6%) showed improvement in indices of ventricular function without significant decrease in contractile function (dp/dt). Worsening of congestive heart failure has been reported in patients with preexisting impairment of ventricular function. Experience with the use of CARDIZEM (diltiazem hydrochloride) in combination with beta-blockers in patients with impaired ventricular function is limited. Caution should be exercised when using this combination.

3. **Hypotension.** Decreases in blood pressure associated with CARDIZEM therapy may occasionally result in symptomatic hypotension.

4. **Acute Hepatic Injury.** Mild elevations of transaminases with and without concomitant elevation in alkaline phosphatase and bilirubin have been observed in clinical studies. Such elevations were usually transient and frequently resolved even with continued diltiazem treatment. In rare instances, significant elevations in enzymes such as alkaline phosphatase, LDH, SGPT, SGPT, and other phenomena consistent with acute hepatic injury have been noted. These reactions tended to occur early after therapy initiation (1 to 8 weeks) and have been reversible upon discontinuation of drug therapy. The relationship to CARDIZEM is uncertain in some cases, but probable in some. (See PRECAUTIONS.)

PRECAUTIONS

General

CARDIZEM (diltiazem hydrochloride) is extensively metabolized by the liver and excreted by the kidneys and in bile. As with any drug given over prolonged periods, laboratory parameters of renal and hepatic function should be monitored at regular intervals. The drug should be used with caution in patients with impaired renal or hepatic function. In subacute and chronic dog and rat studies designed to produce toxicity, high doses of diltiazem were associated with hepatic damage. In special subacute hepatic studies, oral doses of 125 mg/kg and higher in rats were associated with histological changes in the liver which were reversible when the drug was discontinued. In dogs, doses of 20 mg/kg were also associated with hepatic changes; however, these changes were reversible with continued dosing. Dermatological events (see ADVERSE REACTIONS section) may be transient and may disappear despite continued use of CARDIZEM. However, skin eruptions progressing to erythema multiforme and/or exfoliative dermatitis have also been infrequently reported. Should a dermatologic reaction persist, the drug should be discontinued.

Drug Interactions

Due to the potential for additive effects, caution and careful titration are warranted in patients receiving CARDIZEM concomitantly with other agents known to affect cardiac contractility and/or conduction. (See WARNINGS.) Pharmacologic studies indicate that there may be additive effects in prolonging AV conduction when using beta-blockers or digitalis concomitantly with CARDIZEM. (See WARNINGS.) As with all drugs, care should be exercised when treating patients with multiple medications. CARDIZEM undergoes biotransformation by cytochrome P-450 mixed function oxidase. Coadministration of CARDIZEM with other agents which follow the same route of biotransformation may result in the competitive inhibition of metabolism. Especially in patients with renal and/or hepatic impairment, dosages of similarly metabolized drugs, particularly those of low therapeutic ratio, may require adjustment when starting or stopping concomitantly administered diltiazem to maintain optimum therapeutic blood levels.

Beta-blockers. Controlled and uncontrolled domestic studies suggest that concomitant use of CARDIZEM and beta-blockers is usually well tolerated, but available data are not sufficient to predict the effects of concomitant treatment in patients with left ventricular dysfunction or cardiac conduction abnormalities. Administration of CARDIZEM (diltiazem hydrochloride) concomitantly with propranolol in five normal volunteers resulted in increased propranolol levels in all subjects and bioavailability of propranolol was increased approximately 50%. In vitro, propranolol appears to be displaced from its binding sites by diltiazem. If combination therapy is initiated or withdrawn in conjunction with propranolol, an adjustment in the propranolol dose may be warranted. (See WARNINGS.)

Cimetidine. A study in six healthy volunteers has shown a significant increase in peak diltiazem plasma levels (58%) and area-under-the-curve (53%) after a 1-week course of cimetidine at 1200 mg per day and a single dose of diltiazem 60 mg. Ranitidine produced smaller, nonsignificant increases. The effect may be mediated by cimetidine's known inhibition of hepatic cytochrome P-450, the enzyme system responsible for the first-pass metabolism of diltiazem. Patients currently receiving diltiazem therapy should be carefully monitored for a change in pharmacological effect when initiating and discontinuing therapy with cimetidine. An adjustment in the diltiazem dose may be warranted.

Digoxin. Administration of CARDIZEM with digoxin in 24 healthy male subjects increased plasma digoxin concentrations approximately 20%. Another investigator found no increase in digoxin levels in 12 patients with coronary artery disease. Since there have been conflicting results regarding the effect of digoxin levels, it is recommended that digoxin levels be monitored when initiating, adjusting, and discontinuing CARDIZEM therapy to avoid possible over- or under-digitalization. (See WARNINGS.)

Anesthetics. The depression of cardiac contractility, conductivity, and automaticity as well as the vascular dilation associated with anesthetics may be potentiated by calcium channel blockers. When used concomitantly, anesthetics and calcium blockers should be titrated carefully.

Cyclosporine. A pharmacokinetic interaction between diltiazem and cyclosporine has been observed during studies involving renal and cardiac transplant patients. In renal and cardiac transplant recipients, a reduction of cyclosporine dose ranging from 15% to 48% was necessary to maintain cyclosporine trough concentrations similar to those seen prior to the addition of diltiazem. If these agents are to be administered concurrently, cyclosporine concentrations should be monitored, especially when diltiazem therapy is initiated, adjusted, or discontinued. The effect of cyclosporine on diltiazem plasma concentrations has not been evaluated.

Carbamazepine. Concomitant administration of diltiazem with carbamazepine has been reported to result in elevated serum levels of carbamazepine (40% to 72% increase), resulting in toxicity in some cases. Patients receiving these drugs concurrently should be monitored for a potential drug interaction.

Carcinogenesis, Mutagenesis, Impairment of Fertility

A 24-month study in rats at oral dosage levels of up to 100 mg/kg/day and a 21-month study in mice at oral dosage levels of up to 30 mg/kg/day showed no evidence of carcinogenicity. There was also no mutagenic response in vitro or in vivo in mammalian cell assays or in vitro in bacteria. No evidence of impaired fertility was observed in a study performed in male and female rats at oral dosages of up to 100 mg/kg/day.

Pregnancy

Category C. Reproduction studies have been conducted in mice, rats, and rabbits. Administration of doses ranging from five to ten times greater (on a mg/kg basis) than the daily recommended therapeutic dose has resulted in embryo and fetal lethality. These doses, in some studies, have been reported to cause skeletal abnormalities. In the perinatal/postnatal studies, there was an increased incidence of stillbirths at doses of 20 times the human dose or greater.

There are no well-controlled studies in pregnant women; therefore, use CARDIZEM in pregnant women only if the potential benefit justifies the potential risk to the fetus.

Nursing Mothers

Diltiazem is excreted in human milk. One report suggests that concentrations in breast milk may approximate serum levels. If use of CARDIZEM is deemed essential, an alternative method of infant feeding should be instituted.

Pediatric Use

Safety and effectiveness in children have not been established.

ADVERSE REACTIONS

Serious adverse reactions have been rare in studies carried out to date, but it should be recognized that patients with impaired ventricular function and cardiac conduction abnormalities have usually been excluded from these studies.

The following table presents the most common adverse reactions reported in placebo-controlled angina and hypertension trials in patients receiving CARDIZEM CD up to 360 mg with rates in placebo patients shown for comparison.

CARDIZEM CD Capsule Placebo-Controlled Angina and Hypertension Trials Combined		
Adverse Reactions	Cardizem CD (n=607)	Placebo (n=301)
Headache	5.4%	5.0%
Dizziness	3.0%	3.0%
Bradycardia	3.3%	1.3%
AV Block First Degree	3.3%	0.0%
Edema	2.6%	1.3%
ECG Abnormality	1.6%	2.3%
Asthenia	1.8%	1.7%

In clinical trials of CARDIZEM CD capsules, CARDIZEM tablets, and CARDIZEM SR capsules involving over 3200 patients, the most common events (ie, greater than 1%) were edema (4.6%), headache (4.6%), dizziness (3.5%), asthenia (2.6%), first-degree AV block (2.4%), bradycardia (1.7%), flushing (1.4%), nausea (1.4%), and rash (1.2%).

In addition, the following events were reported infrequently (less than 1%) in angina or hypertension trials:

Cardiovascular: Angina, arrhythmia, AV block (second- or third-degree), bundle branch block, congestive heart failure, ECG abnormalities, hypotension, palpitations, syncope, tachycardia, ventricular extrasystoles

Nervous System: Abnormal dreams, amnesia, depression, gait abnormality, hallucinations, insomnia, nervousness, paresthesia, personality change, somnolence, tinnitus, tremor

Gastrointestinal: Anorexia, constipation, diarrhea, dry mouth, dysgeusia, dyspepsia, mild elevations of SGPT, SGPT, LDH, and alkaline phosphatase (see hepatic warnings), thirst, vomiting, weight increase

Dermatological: Petechiae, photosensitivity, pruritus, urticaria

Other: Amblyopia, CPK increase, dyspnea, epistaxis, eye irritation, hyperglycemia, hyperuricemia, impotence, muscle cramps, nasal congestion, nocturia, osteoarthralgia pain, polyuria, sexual difficulties

The following postmarketing events have been reported infrequently in patients receiving CARDIZEM: alopecia, erythema multiforme, exfoliative dermatitis, extrapyramidal symptoms, gingival hyperplasia, hemolytic anemia, increased bleeding time, leukopenia, purpura, retinopathy, and thrombocytopenia. In addition, events such as myocardial infarction have been observed which are not readily distinguishable from the natural history of the disease in these patients. A number of well-documented cases of generalized rash, characterized as leukocytoclastic vasculitis, have been reported. However, a definitive cause and effect relationship between these events and CARDIZEM therapy is yet to be established.

Prescribing Information as of April 1993

Marion Merrell Dow Inc.
Kansas City, MO 64114

ccdb0493p

VETVOICE

One of the reasons the Czech-Slovak NBC detection team found two nerve agents is that they can detect Warsaw Pact chemical weapons, which Iraq was likely to stockpile.

When I was put on a NBC decon team in the Marines, I learned that our detection ability of Warsaw Pact chemical weapons was limited.

Joel Henderson
San Marcos, Calif.

I just finished reading "Tattered Yellow Ribbons" about the Gulf War. I was disgusted with our government because of the way they turned their backs on our veterans. The article ended by asking who will take up their fight for them. I recommend all veterans organizations band together for these issues.

We can spend billions on foreign aid but not thousands on our veterans.

John Dunn
East Haven, Conn.

First, Again

I was very surprised to read about the "first" Legion Post in a nursing home in South Carolina in January 1995 ("New Post Forms In Nursing Home," April, Legion News). In March 1994, Post 1953 of East New York, N.Y., in the Brooklyn United Methodist Church Home, was started.

Adelbert K. Burger
Shelton, Conn.

Though members of the Department of Pennsylvania congratulate South Carolina on creating a Post in a nursing home, they are proud of their own nursing home Post—Post 835 at the Hollidaysburg State Veterans Center.

Post 835 was permanently chartered in 1979. Pennsylvania also has a newly chartered Post at Meadows Manor Nursing Home, Post 339.

Jamie L. Weaver
Public Relations
Department of Pennsylvania

Correction

The photo caption on Page 40 of the June issue incorrectly identified John Tyndall as Florida's Service Officer. He is, of course, the Service Officer for North Carolina. We regret the error.

Profile of Freedom


Royal Doulton®
 NEW FIRST ISSUE

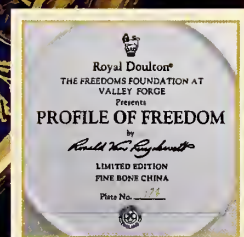


Freedoms Foundation at Valley Forge presents a magnificent collector plate with a custom-designed border accented with 24 karat gold. Crafted of Royal Doulton Fine Bone China.

The American Eagle. It is the time-honored symbol of all that Americans hold dear. Freedom. Leadership. The power to endure. And now Ronald Van Ruyckevelt, the foremost eagle artist of our times, captures all the glory of that cherished symbol in a spectacular heirloom collector plate.

"Profile of Freedom." Embraced by a custom-designed decorative border of cobalt blue and gold with the Presidential seal. In the tradition of the most prized collectibles, this heirloom collector plate is crafted of *Royal Doulton Fine Bone China* and lavished with breathtaking color and radiant accents of *24 karat gold*. It is also hand-numbered and bordered in *24 karat gold*. Each plate bears the artist's signature mark on its reverse side.

This Limited Edition will be *closed forever* after just 45 firing days. Royal Doulton collector plates, *exclusively* from The Franklin Mint.



Individually numbered by hand with 24 karat gold.

Plate shown smaller than actual size of 8" (20.32 cm) in diameter.

A Limited Edition Collector Plate. Hand-Numbered and Bordered in 24 Karat Gold.

The Franklin Mint
 Franklin Center, PA 19091-0001

Please mail by July 31, 1995.

Please enter my order for Profile of Freedom by Ronald Van Ruyckevelt. I need SEND NO MONEY NOW. I will be billed \$29.95* when my plate is ready to be sent. *Limit: one plate per collector.*

*Plus my state sales tax and \$2.95 for shipping and handling

SIGNATURE _____ ALL ORDERS ARE SUBJECT TO ACCEPTANCE

MR/MRS/MISS _____ PLEASE PRINT CLEARLY

ADDRESS _____ APT. # _____

CITY/STATE _____ ZIP _____

TELEPHONE # (_____) _____

18245-13-001

Satisfaction Guaranteed. If you wish to return any Franklin Mint purchase, you may do so within 30 days of your receipt of that purchase for replacement, credit or refund.

HONORING THE AMERICANS WHO QUIETLY KEEP OUR NATION STRONG

ELLIS ISLAND once echoed with the footsteps and voices of masses of newly arrived immigrants, each intent on achieving his or her own vision of the American dream," writes author Nancy S. Grant in her 1992 book, *Old Glory: A History and Celebration*.

As our nation marks its 219th birthday on July Fourth and throughout this month, it is important for us to look past the big names of famous people and focus on the men, women and children in our communities that quietly give everything they have to contribute to our country.

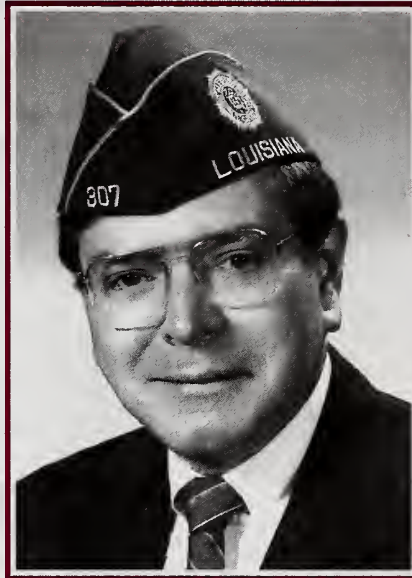
They do this by raising children, by helping their local schools, by volunteering as fire fighters or ambulance drivers and by serving in the U.S. Armed Forces. These are the people that give America a birthday worth celebrating. They have made our nation's great history possible.

Legionnaires and The American Legion have always valued these contributions, never allowing Hollywood versions of the American dream to cloud our picture of what's really important: family and community; God and Country.

These values are constants in the world of the Legion family, with the American Legion Auxiliary and the Sons of The American Legion being major players in community service and volunteerism.

One of the great challenges that I see, as we celebrate the birth of our nation, is reminding people about the service of veterans. Veterans and those in today's military have made America strong enough to endure war so there could be economic prosperity, political freedom and peace.

Without veterans and GIs, there wouldn't be any July Fourth celebrations. Nevertheless, they are often forgotten by the nation they gave so much for when it really mattered.



Nat'l. Cmdr. William M. Detweiler

On the Fourth of July, let's celebrate our nation's birthday. Let's smile and look upon our flag and be thankful for the great country we have built together, with our families, with our community service and with our time in the military. We have so much to be proud of.

Let's also set some goals for our nation's next birthday and search for ways to make our country an even better place, particularly for veterans.

Here are just a few ways our nation could help veterans:

Eligibility reform. The American Legion is leading the fight for reform of eligibility requirements for veterans to obtain health care from VA. Three important recommendations the Legion has made to Congress recently are:

Basic benefit package. VA should offer a basic benefit package that offers eligible veterans a full range of medical care. Veterans who don't qualify for VA treatment based on their high incomes must be allowed to use their insurance or Medicare in a VA hospital if they want to be treated there.

Guaranteed funding. Money must

be set aside so that all eligible veterans who choose VA for treatment can get it. Congress must ensure that VA health care appropriations keep pace with rising medical costs so that VA hospitals can provide the best possible care with the most advanced medical equipment. Now is not the time to handicap VA in its ability to provide essential services to disabled veterans and other beneficiaries. Money for VA research is also very important for dealing with serious illnesses such as Gulf War Syndrome.

Retain third-party reimbursements. VA medical care will be in constant financial jeopardy until VA hospitals can collect and keep moneys from private insurance and Medicare. With this ability, VA should also be able to treat high-income veterans and their dependents. However, dependents should only be treated after all interested veterans.

Job opportunities. Congress is considering doing away with two of the best programs for helping veterans find work: Local Veterans Employment Representatives (LVERs) and Disabled Veteran Outreach Program representatives (DVOPs). LVERs and DVOPs are very successful in finding jobs for veterans and they must be preserved. In fact, we need more job assistance programs, not less.

Protecting POW/MIAs. As we celebrate our nation's birthday, we also need to recommit our country to one of its important principles: We must never leave our military people behind after a war. Our nation has to reinforce this idea in every way possible so our troops can *know* their country will stand behind them.

Expanding VA care to more veterans, providing more job-finding opportunities for veterans and protecting POW/MIAs are all vital ways in which we can improve our country. And as we celebrate the Fourth of July, let's make sure we improve the treatment of veterans so next year's celebration can be even more meaningful.

Why you should pay \$349 for this radio.

Obviously, it better not be just another radio. This one isn't. Quite simply, the Bose® Wave® radio gives you sound that's richer, more natural, more lifelike than you've ever heard from a radio. Many people think it actually sounds more like a stereo system. It's no exaggeration to say you have to hear it to believe it.

Finally, Bose sound from a small radio.

The Wave® radio is from Bose, one of the world's leading makers of audio equipment. A few years ago, we undertook the task of getting Bose-quality sound from a small radio. To do it, we used our patented acoustic waveguide speaker technology. Just as a flute strengthens a breath of air to fill an entire concert hall, the waveguide produces room-filling sound from a small enclosure.

Touch a button and hear your favorite music come alive in rich, lifelike stereo sound — sound that lets you hear every note the way it's meant to be heard. Which is why

it's well worth \$349. No matter what kind of music you enjoy, the Wave® radio will truly increase your listening pleasure. Consider that *Popular Science*



honored the Wave® radio with a "Best Of What's New" award. *BusinessWeek* named it a "Best New Product of 1994." And since it's small enough to fit almost anywhere, you can listen in your bedroom, living room, kitchen, or any room.

Great sound made easy.

In addition to great sound, we built in an array of easy-to-use features no other radio gives you. Operate the radio from across the room with the credit card-sized remote control. Pre-set your favorite six AM and six FM

stations and switch between them at the touch of a button. Bring great sound

to your favorite recordings by connecting the Wave®

radio to your CD or cassette player. Or connect

your TV or VCR to make your favorite programs and movies come alive.

Order directly from Bose. Satisfaction guaranteed.

Don't take our word for it. You really have to *hear* the Wave® radio to believe it. It's available directly from Bose, and now you can try it out in your home for fourteen days, satisfaction guaranteed. If you love the Wave® radio, keep it. If not, return it for a refund of the purchase price.

Order today by calling 1-800-845-BOSE, ext. RP1, or by sending the coupon.

You've had a lot of radios — small radios, portable radios. It's time you owned the best-sounding radio — the Bose Wave® radio.

Call 1-800-845-BOSE, ext. RP1.

☐ Yes, I would like to order the Bose® Wave® radio for \$349. If I'm not completely satisfied, I may return it after 14 days, for a full refund of the purchase price.

Mr./Mrs./Ms.
Name (Please print)

Address

City State Zip

() ()
Daytime telephone Evening telephone

Price is \$349 plus \$15 for shipping and handling, per Wave® radio, plus sales tax (all states except AK, DE, MT, NH, OR).

Total Payment

Payment Method (Please check one):

☐ Check (Please make check payable to Bose Corporation.)
☐ MasterCard ☐ Visa ☐ Discover ☐ American Express

Cardholder's Name

Card Number Exp. Date Mo. Yr.

Signature

Mail to: Bose Corporation, Dept. CDD-RP1,
The Mountain, Framingham, MA 01701-9168,
or fax to 508-485-4577.

BOSE
Better sound through research®

SHOULD TERM LIMITS BE ESTABLISHED FOR MEMBERS OF CONGRESS?

Rep. Christopher Cox (R-California)

In a democracy, when the people speak, their leaders listen. But what if the people's representatives become disconnected from the voters and their own political interests override those of the electorate?

YES



To avoid this unacceptable situation, our Founding Fathers set an excellent example—they retired before the cobwebs set in.

In the late 20th century, however, there emerged a new class of politicians who are far less alarmed than their constituents about such outrages as institutional perks and pork-barrel spending. Today, we are all too familiar with the spectacle of committee chairmen who serve for decades with ever-increasing staffs.

In 1991, I introduced legislation to oppose the use of taxpayer funds to fight state term limits. I succeeded in forcing the first-ever vote in Congress on term limits, but my effort went down on a party-line vote.

During the 103rd Congress, I proposed changing our rules so that no Republican could serve more than three terms as ranking member of any committee. Now that the Republicans hold the majority, no member will be able to serve as a committee chairman longer than three terms.

The new speaker, Newt Gingrich, went a step further. He imposed a limit on his own position, ensuring that the Speaker of the House—one of the most powerful posts in America—can be held by one person for no longer than eight years.

Our work will not be completed, however, until term limits on every senator and representative guarantee that government will be regularly infused with new blood, new ideas and a renewed commitment to serving the popular will.

Since Colorado became the first to do so in 1990, 29 states have imposed term limits on their representatives and senators. I myself am subject to a term limit. By California law, I cannot serve beyond 1998.

But a federal term limit is needed so that all members are subject to the same rules. Last year, I sponsored a constitutional amendment to accomplish just that, but the congressional leadership wouldn't even allow a vote on it.

We should make it crystal clear that our representation in Washington isn't anyone's personal property—it belongs to the American people. ☐

Rep. John J. Duncan Jr. (R-Tennessee)



NO

Even though I am one of the most conservative members of Congress, I believe term limits would do more harm than good, for these reasons:

- They correct a nonexistent problem. In the House, 203 members have been elected in the past two years—almost 60 percent just since 1990.
- There are already term limits—our elections.
- Term limits will weaken Congress, but strengthen the power of our unelected bureaucrats, lobbyists and congressional staff. Our already unresponsive federal government will become even more of, by and for, the bureaucrat.
- Merit makes sense. Arbitrary time limits do not.
- Term limits will hurt smaller states. California has 52 members of the House, but seven states have just one member. Most states gain some influence in Congress through the seniority and experience of their members.
- Term limits would have removed our greatest members—Everett Dirksen, Howard Baker, Sam Rayburn and many others—during their most effective years of service. Newt Gingrich was elected in 1978 and would not even be in the House today if term limits were in place.
- Our Founding Fathers wisely chose not to add term limits to our Constitution. If we start tinkering now, in the future they could add things like racial requirements or prohibitions against senior citizens.
- Many term-limit backers are simply politicians seeking easier ways to open up more offices for themselves.
- Experience is good. If you need major surgery, you generally do not want a beginning surgeon. Our government needs major surgery now.

Much of the impetus for term limits has come from libertarians who want a smaller, less expensive government, as I do. But the best way to accomplish this is by electing more conservatives to Congress. Sometimes that means voting for a good newcomer, and sometimes even for a good incumbent.

Columnist Llewellyn Rockwell, a libertarian, wrote recently: "The November election shredded all kinds of conventional wisdom. Voters kicked out the incumbents they didn't like, and kept the ones they did like. Term limits have proved to be at best superfluous, and Republicans should scrap the idea." ☐

YOUR OPINIONS COUNT, TOO

Senators and congressmen are interested in constituent viewpoints. You may express your views by writing The Honorable (name), U.S. Senate, Washington, DC 20510, or The Honorable (name), U.S. House of Representatives, Washington, DC 20515. Or, you may call the U.S. Senate at: (202) 224-3121; and the House at (202)225-3121.

THE **HEALTHMAX**® TREADMILL IS A

HALF-PRICE BREAKTHROUGH!

JUST
\$299
YOU SAVE
\$370!

HealthMax "Double Workout"
burns calories and fat — fast!

The **HealthMax Treadmill**
doubles the effectiveness of the
time you spend exercising by
simultaneously working both
upper AND lower body... in fact,
all major muscle groups.
So you work out, tone up, trim
down, fast!

**Engineered to give as much and
more than NordicTrack.**

HealthMax is a state-of-the-
art, non-motorized treadmill
that is specially designed to give
you a total-body workout. It has a
smooth-action flywheel, variable-



resistance arm poles, and an
adjustable incline for walking or
running. Pulse monitor included!

Compared to NordicTrack's
WalkFit Classic, **HealthMax** sets
up faster, folds more compactly,
has more incline positions, a
fully-covered flywheel, and a
longer tread!

**NORDICTRACK
COSTS \$669!**



NordicTrack's WalkFit Classic
is great... but you pay top dollar
for the name. You get as much and
more with HealthMax, for \$370 less!

**NORDICTRACK
IS EXPENSIVE!**

HEALTHMAX®

A LOT MORE FOR A LOT LESS.
1-800-458-4652 EXT. 762-418

47 Richards Avenue • Norwalk, CT 06857

JUST
\$37.38
(plus shipping and handling)
A MONTH!

Yet costs less than half!

You won't find us in high-priced
retail space at malls or running
costly TV ads. We only sell direct
to you from our warehouses —
to save you money!

Try it yourself for 30 days!

Take a "trial run" and prove it's
everything we say and more.
Order the **HealthMax Treadmill**
and work out as long and hard as
you like for 30 days. If, within that
time, you're not 100% satisfied,
simply return it for a refund of
your purchase price AND your
original shipping and handling
charge. Call today!

**CALL NOW
TO ORDER
TOLL-FREE
1-800-458-4652**

Ext. 762-418

*Easy to order,
easy to pay.*

Ordering is easy:
just call us TOLL-FREE.
We'll answer any questions.

We'll ship your HealthMax right
away, and you'll pay in 8 easy
credit card installments. Call today!

NordicTrack WalkFit is a registered trademark of NordicTrack, Inc.

© 1995 MBI

There are two other NordicTrack WalkFit models. Give up the fancy wood base, you still pay \$599! Give up the fancy wood base AND the pulse monitor, you still pay \$499!

Ominous Omen

Tragic as it was, the recent bombing in Oklahoma City may be just a tiny glimpse of what's to come if and when America is hit with nuclear, biological or chemical weapons. In a 1994 report for the Department of Defense prepared by Forecasting International, the United States was given a meager five years to prepare for such an attack—and "now it's even sooner," warns the group's president, Marvin J. Cetron.

Cetron, whose forthcoming book is titled, *Terror 2000: The Future Face of Terrorism*, says the Oklahoma incident underscores U.S. vulnerability to domestic and foreign terrorists or hate groups.

But he tells THE AMERICAN LEGION MAGAZINE he's pleased with most of President Bill Clinton's approach to the problem, especially the government's renewed emphasis on infiltrating militant factions. Cetron identifies four key potential threats: Islamic radicals; religious cults; anti-abortion extremists; and military personnel downsized out of their jobs.

Regarding the latter, he says a key lesson of the Oklahoma bombing is that ex-soldiers may be fertile pickings for terrorists and recruiters for other radical causes. Accused Oklahoma City bomber Timothy McVeigh served in the Army in the Gulf War but failed to make the cut into Special Forces.

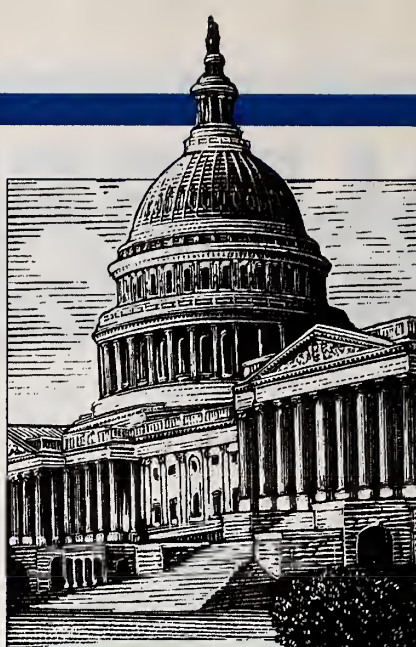
More Red Ink...

Add uncertainties about the solvency of the government's pension plans to the looming bankruptcy of Medicare and the other fiscal crises facing the United States. Experts believe a pension plan meltdown could end up costing taxpayers a fast \$1.7 trillion.

Gareth G. Cook of *The Washington Monthly* says this in turn "could trigger a financial crash that will make the S&L crisis look like a Big Wheels pile-up at the local playground." Cook's proposals include raising the military retirement age to 55—up from today's average of 44—to help reduce the Military Retirement System's unfunded liability of \$627 billion.

However, both Cook and Pete Sepp of the National Taxpayers Union (NTU) say Congress must first reform

Washington-based Cliff Kincaid writes for Human Events and other publications.



WASHINGTON WATCH

By Cliff Kincaid

its own lucrative pension plan, which, for example, pays former House Speaker Tom Foley \$123,804 a year.

NTU is pushing a bill sponsored by Rep. Dan Miller of Florida to limit pension benefits for congressmen. House Speaker Newt Gingrich has promised only to "look" at the issue sometime in the future.

...and Red Hands

The Justice Department has already moved on the abortion issue, announcing that it is monitoring "statements and writings which seem to condone or encourage violence" against abortion clinics and abortion doctors.

Among the anti-abortionists regarding themselves as likely targets is Andrew Burnett, who runs a pro-life magazine and ministry in Portland, Ore. The magazine published a "Deadly Dozen" list of abortion doctors, and regularly runs the names and addresses of imprisoned anti-abortion activists, including convicted killers.

Burnett makes no apologies for his stand, telling THE AMERICAN LEGION MAGAZINE that he refuses to condemn Paul Hill, sentenced to death for killing an abortionist in Florida.

Burnett also has promoted a book, *A Time to Kill*, by Rev. Michael Bray, who spent nearly four years in prison

for bombing abortion clinics. Bray signed a petition describing the Hill case as "justifiable homicide."

Who'll Bail Us Out?

A scholarly report predicting a Mexico-style economic crisis in the United States is causing grave behind-the-scenes concern in Washington. Issued under the auspices of the Institute for International Economics, the report by Dr. William R. Cline paints a dismal picture of sharply higher interest rates and a recession stemming from America's historically high trade deficits—a pair of problems with uncomfortable similarities to the environment that shaped the Mexican financial crisis.

While Cline said the United States might be in for a "hard landing," Institute president C. Fred Bergsten was more direct, looking ahead to a possible "collapse" of the domestic economy.

The real key to the U.S. dilemma, according to the study, is that the trade deficit is fueling a decline in the value of the dollar, scaring foreign investment capital away from the United States and toward Germany and Japan. If researchers are right, that deficit will reach a record high of \$200 billion in 1995.

Smoking Documents

Having been "caught in the act," some military observers say, the Navy has no alternative but to admit before Congress that it maintains double standards for male and female combat pilots.

Elaine Donnelly's Center for Military Readiness stunned Washington when it released training records showing that female combat pilots aboard the aircraft carrier *USS Abraham Lincoln* received favorable treatment to get their wings. One of them was Lt. Kara Hultgreen, killed last October when her F-14 crashed.

"An accident waiting to happen" is how Donnelly describes another female pilot with an even more questionable record who remains aboard the aircraft carrier. "I hope she has a very good guardian angel," Donnelly adds.

Donnelly tells THE AMERICAN LEGION MAGAZINE she obtained the information from a confidential source and decided to go public with it only when her efforts to convince Navy officials to upgrade standards failed.

"I pleaded with them," she says. □

1967 VOLKSWAGEN

The Beetle Is Back!

COLLECTORS
EDITION

Only
\$29⁹⁸

Similar models sell
for up to \$90

LOOK AT ALL THESE
OPERATING FEATURES:

- ☐ Doors, Hood and Trunk deck open
- ☐ Operable Steering
- ☐ Removable Spare Tire
- ☐ Authentic Logo
- ☐ Tilt Seats

The '67 Beetle swept through America capturing the admiration of whole generations of drivers like no other imported car had ever done before. With its air-cooled opposed piston engine cranking out a mere 40hp, the '67 VW was the forerunner of the low mileage, economical-to-operate production cars to come.

Now, presented in full 1:18 detail, this authentic scale die-cast model can be yours for almost half the price of other smaller (1:24 scale) models.

This fully authorized collector's model comes fully equipped with a wide variety of operating features and glistening authentic chrome-plated details.

Lift open the rear hood to find the legendary VW engine. Swing open the doors and view the distinctive minimalist interior with the dash board attesting to the economy that made VW famous.

Turn the steering wheel and watch as the front wheels respond. And if need be, open the trunk to remove the spare tire. The chrome bumpers and hubs glisten with detailed perfection as does the engine and dual exhausts. Authentic in every detail right down to the protruding rear tail lights and logo.

Own this spectacular precision-crafted collector model for only \$29.98

Factory authorized.

1:18 scale die-Cast metal replica of the legendary 1967 Volkswagen.

Loaded with a full compliment of operating features



© 1995 Lipenwald, Inc.

National TV Bargains, Dept. VW-1967, 1 Eversley Avenue, Norwalk, CT 06851-5844

Please send me the 1967 Volkswagen model for only \$29.95 plus \$5.00 shipping. I understand that if I am not completely satisfied and delighted in every way, I can return the model for a full refund (less p & h).

- ☐ One 1967 Volkswagen for only \$29.98 plus \$5.00 P & H. ☐ Two 1967 Volkswagens for only \$49.98 plus \$5.50 P & H. ☐ **Best Offer** Three 1967 Volkswagens for only \$69.00 postage paid.

Indicate color choice: ☐ Yellow ☐ Blue ☐ Red

Enclosed is \$ _____ (CT Residents add 6% Sales Tax)

CREDIT CARD ORDERS ☐ VISA ☐ MasterCard Signature _____

Acct. # _____ Exp. Date _____

Name _____

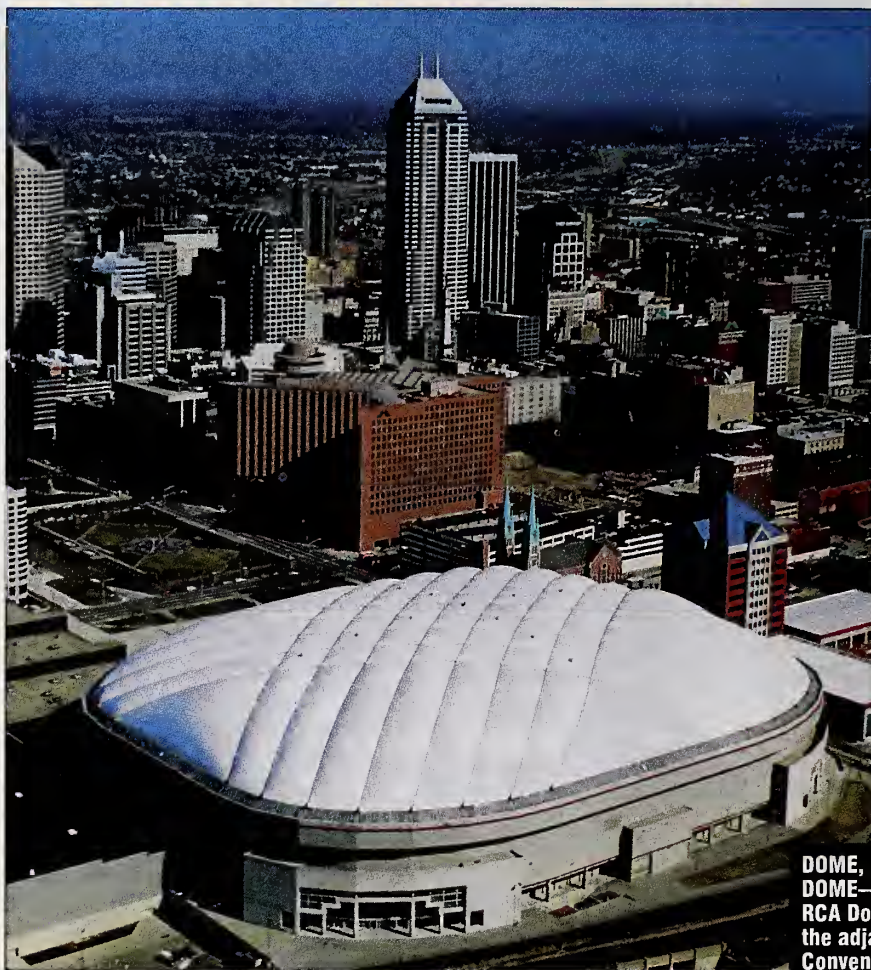
Address _____

City _____ State _____ Zip _____

SATISFACTION GUARANTEED

If you wish to return your precision model for any reason within 30 days we will refund your money in full (less p&h). Order today.

Back Home Again, IN INDIANA



DOME, SWEET DOME—The RCA Dome and the adjacent Convention Center will be the site of the Legion's 77th National Convention.

THE ROAR of the Brickyard 400 will have barely quieted by the time Legionnaires and their families make their own speed run into Indianapolis for the 77th National Convention, Aug. 31-Sept. 6.

In a last-minute U-turn, the convention was moved from the scheduled site of Portland, Ore., to Indianapolis. So, Legionnaires will motor into the Circle City for the second time in five years.

For Legionnaires, a tour of National

Headquarters at 700 N. Pennsylvania St. is a must. The Emil A. Blackmore Museum on the fourth floor is packed with war memorabilia from World War I to Desert Storm. On the third floor, you can view the original draft of the GI Bill of Rights.

Legion staff will be on hand to give guided tours of the headquarters building throughout the event.

Fittingly, the convention convenes during the 50th anniversary of the end of World War II. With the theme "World War II Commemorated,"

Legionnaires will have many opportunities to reminisce.

Four theaters within the Convention Center will show WWII-related films, including documentaries and Movie Tone News clips from the Military Channel and History Channel. This film festival will run from Friday to Monday. During the week, WWII veterans can tape-record their recollections of the war for others to hear.

As part of the commemorations of the 50th anniversary of V-J Day, Legionnaires will parade through downtown Indianapolis on Saturday, Sept. 2. The parade also will feature authentic WWII equipment and may include a fly-over of WWII vintage aircraft as well. A Patriotic Religious Service on Sunday morning will pay tribute to the sacrifice of WWII veterans.

The WWII theme will be visible in sight and sound throughout the convention. The National Commander's Banquet will be less like a banquet and more like a stage door canteen, with Big Band music, dancing and WWII-related decorations. And before the start of the general sessions, delegates will be treated to half an hour of '40s tunes.

As in World War II, Legionnaires will roll up sleeves to help their country during the convention blood drive. Conducted Friday Sept. 1 and Tuesday Sept. 5, the drive's goal is 200 units.

For the convenience of convention-goers, a free shuttle service will be offered to and from outlying hotels, beginning Friday and running until Wednesday. This includes transportation to downtown for the Saturday morning color guard competition at the Convention Center and the senior band competition at the Circle Theatre.

Delegates and their families will have plenty of time to enjoy the tourist attractions, including the Indianapolis Motor Speedway and Conner Prairie, a recreated Indiana settlement of the 1800s.

Legionnaires traveling to Indianapolis will discover why the city is dubbed the Crossroads of America: It's easy to get to. Most cities have direct flights to Indianapolis International Airport. And for many Legionnaires the city is usually no more than a day's drive by car.

For those driving in, Hoosier Legionnaires will be manning major interstate rest areas, providing refreshments and information. □



FREEDOM IS NOT FREE



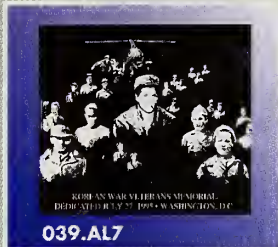
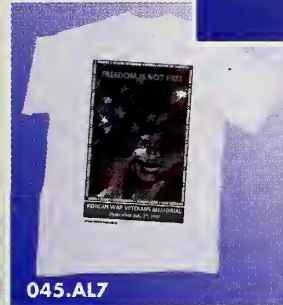
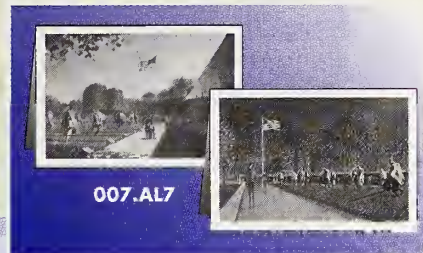
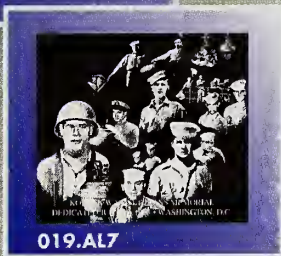
SPECIAL COMMEMORATIVES FOR A LIMITED TIME ONLY!

On July 27, 1995, the Korean War Veterans Memorial will be dedicated on the National Mall in Washington, D.C. Your support is essential to ensure that the Memorial will stand as proof that the courage and valor of the veterans of the Korean War will not be forgotten.

The Forgotten War... No More.



**KOREA
1950 - 1953**



- 006.AL7 Ceramic mug (11 oz.) and matching coaster with metallic gold imprint of official Dedication logo. Available in white and marbled black. \$12.95
- 009.AL7 Land - 6" x 6" highly polished black granite tile etched with exact images of land forces as seen on the new Korean War Veterans Memorial mural. Available while supplies last. \$40
- 019.AL7 Sea - 6" x 6" highly polished black granite tile etched with exact images of sea forces as seen on the new Korean War Veterans Memorial mural. Available while supplies last. \$40
- 029.AL7 Air - 6" x 6" highly polished black granite tile etched with exact images of air forces as seen on the new Korean War Veterans Memorial mural. Available while supplies last. \$40
- 039.AL7 Medical - 6" x 6" highly polished black granite tile etched with exact images of medical personnel as seen on the new Korean War Veterans Memorial mural. Available while supplies last. \$40
- 900.AL7 Collect all four Memorial tiles. Only available for a limited time. \$140
- 001.AL7 Executive watch imprinted in gold with official Dedication logo. High accuracy movement. Scratch proof lens. Shock & water resistant. Designer, black leather band. Three year limited warranty. \$29.95
- 008.AL7 Unique, numbered Memorial Dedication Passport commemorating the Dedication events. \$15.00 each. (Includes shipping and handling)
- 014.AL7 Popular all white 100% cotton adjustable cap with gold braid and trim. Embroidered with official Dedication logo. \$13.95
- 004.AL7 Durable 100% cotton adjustable cap embroidered with official Dedication logo. Natural cotton color cap with black visor. \$12.95
- 007.AL7 Set of twelve 5" x 7" blank note cards, featuring two prints commissioned by Cooper-Lecky, architects of the Korean War Veterans Memorial. \$15.00 per box.
- 045.AL7 100% cotton T-Shirt imprinted with stirring art commemorating the valor of Korean War Veterans. Available in navy, green, black, and white. S-M-L-XL (Add \$1.50 for XXL) \$13.95
- 035.AL7 100% cotton T-Shirt imprinted with images taken from the Korean War Veterans Memorial granite mural. Separate designs for each service branch: Army, Air Force, Coast Guard, Navy, and Marines (shown). Available in navy, green, black, and white. S-M-L-XL (Add \$1.50 for XXL) \$13.95
- 025.AL7 100% cotton T-Shirt commemorating the Korean and Vietnam Veterans "Walls of Freedom." Available in navy, green, black, and white. S-M-L-XL (Add \$1.50 for XXL) \$13.95
- 005.AL7 100% cotton T-Shirt imprinted with striking artist's rendering of the Nation's newest memorial to be dedicated honoring the Korean War Veterans. Available in navy, green, black, and white. S-M-L-XL (Add \$1.50 for XXL) \$13.95

By purchasing these official commemorative pieces, you will be making a valuable contribution to the Korean War Veterans Memorial Dedication and to a non-profit foundation that will assist Korean War Veterans and their families.

★ ★ ★ **KOREAN WAR VETERANS MEMORIAL DEDICATION FOUNDATION, INC.** ★ ★ ★
P.O. Box 809110 • Dallas, TX 75380

Method of Payment: ☐ Check ☐ MasterCard ☐ VISA ☐ American Express ☐ Discover • Exp. Date: _____

Card # _____ Signature _____

Name _____ Address _____

City _____ State _____ Zip _____

ITEM #	QTY	SIZE	COLOR	DESCRIPTION	EACH PRICE (Add additional cost for XXL)	TOTAL PRICE
1						
2						
3						
4						
5						

Items available as described. All merchandise subject to availability. Allow 4 to 6 weeks for delivery.

Make check payable to: KWVM Dedication Foundation, Inc.

Order Toll Free: **1-800-840-8856** or FAX 1-800-944-0010 **AL7**

8.25% Sales Tax Texas Residents Only
\$3.95 Shipping & Handling for one item
\$7.50 for two or more

SUB TOTAL _____
TOTAL _____

FLAG AMENDMENT IS THE PEOPLE'S WILL

By Rep. William Jefferson

IN APRIL, a proposed constitutional amendment that would permit the individual states to enact legislation banning physical desecration of the flag was introduced in the Congress.

After much careful deliberation, I became an original cosponsor of the amendment. My decision came not without considerable anguish, particularly over the principle of amending the Constitution.

In the final analysis, however, it came down to this: If we are not willing to stand up for our flag, what will we stand up for?

To those who say this is a First Amendment issue—an issue of free speech—let me remind them that there are several restrictions and limits on speech already. One cannot libel or slander another without fear of legal retribution. One cannot advocate the assassination of the President without the Secret Service becoming extremely interested in his or her speech. As Supreme Court Justice Felix Frankfurter pointed out so eloquently many years ago, our right to free speech does not extend to yelling “Fire!” in a crowded theater. No, this is not a free speech issue. Rather, it is a matter of personal responsibility.

Surely, desecrating a U.S. Flag—burning a flag—is abhorred by society, and our society has the right to demand that such activity be punished. Reflecting that sentiment, my home state of Louisiana in 1991 was the 21st of 49 states so far to pass a resolution urging Congress to approve a flag-protection amendment.

Amending the Constitution is no

simple undertaking. The Founding Fathers intended it to be that way. Two-thirds of the House (290 Members) and Senate (67) must agree to pass the legislation, then three-fourths of the states—36—must ratify the amendment within seven years.

Throughout our history, constitu-

need of its passage grew from a 1989 Supreme Court decision, *Texas v. Johnson*. The court narrowly ruled, 5-4, that burning an American Flag was “protected” as free speech. The case arose following a demonstration at the Republican National Convention in Dallas in 1984. Gregory Johnson and a group of fellow protesters burned a flag outside the convention hall as part of their protest. Texas authorities convicted Johnson of flag desecration under existing Texas law. The Supreme Court decision overturned not only the Texas law, but also flag-protection statutes in 47 other states and the District of Columbia.

The American public was outraged then and continues to be outraged today. Public-opinion polls show that more than 80 percent of all Americans favor protection of the flag. Following the 1989 Supreme Court decision and a similar 5-4 decision in 1990 in another flag desecration case, three out of four Americans believed the only way to protect the flag was through a constitutional amendment.

Nearly 40 years ago in the hot summer of 1957, Dr. Martin Luther King was beginning his dream of equality for all Americans. At a citizenship education program that summer, King said there was glory in citizenship, and that we don't want haters.

Our country, he said, may not be all we want it to be, but that would change.

Respect your country; honor its flag.

We have come a long way as a nation since 1957. Dr. King's dream still lives—the American dream persists. In the words of Charles Evan Hughes, the 11th Chief Justice of the U.S. Supreme Court, “This flag means more than association and reward. It is the symbol of our national unity.”

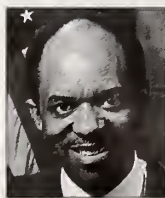
It is now our time to do our patriotic duty, to keep faith with the American people who sent us to Washington. Passing this flag-protection amendment adds one more strand to the fabric woven by preceding generations—the fabric of freedom, symbolized by our flag. □



BURNING ISSUE—The Supreme Court's 1989 *Texas v. Johnson* ruling made it “all right” to burn the U.S. Flag. Amending the Constitution is the only way to correct this injustice.

tional amendments have proved the only path for redress of serious societal ills in our country. Women's suffrage, for example, was accomplished through a constitutional amendment, as was the abolition of slavery after the Civil War. The Fourteenth Amendment recognized former slaves as citizens and the Fifteenth gave them the right to vote. No one could deny that these amendments—controversial as they were at the time—made our society better.

This proposed amendment and the



Rep. William Jefferson of Louisiana, who was elected to the House of Representatives in 1990, is serving his third term in office.

GEL FILLED INSOLES

Gives you instant pain relief - Eases the pounding of nerve endings



It's like walking on air & it's cooling

- Supports absorb shock while standing, walking and running.
- Stimulates circulation to your feet, legs and back.
- Helps relieve cramps.
- Our insert pads gently lift the metatarsal bones, giving you instant relief.
- Adds a new sense of total relaxation.



Similar products sell for \$19.95
NOW ONLY

\$4.95

Heel Arch Metatarsal Calluses

**Controls walking stress
Controls nerve endings**

Cushions your every step!

Think how wonderful it would feel to walk without pain. Now there's instant relief for those of us who suffer from the terrible discomfort of callouses, burning feet, aching arches and heel problems. Our gel filled liquefied insoles help cushion your foot to eliminate pain. You see, when you step down you normally spread tissue. Gel Filled Insoles absorb the shock from your heels. In addition, it supports the arch area, protects the metatarsal bones as well as the balls of the foot. Even cushions your toes. It's like placing a soft pillow in your shoes. The gentle gel motion actually massages your nerve endings and stimulates circulation. Lightweight. Gel Filled Insoles automatically mold your shoes for a custom fit every time. Great for casual shoes or dress shoes, high heels or sandals. Interchangeable from shoe to shoe. Easily adjustable. One size fits all.

GOLDEN AGE PRODUCTS, INC., DEPT. M559
3038 NW 25th Ave, Pompano Bch., FL. 33069
Comes with a 30 Day Money Back Guarantee

- ☐ One pair of Gel Filled Insoles only \$4.95 plus \$2.00 shipping and handling
- ☐ Two pairs of Gel Filled Insoles only \$8.95 plus \$3.00 shipping

Name _____
Address _____
City _____
State _____ Zip _____

BAVARIAN Hand Carved style Musical CUCKOO CLOCK!



Comes with attractive pendulum and an adorable rocking cuckoo bird - plays a soothing Alpine melody, one of twelve great classic tunes every hour. Tells you the precise time with the reliability and accuracy of quartz movement. Finished to look like finely-carved wood - it's actually constructed of durable ABS material so you can be sure of its lasting years. Authentically painted. Attractively accented with deep green leaves from the black forest of Germany along with rich natural earth-tone brown colors. Looks simply stunning. The authentic, exquisite scroll style adds to its overall beauty. The fine workmanship that has gone into our clock is truly impressive. Includes many outstanding features.

Black Forest

Old World Charm

Every hour the chimes delightfully tell you the exact time. If you desire, the musical mode can simply be turned off. Plays inspired Bavarian music. Uses 3 "AA" batteries available everywhere.

\$9.95

Why Pay \$60.00?

DEER CREEK PRODUCTS, INC. DEPT. M560
3038 N.W. 25th Ave., Pompano Beach, FL 33069

30 Day Money Back Guarantee

- ☐ One Bavarian Style Cuckoo Clock only \$9.95 plus \$3.50 shipping & handling
- ☐ Two Bavarian Style Cuckoo Clocks only \$18.95 plus \$5.00 shipping & handling

Name _____
Address _____
City _____
State _____ Zip _____

Help Protect Our Nation's Flag: Send Washington This Message Now!

Speak Out Today!

Call now to receive your
three personalized letters,
as seen on this page,
addressed to your Senators
& Representative

The American Legion's Citizens Flag Alliance Legislative Action Line

1-900-773-1776

(The total cost is only \$7.95)

Act Now!

Here's how to use the Legislative Action Line:

- Begin by calling 1-900-773-1776. This service is available in all 50 states, 7 days a week, 24 hours a day. The total cost of this call is \$7.95 and will appear on your telephone bill.

- After a brief message about the flag amendment an operator will ask you for your name and mailing address. Active duty military personnel whose current mailing address is different from their voting address should also give the operator the zip code of their voting address or home of record.

Your Name Printed Here
Your Street Address, Apt. or Box Number
Your City, State, Zip Code

Your Senators/Representative Name
United States Senate or U.S. House of Representatives
XXX Senate or XXX House Office Building, Room XXX
Washington, D.C. 20510

Dear (Your Senator/Representative Name):

I urge you to support and co-sponsor a constitutional amendment to protect our nation's flag against public desecration.

The flag is unique among our traditional national emblems and deserves respect, care and protection. As a reflection of our nation's heritage, it is the one symbol that transcends political parties. During its long service as our nation's banner during peace, war and domestic turmoil, it has persevered as a symbol of unity, sacrifice, justice and national resolve. To a vast majority of Americans the flag represents the hope, freedom and values that we hold.

Millions of Americans including myself believe that our flag should be protected. In fact a 1994 Gallup Survey revealed that 81% of Americans believe that the flag should be protected against public physical desecration. Many Americans have fought and died to protect the First Amendment. Nothing proposed in the flag protection amendment will prevent anyone from saying anything they want about our government, our leaders or even our flag. What this amendment will do is make a special provision for the American Flag that will protect it against physical acts that most Americans find profoundly offensive.

Thank you for your consideration. I look forward to your reply and learning your views on this important issue.

Sincerely,

(Your signature and a handwritten P.S. lets Washington know of your active involvement.)

Please note: The text of your letters may be slightly different from the above sample. This will allow us to inform the Congress of the many reasons for passing the flag amendment.

- When calling our legislative action line, if you hear a recording that your call cannot be completed as dialed or a similar message this is because your local phone company has blocked your telephone line for calls to 900 services. However, you still can participate by sending your name, address (active duty military should include their voting zip code) and a check or money order for \$7.95 to: TALCFA/USA Letters, P.O. Box 9865, Washington, D.C. 20016-8865

- Your 3 personalized letters will be mailed to you within 5 days. Just stamp the envelopes that come with the letters, sign your letters and mail them.

- Remember it's your thoughts that count, so feel free to add a handwritten postscript (P.S.) to your letters. And if, by chance, there's a problem with your letters; you can contact USA Letters at 1-800-755-1991.

**PLEASE PHOTOCOPY THIS PAGE, OR THE PETITION
ON THE RIGHT, AND PASS ALONG TO YOUR FRIENDS**



PETITION

"We, the undersigned, hereby petition the adoption and ratification of a constitutional amendment allowing the states and congress to enact laws prohibiting physical desecration of the United States Flag."

To help us record and report your petition to Congress quickly, please print all characters as shown below. If you do not wish to receive updates on our progress check the box marked No Mail. *PLEASE PRINT IN CAPITAL LETTERS ONLY.*

Mail to: Citizens Flag Alliance, P.O. Box 68866, Indianapolis, Indiana 46268-0866

1 2 3 4 5 6 7 8 9 0

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

FIRST NAME	MI.	LAST NAME
<input type="text"/>	<input type="text"/>	<input type="text"/>
ADDRESS		
<input type="text"/>		
CITY		
<input type="text"/>		
STATE	ZIP CODE	NO MAIL
<input type="text"/>	<input type="text"/>	<input type="text"/>
SIGNATURE:		<input type="text"/>
ADDRESS:		<input type="text"/>

FIRST NAME	MI.	LAST NAME
<input type="text"/>	<input type="text"/>	<input type="text"/>
ADDRESS		
<input type="text"/>		
CITY		
<input type="text"/>		
STATE	ZIP CODE	NO MAIL
<input type="text"/>	<input type="text"/>	<input type="text"/>
SIGNATURE:		<input type="text"/>
ADDRESS:		<input type="text"/>

FIRST NAME	MI.	LAST NAME
<input type="text"/>	<input type="text"/>	<input type="text"/>
ADDRESS		
<input type="text"/>		
CITY		
<input type="text"/>		
STATE	ZIP CODE	NO MAIL
<input type="text"/>	<input type="text"/>	<input type="text"/>
SIGNATURE:		<input type="text"/>
ADDRESS:		<input type="text"/>

FIRST NAME	MI.	LAST NAME
<input type="text"/>	<input type="text"/>	<input type="text"/>
ADDRESS		
<input type="text"/>		
CITY		
<input type="text"/>		
STATE	ZIP CODE	NO MAIL
<input type="text"/>	<input type="text"/>	<input type="text"/>
SIGNATURE:		<input type="text"/>
ADDRESS:		<input type="text"/>

Color Me



J. CRISP/MERCURY PICTURES

BANNER DAY—Third graders at Pleasant Street School, Athol, Mass., participated in the contest.

AMERICA

"It has a flag, trees and clouds. The flag stands for the United States of America. All the Presidents saluted it." *Brett Jeffrey – Kindergarten*

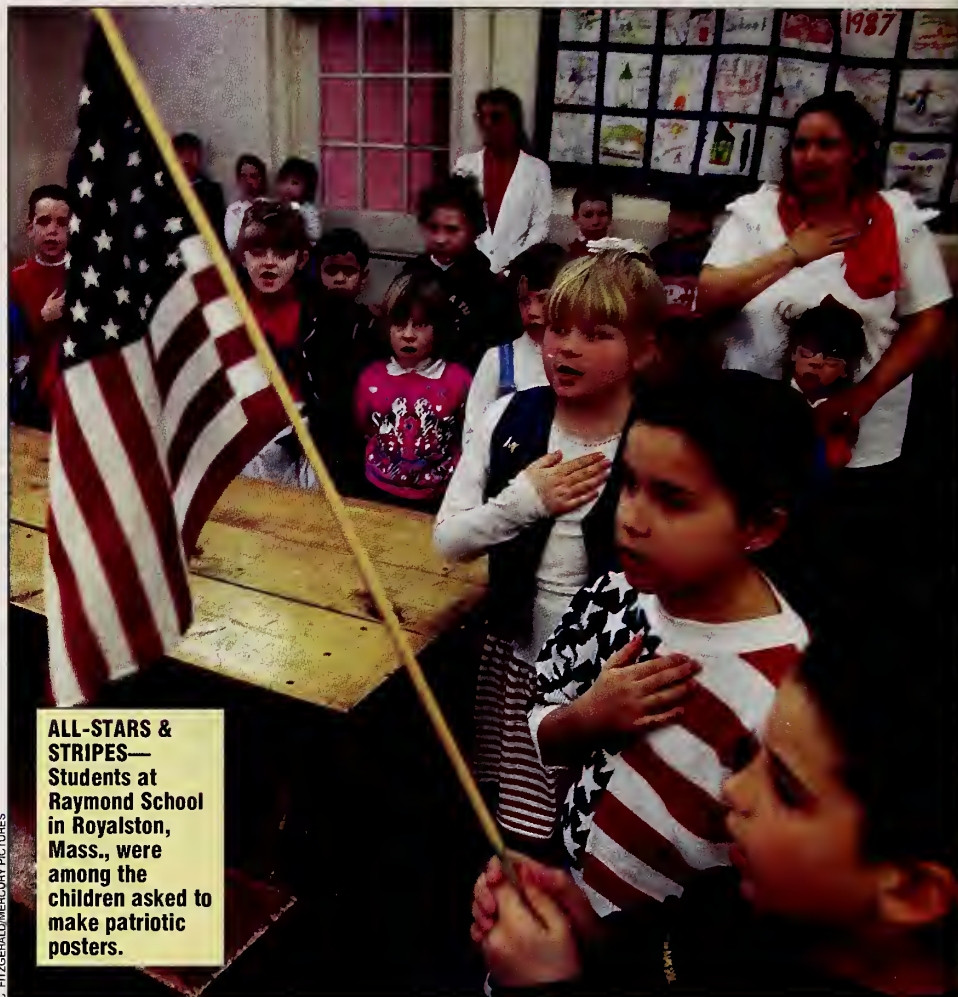
FREEDOM

"Freedom means making your own rules. But we must have rules or else every thing would be crazy. People fought for freedom back then. So when you salute the flag, you are saluting the people who fought for our country."

Harry J. Moraga – Grade 4

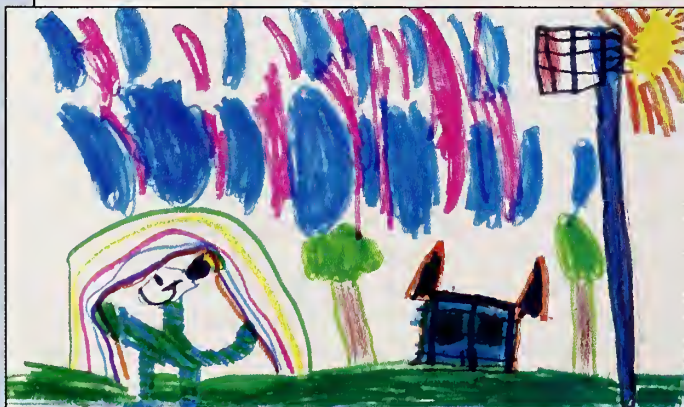
THE GRAND OLD FLAG

"This is my school. The children are holding each other's hands and holding the flag. The flag holds our country. The rainbow holds all the colors." *Elizabeth Ramsdell – Kindergarten*



C. FITZGERALD/MERCURY PICTURES

ALL-STARS & STRIPES—Students at Raymond School in Royalston, Mass., were among the children asked to make patriotic posters.

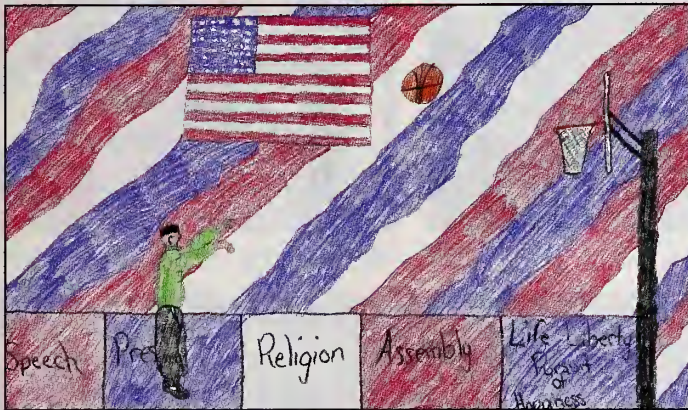


America by Brett Jeffrey KINDERGARTEN

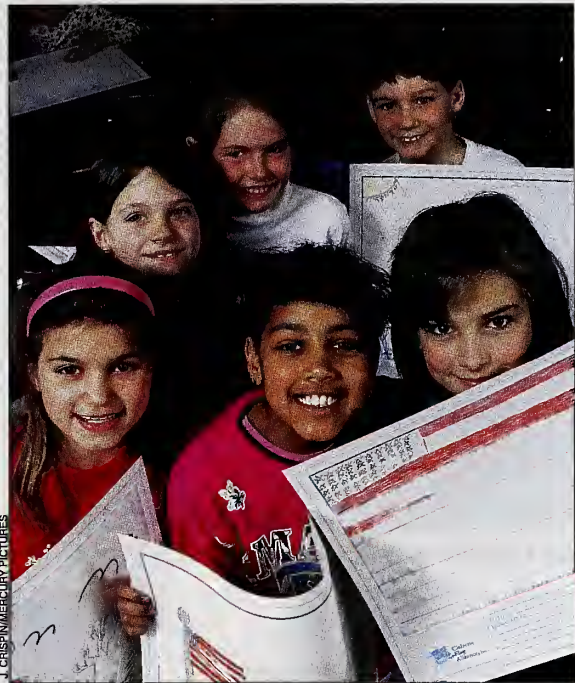


Freedom by Harry J. Moraga GRADE 4

Red,



A Basket For Brotherhood by Billy Devereau GRADE 6



PATRIOTIC PUPILS—Displaying their posters are fourth graders at Pleasant Street School. Contest winners received savings bonds.

White



The Grand Old Flag by Elizabeth Ramsdell KINDERGARTEN

PERHAPS the most precious thing about children is that they speak from the heart. That heartfelt expression was never more evident than in Massachusetts this year when more than 1,000 students from kindergarten to sixth grade participated in a poster contest sponsored by The Citizens Flag Alliance, Inc. On these pages are the creations of some of the contest winners from the Athol-Royalston School District. The American Legion salutes these young Americans.

And Blue



The Changes Earth Needs by Krystin M. Rice GRADE 4



My Freedom by Ian Peterson GRADE 3

WHAT THE FLAG MEANS TO ME

"Red stands for courage, valor and strength. White conveys purity, light and peace. Blue represents truth, loyalty and fidelity. The stripes signify unity of purpose as exemplified by the 13 original states. The stars represent our 50 states dedicated to freedom and democracy."

Angela Przymusik – Grade 3

MY FREEDOM

"My freedom was made possible by my family. They defended our country for all of us."

Ian Peterson – Grade 3

THE FLAG

"The flag is freedom. I will be loyal to the flag. At school in the morning I do the Pledge of Allegiance with all the other kids. We all stand on our line and put our hand over our heart and face the flag. There is a flag in front of the library and in front of people's houses. On the Fourth of July, we put our flag out at our house."

Elizabeth Benoit – Grade 2

FLAG SCHOOL

"The children love the flag so much that when they are in school or plays they always look at it."

Kimberly Bassett – Grade 2

REMEMBER

"We should remember the important people in the United States past. We shouldn't take the things they did for granted. We shouldn't take our freedom for granted either."

Kevin Hausherr – Grade 3



The United States of America by Josiah White GRADE 5



Flag School by Kimberly Bassett GRADE 2



Having Fun by Hannah Chieffo GRADE 1



NEW GLORY—
Raymond School
students pile
on the
patriotism with
their contest
entries.

© FITZGERALD/MERCURY PICTURES

W • I • N • N • E • R • S

First Place

K Elizabeth Ramsdell	Raymond School
1 Hannah Chieffo	Ellen Bigelow
2 Kimberly Bassett	Raymond School
3 Kevin Hausherr	Silver Lake School
4 Krystin Rice	Riverbend School
5 Peter Arsenault	Riverbend School
6 James White	So. Royalston

Second Place

K Gregory Hager	Silver Lake School
1 Keith Cosentino	Ellen Bigelow
2 Elizabeth Benoit	Ellen Bigelow
3 Angela Przymusik	Sanders Street School
4 Amanda Trombly	So. Royalston
5 Molly Biechele	Pleasant Street
6 Kate Mitchell	Riverbend School

Third Place

K Natalie Marble	CCD Centerm
1 Nicholas Kessler	Silver Lake School
2 Amanda McLaren	Pleasant Street
3 Billy Sawin	Pleasant Street
4 Cameron Cycz	Ellen Bigelow
5 Josiah White	So. Royalston
6 Billy Devereau	So. Royalston

Honorable Mention

K Alyssa Cass	Silver Lake
Siiri Paton	Pleasant Street
Brett Jeffrey	Raymond
1 Kaitlyn Stolaroff	Sanders Street
2 Eric DeJackome	Ellen Bigelow
3 Bethany Labrie	Sanders Street
Jared Bourbeau	So. Royalston
4 Matt Tibbs	Silver Lake
Stormi Knight	Ellen Bigelow
Jen Gatautis	Pleasant Street
Harry J. Moraga	Riverbend School
5 Nichole M. Griffith	So. Royalston
Adam Graichen	Riverbend School
6 Danny Santana	Pleasant Street

Chairman's Award

Ian Peterson	Grade 3	Pleasant Street
---------------------	----------------	------------------------

*Patriotism isn't just a concept, says entertainer **Pat Boone**. It's a prescription for individual behavior.*

What Is An

MY DICTIONARY defines patriotism as "love of country and devotion to its welfare." A patriot is "one who loves his (or her) country and zealously supports its interests." I agree with that definition. However, I think too many of us confuse patriots with heroes.

When I think of heroes, I think of Nathan Hale, who regretted he had "but one life to give for his country." I think of Adm. David Farragut and "Damn the torpedoes. Full speed ahead!" I think of George Washington praying at Valley Forge, and Patrick Henry exclaiming, "Give me liberty or give me death!"

I think of Robert E. Lee, U.S. Grant, Davy Crockett, Douglas MacArthur, Stonewall Jackson, Admiral Nimitz, Stormin' Norman Schwarzkopf, Colin Powell, Colin Kelly—the boys at Iwo Jima—Olympic athletes like Tommy Moe and Nancy Kerrigan, Rafer Johnson and George Foreman, who raised American flags instead of clenched fists.

These are *heroes*—men and women who rose to challenges, met crisis and physical danger, faced death and defeat, and won. They saved lives, conquered armies, stared death in the face, and became heroes.

But I think the true American patriot is something different. Yes, some American patriots may be public heroes, but the American patriots I'm talking about never make headlines, are singled out for awards or even are

noticed by anybody but close family and friends. They live long, productive, quiet lives and are buried with very little fanfare. But they are true American patriots.

They are the accountants who support their families, take them to churches or synagogues, pay every nickel of their taxes and advise their clients to do the same. They are the homemakers—wives and mothers—who not only raise, train and nourish their kids, but are active in the PTA, Brownies, Cub Scouts and the Ladies Auxiliary.

They are the gas station attendants who walk the precincts, getting out the vote for city councilmen, not just presidents and governors. They are the high school civics teachers who love their subjects and their students, and actually awaken in some of them a sense of pride in America, and a sense of personal responsibility.

THEY ARE local preachers, not nationally known TV evangelists, but gentle, loving men and women who are Good Samaritans and somehow inspire their little congregations to reach out to the hurting and needy around them. They are the volunteers, involved in a thousand worthy causes, political, social, humanitarian and spiritual, who give and give and give some more, never expecting anything in return personally—just the satisfaction of having made a difference.

They are the cops who walk the beat and believe in the rules that hold a society together. They can be a little tough and cynical sometimes, because they see so much of the worst of us—but they risk their lives every day, trying to give each of us a chance at the best in us.

These—and so many others—are my idea of the American patriot. They're quiet, hard-working, honest, sharing, neighborly people. They vote, go to Sunday school, clog the free-



ways and subways, work two or three jobs and still volunteer for worthy causes, write their congressman, buy American if they can, pray for their President (even if they didn't vote for him), and sing The Star-Spangled Banner at public functions with a lump in their throats and tears in their eyes.

The rest of the world still envies America. And it's not because of our heroes—they all have their own. It's

Entertainer, author and motivational speaker Pat Boone delivered this speech to the Americanism Educational League in Los Angeles on Feb. 26, 1994.

Reprinted by permission of Vital Speeches.

American Patriot?



EVERYDAY PEOPLE—
Patriots come in individual packages. They're quiet, hard-working, honest citizens who take pride in their country and community.

because of the millions of American patriots and what they've accomplished together. It's because of the American spirit: that contagious, mysterious and dynamic "CAN DO" force that ties us together, that unites us into a family of 250 million people, but that also influences individual behavior, even when nobody's looking.

Yes, that force, that spirit, has made us still the envy and role model of the whole world. But you can't buy

it wholesale or in quantity. It comes in individual packages, and it's exhibited in lifelong, often anonymous commitment—and each package I call an American patriot.

Here's a story I share with you, by way of example. A very wealthy man had died in my hometown, Nashville, Tenn. A small but luxurious funeral procession was put together, befitting the economic status of the deceased.

But when the hearse and funeral cortege of long black limousines arrived at the only entrance of the Nashville cemetery, they couldn't enter. There was a steady procession of people entering the cemetery at that time, and they were blocking the entrance completely.

The youngest son of the deceased wealthy man got out of his car and stomped up to the state trooper who was directing traffic. "What's the holdup here? We have one of the wealthiest and most influential men in this part of the country in our hearse, and we're being held up. What is this procession, and who are they coming to bury anyway?"

The state trooper looked at the young man with an icy, almost pitying countenance. He said, "Son, I'm sorry you and your small group of limousines are being held up this way. This crowd will be by in just a few minutes, and then I'll let you in."

"Who are they burying? Somebody I'm sure you never heard of. She was a small woman, a crossing guard at a big elementary school here. She stood directing traffic, like I am right now, and helped thousands of kids get safely across the street to their classes and safely home after school."

"All these people are the grateful parents and relatives, teachers and friends, and many of them the kids themselves who are now grown up, coming to pay their last respects." The trooper paused, then added, "It looks like more people knew her, and hated to see her go, than the folks in your limousines."

That little, nameless lady—that elementary school crossing guard—is my idea of a true American patriot. She's the very kind of person who makes America unique in human history. □

HELPING RUSSIA REFORM

We cannot give Russia huge sums of money and expect democracy and capitalism to grow. We must hold their leaders accountable and support small business there.



WHEN the Soviet Union was still a monolithic "evil empire" in 1982, Roger Robinson, then an economist and senior staff member of the National Security Council, foresaw the collapse of the Soviet bloc.

But what has replaced communism? Is it capitalism? Or chaos?

News reports detail a Russian economy featuring the worst of communism—unprofitable, heavy industries operating only because of expensive government subsidies—and the worst of capitalism—economic insecurity, corruption and growing unemployment.

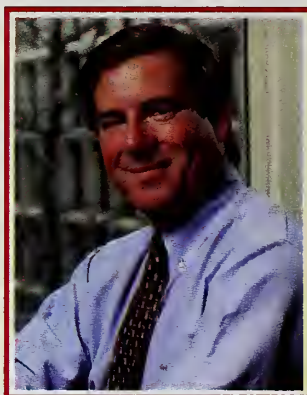
Will this hodgepodge of leftover communism and frontier capitalism cripple the new states of Eastern Europe and Central Asia? Will the Russian military be dispatched to settle more internal conflicts, as happened in Chechnya?

Those are important questions to Robinson, who has visited Russia regularly for the past 20 years. His consulting firm, RWR, Inc., based in Washington, D.C., provides strategic and risk analysis to investors considering business ventures in Russia and elsewhere around the world.

In this interview with THE AMERICAN LEGION MAGAZINE, he describes Russia as a nation beset by turmoil and apprehension.

AMERICAN LEGION MAGAZINE: Many experts say Russia is muddling its way along the path of economic reform. Do you agree?

ROGER ROBINSON: Yes. Until last autumn, Russian economic reform was proceeding rather well, with monthly inflation rates down into the single digits and an increas-



ingly stable currency. But since "Black Tuesday," when the ruble lost almost 25 percent of its value in a single day, the economy has been on much less certain footing.

One of the problems is Chechnya. The conflict there represents a substantial blow to the economy near-term, as it has forced the Russian government to amend its 1995 budget upward to the tune of several billion dollars. This has negative implications for everything from the International Monetary Fund's willingness to support the Russian budget and currency, to higher inflation, to further ruble depreciation.

Q. In light of this, is Russia making any headway on economic and political change?

A. There has been progress in several key areas, notably privatization and the scheduled plan to begin closing large state-owned factories. These steps are significant, but reformers have still not adequately addressed the issues of private ownership or stock custody—obstacles to building a functioning capitalist society.

The situation on political reform is less positive. The Chechen conflict has revealed alarming divisions within President Yeltsin's government and has shown him to be increasingly isolated and under the influence of hard-line former communists, and military and state security officials.

Yeltsin's conduct of the war in Chechnya has distanced him from the democratic movement in Russia and persuaded the West that this leader—long portrayed as a champion of democracy—is now increasingly authoritarian.

Q. What about the Russian military?

A. The military appears to be in worse shape than many suspected. Minister of Defense Pavel Grachev predict-



BUDGET BUSTER—
The conflict in Chechnya has taken a heavy toll: Russia had to amend its 1995 budget by several billion dollars to fund the continuing battle.

ed before the Chechen invasion that he could crush the rebel forces within a matter of days, if not hours. The debilitating battle for Grozny lasted for months, and the conflict spread to the countryside.

The military is demoralized, short of supplies and without effective leadership or communications. For example, in early December, before the invasion began in earnest, a Russian armored column reportedly made its way to the presidential palace in Grozny without meeting any resistance. Unable to obtain further instructions, it had to withdraw.

Like the government, military leadership is also divided and bitter. Two top generals have abandoned Yeltsin over the Chechen conflict and may be contenders for the presidency in 1996. It is also possible that inexperienced conscripts with light armor were thrown into Chechnya by dissenting senior officers to embarrass Yeltsin politically.

Q. But are there any signs that capitalism is taking root?

A. Small to medium-sized enterprises have more capital available for start-up purposes than in the past. Nevertheless, the entrenched system of patronage, as well as organized crime, have seriously impeded progress. Yeltsin is struggling to preserve the perception in the West that large-scale privatization is still on track. However, the rise in anti-reform forces has created a chill on the investment side that will be difficult to overcome.

Also often overlooked are the regional leaders of such

Please turn to page 57

H I G H L I G H T S

Roger Robinson On...

Russia's military: "The military appears to be in worse shape than many suspected. It is demoralized, short of supplies, and without effective leadership."

Economic change: "There has been progress in several areas, notably privatization and the scheduled plan to begin closing state-owned factories."

The Russian Mafia: "There is no doubt that organized crime bosses are collaborating with high-ranking military and state security officials."

Boris Yeltsin: "His health remains a troubled mystery, with charges of alcoholism and erratic behavior on the rise both in Russia and abroad."

THE SPRATLY ISLANDS

Storm Clouds Over The

By Perry Wood



MAY 20, 1997...In the pre-dawn hours, Vietnamese commando units launch several attacks against American-operated oil rigs near the Spratly Islands in the South China Sea. The attacks on the rigs, licensed by the Americans from the Chinese, are seen as a response to China's recent seizures of Vietnamese-held islands in the area. China, Vietnam and three other countries all claim the Spratly Islands.

An unknown number of American oil workers die in the attacks. The President has ordered the U.S. Navy to rescue the remaining workers, since the Chinese appear unable or unwilling to protect them. Navy officials express confidence in their ability to evacuate the workers, but fear possible losses from mines laid by both sides in the conflict. In the past month, two merchant ships have sunk after being struck by mines that drifted into international sea lanes. Tensions in the area are high. The Malaysian and Filipino militaries are on alert. Farther north, Korea monitors unfolding events with an eye toward turning the situation to its own advantage....

The scenario above depicts another nasty, small-scale military conflict that could cost American lives and require a U.S. military response. In other words, a typical post-Cold War skirmish.

But could a flare-up in this little-known area of the Pacific drag the United States into a regional war with the potential to rage out of control?

At first glance, the Spratly Islands seem an unlikely international hot spot.

Perry Wood is an expert in Asian political and security issues at the Hudson Institute, a think tank based in Indianapolis.

South China SEA

**THROUGHOUT
HISTORY, SOME OF
THE TINIEST STRIPS
OF LAND HAVE BEEN
FLASH POINTS FOR
WAR. COULD THE
SPRATLY ISLANDS
BE NEXT?**

They are a collection of some 33 tiny islands and rock formations scattered across a wide area of the South China Sea. Most are mere rocks jutting from the placid surface of the ocean, many underwater at high tide. The largest

isle, Itu Aba, is less than two-thirds of a mile long and one-third of a mile wide—about six city blocks long and three city blocks wide.

Size is deceiving, however, for these rocks may offer benefits far out of proportion to their surface area. Under the International Law of the Sea, each of the islands owns all of the oil and other resources within a 200-mile radius of its shores. While the precise oil potential of the region is unknown, the various claimants profess extravagant expectations: An internal Chinese government document speculated that the area contained oil reserves worth \$1 trillion.

The islands also are strategically positioned near major sea and air-traffic corridors, making it possible for a force based in the Spratlys to gain a stranglehold over the region. The Imperial Japanese Navy occupied the islands for precisely that reason during World War II, establishing a submarine base and airfield on Itu Aba.

MIX DREAMS of wealth and power with the disputed ownership of the Spratlys and you have an explosive cocktail. China, Taiwan and Vietnam all claim the entire archipelago as part of their "historical" territory; more modest stakes to parts of the island chain have been voiced by Malaysia, the Philippines and even tiny Brunei. Yet none of these states made any official attempt to annex the islands before 1945. Indeed, an official Chinese survey of the South China Sea published in 1928 describes the Paracel Islands, a string of islands located many miles north of the Spratlys, as China's "southernmost territory."

To date, these six nations remain unwilling to negotiate a resolution to their dispute, largely because none of them appears ready to share the natural bounty believed to exist in the seabed around the Spratlys. And they are backing up their aspirations with force: All

Please turn to page 59



BLACK DEATH?—
U.S. oil companies
have begun putting
rigs in Southeast
Asian waters. But
American workers
may be caught in
the middle as local
nations vie for
profits.

PARKS IN PERIL

Crowding, underfunding and pollution threaten to destroy the unique beauty of America's national parks.

FOOL'S GOLD—An abandoned gold mine outside Yellowstone, with polluted water. A recent survey identifies 480 water-related threats to national parks.

By Gary Turbak

FOR MOST of its 105 miles, Skyline Drive winds along the Blue Ridge Mountain backbone of Virginia's Shenandoah National Park, offering visitors a top-of-the-world look at some of America's grandest scenery.

To the West lies a pasture-studded valley and beyond that the lush and seemingly endless mountains of West Virginia. On a clear day, with the aid of

Gary Turbak, a freelancer from Missoula, Mont., wrote "Oceans of Energy" in the February issue of this magazine.

binoculars, you can see the Washington Monument, 77 miles to the east.

But clear days have become a rarity at Shenandoah. Great swells of air pollution from America's heartland regularly roll in to cloak these vistas in a gray-white haze. "On some days, you can't even see to the valley floor," says Julie Thomas, manager of the park's air quality program. She says employees and visitors sometimes get headaches from breathing the air, while acid rain may be destroying streams and vegetation.

Nor is air pollution Shenandoah's only problem. According to Superintendent Bill Wade, the park also suffers from aging buildings, inadequate funding and wildlife-poaching along its 350-mile border.

SHENANDOAH symbolizes the plague that has descended on America's park system. These days, virtually every major national preserve is beset by air and water pollution, crime, uncontrollable crowding, insufficient funds for upkeep and a host of other problems. Once pastoral places where backpackers came to commune with the great outdoors, parks now

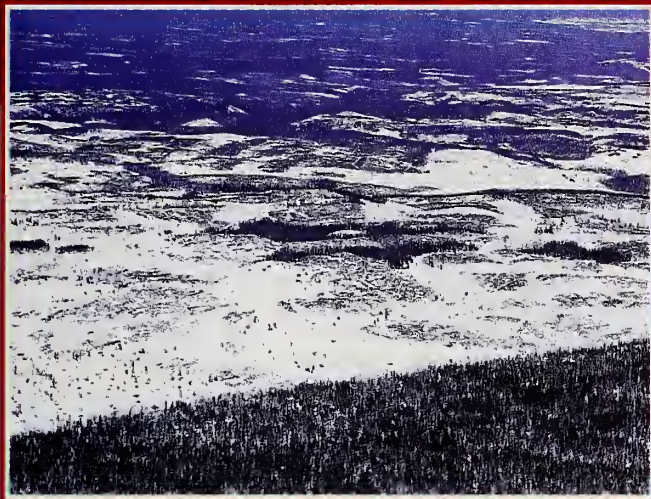
teem with hordes of urban vacationers trying—paradoxically—to "get away from it all." They have become breeding grounds for crime as well as animal life. Rampant mining and industrialization steadily encroach on the ecology, and the delightful fragrance of pine and honeysuckle is giving way to the stench of sulfur dioxide and the other atmospheric byproducts of manufacturing.

Such are the threats that have "eroded the well-being of these precious areas," according to Paul Pritchard, president of the National Parks and Conservation Association (NPCA).

Crowd Uncontrol

"In many parks," says Pritchard, "the most pervasive problem is crowding." In 1993, the 367 units of the National Park Service (NPS)—parks, monuments, battlefields, seashores, historic sites and other areas—drew 273 million visitors, 10 times more than in 1950.

While Yellowstone, Grand Canyon, Bryce, Rocky Mountain, Mammoth Cave, Zion and others frequently suffer from overcrowding, Yosemite is the dubious champion. Hosting 4.1 million visitors in 1994, "YosemiCity," as



ARTIST POINT—Overcrowding is the most pervasive problem. In 1993, the National Park system drew 273 million visitors, 10 times as many as in 1950.

CLEAR CUT—Yellowstone's western boundary with Targhee National Forest lies arrow-straight. Logging, mining and housing have gobbled their way up to the parks.

some locals call it, is a scant 1 mile wide and only 7 miles long. But that strip of land brims with natural wonders that entice visitors: El Capitan, Half Dome, Bridalveil and Yosemite Falls. On any summer day, and especially holiday weekends, a seemingly endless human horde streams east from the California coast to this mountain retreat—filling up campgrounds, eateries, roads and parking lots.

Lodging guests must book a year in advance. Several times each summer, rangers are forced to dam the river of traffic headed into the valley and send people elsewhere.

"Eventually," says Yosemite spokes-

woman Lisa Dapprich, "we will probably need a day-use reservation system, which essentially would require people to have a ticket to get into Yosemite."

Besides sapping the fun from everyone's park visit, crowds can be hard on resources and facilities. In some parks, what were once delicate trails are turning to deep, ugly trenches as thousands of feet daily trod over them.

Each day, a few dozen more tons of garbage need to be removed. Other things need to be removed from parks, too. Three years ago at the Statue of Liberty National Monument, workers spent weeks scraping old chewing gum from benches, walls and railings. They

collected 600 pounds of the stuff.

And that's not the worst of it. Bathroom facilities become overtaxed, resulting in a sanitary nightmare. "When restroom facilities become inadequate, people don't hesitate to relieve themselves among the nearby trees," says Dapprich. Recently, Yosemite authorities closed Half Dome mountain to backpacker camping, partly because of the growing accumulation of human feces.

But often, says the NPCA's Pritchard, "the automobiles—not the people—are the biggest problem." According to the NPCA, 95 percent of all park visitors arrive by car, each of which burns gasoline and takes up space. Maureen Oltrogge, public affairs officer for Grand Canyon National Park, says that on a busy summer day at that park's south rim, 6,500 vehicles compete for 1,600 parking spaces. While the walls of that great chasm fall away into almost limitless space, the rim becomes a giant, creeping parking lot. Gridlock at Yosemite is legendary, and Dapprich says that during 1992 and 1993 combined, drivers in Yosemite collided with each other 1,237 times.

Bob Miller, spokesman for Great



LONE RANGER—
Ninety-five percent
of all park visitors
arrive in cars,
which leads to over-
crowded parking
lots and increased
air pollution.

PARKS IN PERIL

Smoky Mountains National Park, reports that auto exhaust damages 70 species of plants and contributes to a worsening air pollution problem in that park, too.

The really bad news, says Pritchard, is that "problems associated with

crowded parks are likely to get worse before they get better." Annual visits to parks could top 340 million by the year 2000 and may hit half a billion 10 years after that.

Crime Time

Some among the madding park crowds are criminals. Vandals have spray-painted Native American pictographs, looted Civil War graves, blasted centuries-old petroglyphs with bullets and tossed trash into delicate geothermal features. According to NPS 1993 crime statistics, there were 6,200 disorderly conduct offenses and 3,400 were caught with illegal firearms—both all-time highs that nearly doubled 1992's figures. Overall, criminal offenses in the parks increased from 58,568 in 1992 to 88,473 in 1993.

Poachers pose a double-edged threat to parks: They remove natural wildlife beauty and they disrupt the parks' balance of nature.

People steal everything from butterflies to trumpeter swan eggs to mammoth bull elk. Last August, poachers even killed and beheaded a 1,500-pound bison just 150 yards from a major road in Yellowstone. "Some poachers see parks as a kind of free meat market, but most of them do it to make money," says Pat Ozment, law enforcement specialist at Yellowstone. "Penalties have not been tough enough to act as a good deterrent, but this is getting better."

WANT TO HELP?

IN HIS 1992 book, *Regreening the National Parks*, conservationist Michael Frome suggests several ways to improve the parks:

- ◆ Set standards for entry into the bigger parks.
- ◆ Reduce automobile access in some places and eliminate it in others.
- ◆ Determine the human carrying capacity of each park, then limit numbers of visitors to provide optimum enjoyment rather than maximum use.
- ◆ Establish vast quiet zones free of automobiles, snowmobiles, dune buggies, powered boats, and low-flying airplanes and helicopters.
- ◆ Re-evaluate the need for concessionsaires and downplay selling in parks.

Please turn to page 63

For poachers, the profits outweigh the risks. According to *Time* magazine, a single bear gall bladder can bring \$64,000 in Asia, and a trophy-class bighorn sheep or grizzly may net the thief \$10,000 to \$25,000.

In The Air

But for the Great Smoky Mountains, Shenandoah and other parks, it's air pollution that is a major concern. Bob Miller of the Great Smoky Mountains National Park verbally paints a picture of green spruce needles fading yellow; and broadleaf trees turning a fall-like brown and red in the middle of the summer—results of airborne toxins.

Miller also says the visibility there has declined by 60 percent in the past 40 years: "The smoke that gave the Smoky Mountains their name was a natural bluish haze. What we have now is yellow smog."

Even in remote Acadia National Park in Maine, the air is sometimes urban-smoggy instead of country-clean. "Many visitors are surprised to find the same kind of air pollution at Acadia that they thought they left behind in the city," says Bob Breen, a park biologist. Acadia and several other parks have found it necessary to post air quality advisories at entrances.

THERE ARE other problems in the air. Military and tourist flights shatter the silence sought by thousands of terrestrial tourists, and helicopters occasionally disrupt wildlife habitats with extremely low flyovers.

Aircraft problems are most serious at Grand Canyon National Park. According to the air tour industry, 43 companies annually make 80,000 flights over the canyon, showing the area to 800,000 tourists. In 1986, two sightseeing aircraft collided over the canyon, killing 25 people.

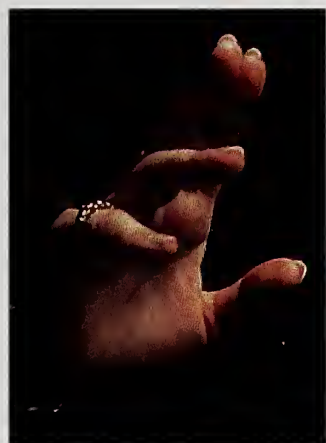
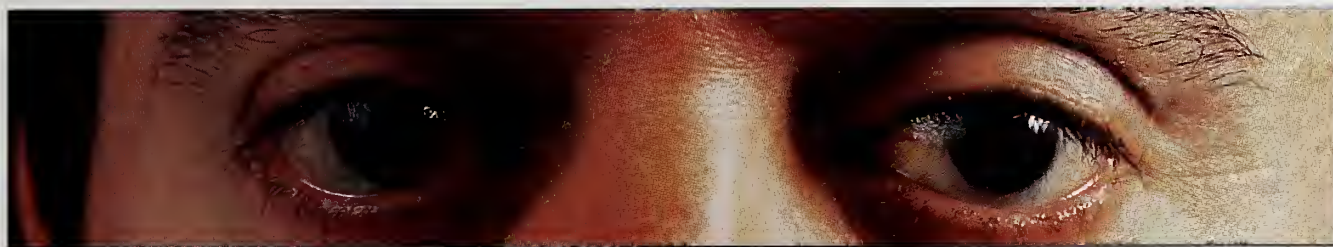
Border Patrol

From Lake Okeechobee in south-central Florida, a great turtle of a river crawls imperceptibly southward. This massive, moving swamp is 40 miles to 70 miles wide, but only a few feet deep. We call it—and the national park at its southern tip—the Everglades.

Once one of the world's most pristine and productive giant wetlands, Everglades National Park is in deep trouble. Upstream diversions have

Please turn to page 62

EMDR



MAGIC FINGERS



Easing The Pain Of PTSD

By Don Oldenburg

FOR THE first time in the 27 years since he returned from Vietnam, Purple-Heart veteran Lee Mohen Jr. is picking up the pieces of the puzzle that his life became after 16 months of brutal combat.

Nightmares don't shatter his sleep as often anymore. He's coming to grips with unexplained throes of guilt. What at times has been an impenetrable fog of depression is lifting. Though it's difficult, he can now verbalize his worst memories of 1966 at An Hoa—traumatizing events that in the past he couldn't broach even with therapists or his wife.

"This is the beginning," says the former Marine Corps sergeant with the 2nd Bn., 5th Rgt. "This is the first time I've felt a little bit of something called hope."

What brought hope to Mohen's life is a controversial treatment for the deep psychological wounds that disrupt the lives of some combat veterans. Called Eye Movement Desensitization and Reprocessing—EMDR—the once-little-known procedure recently has grabbed national headlines in

the wake of growing numbers of claims of near-miraculous recoveries from post-traumatic stress disorder (PTSD). In a few reported cases, a single one-hour EMDR session has defused the psychological after-effects of patients traumatized by combat, rape, natural disasters, accidents and childhood sexual abuse. Cases like Mohen's, which are the result of repetitive traumas, take longer to unravel, but still only a fraction of the time required by standard PTSD therapies.

Last spring, Mohen's symptoms had worsened to the point where he could no longer hold a job. With a failed marriage and a life racing nowhere, he sought help at the Department of Veterans Affairs (VA) Medical Center in Baltimore, where PTSD specialists had begun supplementing conventional therapies with the new treatment two years earlier.

Mohen feels that EMDR may well have saved his life. "They've helped me so much," says the 47-year-old, whose ongoing mix of therapies have rekindled his lifelong dream of becoming a teacher. "We've still only scratched the surface, but I'm willing to work to get it done."

Daniel Merlis, director of the Trauma Recovery Programs at the Baltimore VA Medical Center, supervised Mohen's

treatment. Merlis says that in 20 years of treating PTSD, he has "tried just about everything" and found nothing "as amazingly rapid and enormously useful" as EMDR in resolving traumatic memories. Of the 100 or so patients he has treated with EMDR—including U.S. veterans from every military action dating back to World War II—he estimates that 90 percent have derived a significant benefit.

The actual mechanics of EMDR are stunningly simple. Sitting close, therapists rapidly wave two fingers back and forth horizontally through the patient's

fingers back and forth, about 20 times, across his line of vision. His eye-focus shifts rapidly with the movement. She stops abruptly and asks him to close his eyes and "get a read-out" of what he's thinking.

He tells her he is still angry and can't exactly explain the rage he's feeling. Unlike traditional "talk psychotherapy," the therapist prods the patient only minimally. They repeat this process nine more times in less than 15 minutes; after each eye movement, he closes his eyes, pauses, then describes his feelings. Sometimes she asks a question or two to draw out his response.

After the fifth eye movement and read-out, the patient's remarks grow more benign. Two eye movements later and it's as if a light bulb has gone off in his head. His posture shows relief; his face seems to be saying, "I should've known." Calmly, he says he realizes now why this co-worker sets him off the charts emotionally.

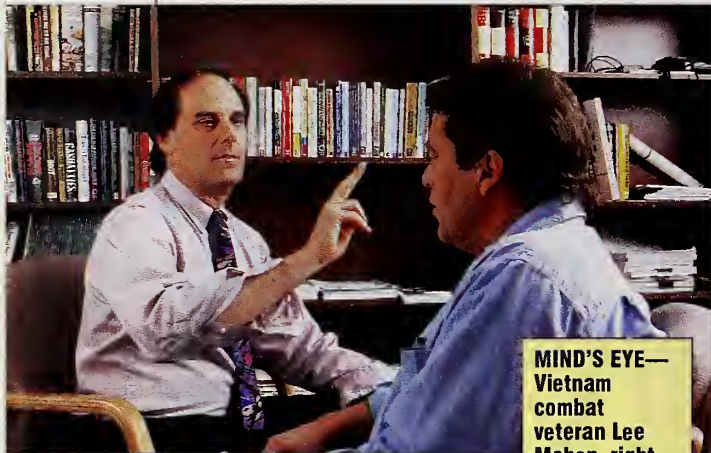
In Vietnam, he explains, if you were incompetent, people died.

Another eye movement and he recognizes that "the stakes aren't so high" on this job. Moments later, he concludes the whole situation now seems "sort of comical." After the final eye movement and read-out, he appears genuinely relaxed and says there's "no problem now—it's nice not to get lost in the frustration and anger."

While most sessions are more complicated than the one on the videotape, about 40 percent are resolved easily. Many cases are closed after only one to three sessions. "It looks simple and it is," says California psychologist Francine Shapiro, who stumbled upon the principle in 1987 while walking through a local park contemplating her own problems. Of the sessions themselves, which typically last about 90 minutes or more, Shapiro says, "It doesn't work for everybody, and it doesn't work all the time. But it has a good consistency rate."

As for why EMDR works—well, that remains something of a mystery. Shapiro believes the eye movements trigger a neurological mechanism similar to what occurs during rapid-eye-

MAGIC FINGERS



MIND'S EYE—
Vietnam
combat
veteran Lee
Mohen, right,
credits the
eye-movement
treatment for
putting his life
back on track.

line of vision. The patient's eyes track the rapid movement as if focusing on a Ping-Pong match in fast forward.

In a videotape of an actual EMDR session used to introduce the technique to mental health professionals, the client is a lean middle-aged man. Described as a Vietnam War veteran and an experienced EMDR patient, he sits in a chair opposite a female therapist.

She asks if anything specific had been bothering him since the last session. Instead of one of the usual combat episodes, he mentions an incompetent colleague at work, a brown-noser who has gained favor with the boss.

She instructs him to close his eyes and "gather a sense of how you feel about it." He does. He says he's angry. He can't get it out of his mind.

Reminding him to keep his head steady while following her fingers with his eyes, she then repeatedly jabs two

Based in Washington, D.C., Don Oldenburg wrote "The Plots Thicken" in the February 1993 issue of this magazine.

**DOORWAY TO
THE MIND—**
EMDR may
help us see
through, and
overcome, the
psychological
wounds of
trauma.



HANDS ON—
Although
EMDR
developer
Francine
Shapiro says it
is “no miracle
cure,” veteran
Eric Smith
believes the
therapy saved
his life.



G. MAGNEN/RECURRY PICTURES

movement (REM) sleep, a dream stage in which the mind normally resolves problems. Ordinarily, REM sleep is a

natural defense that safeguards mental health by processing troubling information, retaining what's useful, discarding negative leftovers and enabling people to get on with their lives.

Shapiro theorizes that severe trauma sabotages the nervous system so that what is perceived during the trauma gets trapped instead of processed. “That’s what gives Vietnam veterans the flashbacks and rape victims the nightmares,” she says. “With EMDR, we’re stimulating the mechanism to process information that’s dysfunctionally locked in,” thereby releasing the emotional stranglehold those memories of the trauma can have on their victims.

Case in point: When the major earthquake hit southern California in the middle of the night last year, Ronald Doctor and his wife awoke when their bed moved across the floor. Things were falling off the walls. Running out of the bedroom, she tripped over the mirror and broke her shoulder.

For weeks after the quake, both showed symptoms of trauma. “My wife and I were afraid of the dark and afraid of going to sleep,” says Doctor, a psychology professor specializing in trauma desensitization at California State University, Northridge. “We began sleeping on the couch in the family room, awake most of the nights.”

Unable to shake their anxiety, the Doctors opted for EMDR treatments. “If we hadn’t done it, I think the trauma would still be affecting our ability to

Please turn to page 60

WE CAN'T TREAT YOU... BUT WE'RE POLITE

ANY veteran who has applied to VA lately for treatment of a health condition knows that it's a classic good news/bad news situation. The good news is that VA's "Team" concept is working to combat VA's legendary customer-service problems. The American Legion has received numerous calls and letters complimentary to the new VA attitude toward veterans seeking health services. Veterans characterize VA employees as courteous, pleasant and more than willing to listen.

The bad news is that more and more veterans are being turned away (albeit nicely). In spite of a \$1 billion increase in its FY95 budget, VA says

it simply does not have the funds to treat anyone except veterans with service-connected conditions and those considered "mandatory" because of their incomes.

The Legion hopes to change that. At press time in May, Legion staffers were drafting legislation to be presented to Congress later this year. If passed, the legislation would radically reform veterans' eligibility for VA health care.

The proposed revisions include opening VA to all veterans regardless of their income or whether their illness is service-connected.

The snag, as always, is money. New legislation to broaden VA services depends on guarantees of fund-

ing to pay for such broadening. VA is already well behind the inflation curve, its budget growing by just 3 percent each year, while health-care costs soar by 12 percent.

The Legion will propose that VA be allowed not only to collect but also retain funds it receives for treating Medicare-eligible veterans and those with private medical insurance. Some 60 percent of veterans treated by VA are currently eligible for Medicare.

The new retained revenue also would include prescription co-payments, currently \$2 per prescription for a month's supply. Last year, VA was required to return the \$9 million it collected in prescription co-payments to the government's general fund.

Disaster Relief

FYI to syndicated columnist Bill Safire: Perhaps the next time you're tempted to call for the dismantling of the VA, you should first consult the embattled citizens of Oklahoma City.

Within two hours of the bombing on April 29, 1995, VA had mobilized at local, regional and national levels to lend a hand to victims and rescue workers. The VA Medical Center in Oklahoma City treated 12 casualties and VA medical staffs supplied on-site help at other facilities. Fourteen VA psychologists were sent in for community stress counseling, and VA's Post Traumatic Stress Disorder (PTSD) experts were on hand to provide counseling.

Six VA X-ray technicians also assisted the mortuary teams and the medical examiner's office. In addition, VA provided sterilizing support, equipment and supplies, and shower and sleeping space for rescue workers.

VA's emergency assistance was funded by the Public Health Service, according to Dave Ranck of the VA's Emergency Medical Preparedness Office: "VA has become very efficient in dealing with disasters. The California earthquakes, Hurricane Andrew, the midwest floods—we were there for them all."

Although two VA offices were

destroyed in the bombing, Ranck says that within 48 hours, a temporary VA claims office was up and running.

Six-Figure Set-aside

VA this year will buy at least \$200 million worth of products and services from women and minority-owned small businesses, an increase of 45 percent over previous years.

The mandate is a result of a recent agreement between VA's Office of Small and Disadvantaged Business Utilization and representatives of minority- and women-owned businesses. It amounts to about 9 percent of total annual VA procurement, which includes more than \$1 billion for small businesses. To meet the goal, VA has instructed its 172 hospitals and 256 clinics to seek out at least one new minority- or woman-owned business in 1995.

VA has no such mandates for veteran-owned businesses, which account for about 8 percent of VA purchases. Last year, VA spent \$237.1 million with veteran-owned businesses.

Business owners can obtain current VA needs for products and services through the on-line VA Vendor Bulletin Board System that can be reached with a modem-equipped computer by dialing 1-800-SELL-2-VA.

Clinics Before Clean-ups

Veterans wondering where the cuts in VA's health-care funding went need look no further than the Clinton administration's controversial AmeriCorps program.

But House Veterans Affairs Committee Chairman Bob Stump and New York Rep. Gerald Solomon are trying to get the money back. They submitted an amendment to the AmeriCorps funding bill, HR1158, to replace \$206 million shaved from veterans' health care in the FY95 rescission bill. The House passed the amendment handily, and the Senate is expected to do so.

The AmeriCorps program gives college tuition money to students who clean up park sites, plant trees and perform other types of community service. AmeriCorps has been heavily criticized by lawmakers and veterans' advocates.

Solomon says that restoring the funds "reserved for a flawed and duplicative program like AmeriCorps is the least we can do for veterans."

VA would use the money for six new outpatient clinics and some badly needed medical equipment. Stump said the clinics are part of his committee's VA health-care reform plan, which includes many Legion recommendations. □

**ONLY \$9.95 – COMPARE TO OTHERS
SELLING AT \$29.95 TO \$49.95!**

Not A Skimpy 6" Belt, But A Full 9"
**TOTAL LUMBAR
SUPPORT BELT**



COMPARE AND SAVE!
Only \$9.95

**SCIENTIFICALLY DESIGNED TO REDUCE PRESSURE ON THE SPINE BY GENTLY
BUT FIRMLY SUPPORTING THE ENTIRE LOWER BACK REGION AND THE ABDOMEN**

THE MISERY OF BACK PAIN

If you suffer chronic back pain, agonizing lower back discomfort or other back related disturbance including poor posture and muscle spasms, consult your doctor. If a support belt is prescribed you may be thrilled with the relief the full 9" Total Lumbar Support Belt offers. Scientifically designed to reduce pressure on the spine by gently but firmly supporting the entire lower back region and the abdomen. The instant relief you may experience is an absolute blessing!

SATISFACTION GUARANTEED OR MONEY BACK

A velcro closure on the Total Lumbar Support Belt adjusts for an exact personal fit and you can wear the belt in total comfort and pleasure all day and night long. Completely washable – have one to wear and one to wash. Satisfaction guaranteed or money back (less p&h) no questions asked!

© 1995 Lipenwald, Inc.

NATIONAL TV BARGAINS, Dept. SBX-30
1 Eversley Avenue, Norwalk, CT 06851-5844
Please send the items below on money back guarantee.

- ☐ **One** Lumbar Support Belt
only \$9.95 plus \$3 P&H
- ☐ **Two** Lumbar Support Belts
only \$18.95 plus \$4 P&H
- ☐ **Three** Lumbar Support Belts
Only \$28-**WE PAY POSTAGE**

Mens Waist Size _____
Womens Waist Size _____

Enc. is \$ _____ (check or M.O.).

CT Res. add 6% Sales Tax

Name _____

Address _____ Apt. _____

City _____

State _____ Zip _____

THE ANSWER IS: SAVE OUR FLAG

AMERICA'S support for a constitutional amendment to protect the U.S. Flag remains extremely strong, according to the results of a recent survey.

In a March 1995 Gallup survey, 79 percent of Americans polled said they would vote for a constitutional amendment to protect the flag.

The results are within two percentage points of previous polls taken in 1994 and 1992. All three polls

questioned 1,000 randomly selected people over age 18.

In late May, the House flag amendment bill, HJR79, had 272 cosponsors, just 18 shy of the 290 required for the bill to pass. There are 54 cosponsors of SJR 31 in the Senate, where 14 more votes are needed for passage.

Also, 49 state legislatures, representing more than 99 percent of the American public, have adopted memorializing resolutions asking Congress to protect the flag with a con-

stitutional amendment.

At press time in late May, 97 organizations encompassing more than 30 million Americans had joined the ranks of the Citizens Flag Alliance (CFA).

Hearings on the House of Representatives amendment were scheduled for May 24, and the Senate was expected to begin hearings in June.

"We must continue to turn up the heat," says CFA President Daniel S. Wheeler. □

PUBLIC OPINION ON FLAG PROTECTION

Below is a comparison of how 1,000 randomly selected people older than 18 answered the following questions about flag protection in 1992, 1994 and 1995. The margin of error for these surveys is plus or minus 3.1 percentage points.

■ Do you believe that a constitutional amendment to protect the flag from desecration would jeopardize your right to freedom of speech? (Answer: No)

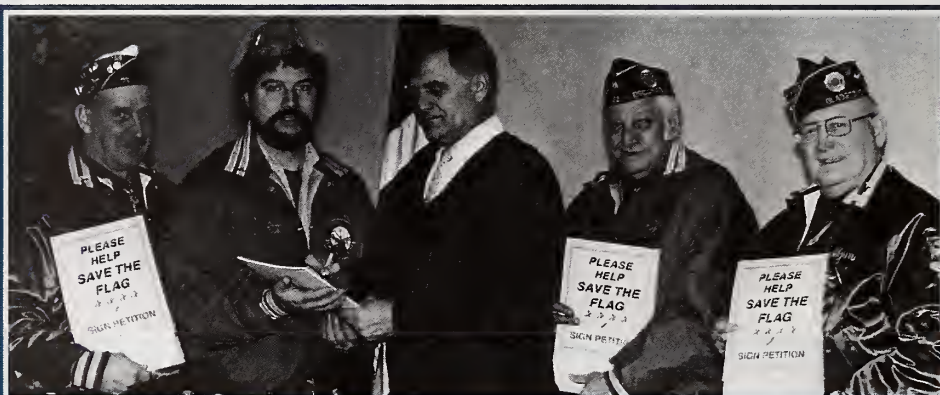
1995	1994	1992
76%	78%	77%

■ Do you believe the American people should have the right to determine by a vote whether or not the U.S. Flag should be protected from desecration? (Answer: Yes)

1995	1994	1992
81%	82%	82%

■ If put to a vote today, would you vote for or against a constitutional amendment to protect the flag from the physical act of burning it? (Answer: For)

1995	1994	1992
79%	81%	81%



SIGN OF THE TIMES—Michigan Legionnaires get Gladstone Mayor Dale Jamison to sign the Citizens Flag Alliance petition calling for a constitutional amendment to protect the flag. From left are George Ketchem and John Pickard, Post 71, Gladstone; Jamison; Bill Cadeau, Post 82, Escanaba; and Fern Dahlgren, Post 71. For your petitions, call (800) 424-FLAG.

McNAMARA SHOULD NOT PROFIT FROM VIETNAM CONFESSION

FORMER Secretary of Defense Robert McNamara should not be allowed to profit from his book about Vietnam after admitting he sent U.S. troops to die in a war that couldn't be won, National Commander William M. Detweiler contends.

In a statement released

to the media, Detweiler said McNamara should use money from his book, *In Retrospect: The Tragedy and Lessons of Vietnam*, to help heal the wounds of Vietnam veterans. McNamara was Secretary of Defense during the escalation of U.S. involvement in the Vietnam War.

McNamara said in his book that he knew he was sending troops into a war

that the United States couldn't win.

If McNamara knew the war was unwinnable, he should have resigned instead of carrying out a policy he didn't believe in, Detweiler said.

"The consequences of McNamara's failed judgment can be seen hobbling down the corridors of our nation's VA hospitals," he said. "The sacrifices of our

Vietnam veterans weren't wasted. They will stand for all time as a model of selflessness, of devotion to duty and love of country."

Detweiler said that if McNamara wants to atone for his decisions in the Vietnam War, he should give up any profits from the book and "help the people he harmed so many years ago." □

VA Health Care Needs Overhaul

THE CURRENT structure of the Veterans Health Administration (VHA) is unmanageable and needs an overhaul, Frank Buxton, deputy director of the Legion's Veterans Affairs and Rehabilitation division, told the House Veterans Affairs Subcommittee on Hospitals and Health Care.

In the testimony given this spring, Buxton outlined the Legion's plan for reorganizing VHA, which is the agency responsible for VA's health-care delivery system. Buxton recommended that instead of four medical regions, VHA should be divided into 22 areas to better serve the health-care needs of veterans.

"This system will place health-care management decisions close to patients," he told the congressmen.

Buxton also urged Congress not to reduce VA's health-care appropriations as the agency adopts reforms to make itself more efficient.

The Legion testified on

THE LEGION IN CONGRESS

several other issues involving veterans and national security, including:

Persian Gulf Illness. Urged a full epidemiological study of Gulf War veterans. (House VA Subcommittee on Hospitals and Health Care and Senate Armed Services Subcommittee on Personnel)

FY 1996 Coast Guard budget. Supports funding the Coast Guard at \$3.83 billion, slightly higher than its FY 1995 funding level. (House Transportation and Infrastructure Subcommittee on Coast Guards and Maritime Transportation)

Space program. Supports funding to meet the program's goals. (House Science Subcommittee on Space and Aeronautics)

FY 1996 Court of Veterans Appeals budget. Supports continued funding for free veterans' legal services to the court. (House

Appropriations Subcommittee on VA, HUD and Independent Agencies)

Veterans' employment and training. Recommends that the Disabled Veterans' Outreach Program and the Local Veterans' Employment Representatives programs be funded at \$98.3 million and \$86.3 billion, respectively. (House Appropriations Subcommittee on

Labor, Health and Human Services, Education and Related Agencies)

Vocational rehabilitation and counseling. Supports wide-ranging changes to improve the timeliness and delivery of services and success of the Voc Rehab program. (House Veterans Affairs Subcommittee on Education, Training, Employment and Housing) □

New York Student Wins National Oratorical Contest

ARON Egner of Ballston Lake, N.Y., is the winner of the 1995 American Legion National High School Oratorical Contest.

Egner, 17, son of David and Ilana Egner, will receive an \$18,000 scholarship for his speech, "Choosing Democracy," which he delivered at the finals held in Harrisburg, Pa., in April.

He was sponsored in the competition by Post 1450 of Clifton Park, N.Y. A senior at Shenendehowa Senior High School, Egner was elected governor at the 1994 New York American Legion Boys State and was attorney general at last year's Legion Boys Nation.

His winning speech was on citizens' right to vote. "Voting makes us the master of our fate, giving us the ability to bring leaders to power, or force them out of office," Egner told the audience at the finals. "It sends a strong, clear message to everyone who desires to govern us: that we, the people, are the true rulers. We can elect you or we can defeat you. You must respond to our needs and govern us well or you will not



remain in power.

"When you think of all the brave American soldiers who gave their lives to preserve our democratic way of life, it's hard to consider standing in line at the voting booth much of a sacrifice," said Egner.

In order of finish, other winners, prizes and their sponsors are: Mark Arimoto, \$16,000, Post 1, Honolulu, Hawaii; Brian R. Sappington, \$14,000, Post 7, Huron, S.D.; and Whitney L. Jackson, S.C., \$12,000, Post 120, Seneca, S.C.

About 25,000 high school students participated in the national contest this year. □

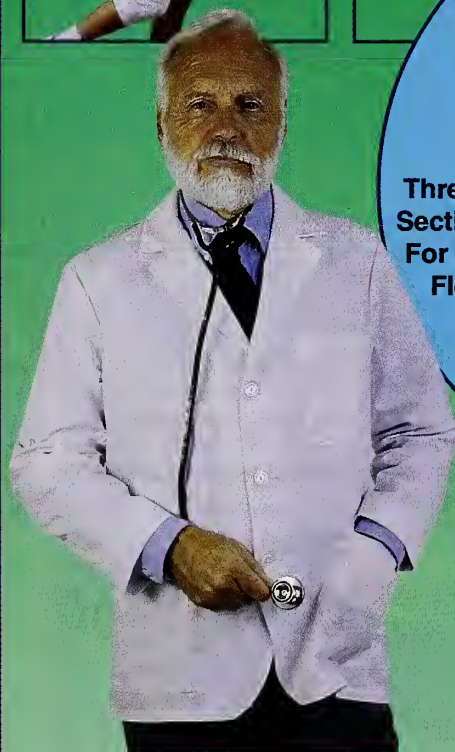
BANNER OF PRIDE



If your Post contributes to the National Emergency Fund (NEF), it will receive this bright yellow banner for your Post's colors. Re-established in 1989, the NEF has distributed more than \$900,000 to Legionnaires and their families in need of financial help after disasters. The only source of NEF funding is individual and Post donations. Send donations to: The National Emergency Fund, P.O. Box 6141, Indianapolis, IN 46206.

It's Just What The Doctor Ordered When Knees Are Painful!

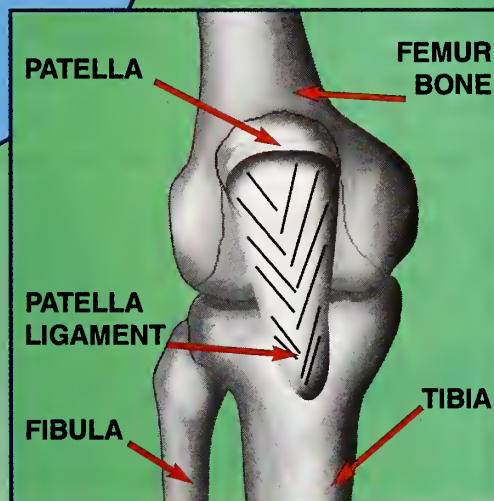
Get back to doing what you like to do!



Three Jointed Sections Allow For Maximum Flexibility

Custom Fit For Mobility & Comfort!
Supports & Protects Knee Joint - Lightweight.
Helps Retain Body Heat For Soothing Warmth.

"I recommend this style brace to help relieve pain, stiffness and strain from the knees and supporting muscle and tissue."



Stretchable Elastic Conforms To Protect & Fit Comfortably

There's nothing more annoying than knee pain. It simply drains you of your energy. Makes the day simply drag on instead of being enjoyed. Ordinary support and common knee bandages aren't equipped to handle the problem. Our knee support was originally designed with the athlete in mind. It was designed with the understanding of the knee and its limitations after agonizing sprains, cartilage tears, and damage of knee ligaments. But it is so exquisitely engineered and works so well for people who suffer from a wide array of knee problems, we decided to make it available to everybody who suffers from annoying knee problems.

No Drugs! Absorbs Shock - Gives Vital Support

We urge you to show it to your doctor and see if he doesn't recommend that you wear it. Provides comfortable uniform compression over injured soft tissue as well as vital lateral motion. You get kneecap protection and support. Its unique design easily fits snugly in position eliminating binding and bunching around the back of the knee, while allowing you ease of movement and a maximum full range of motion. The thick foam further protects the knee by absorbing shock. It also helps to retain bodyheat for soothing, relaxing warmth. If it doesn't give you instant relief from the misery of having a bad knee, simply return it for a refund. No questions asked. Adjustable closure assures you of a perfect comfortable fit for those sensitive joints. Lightweight and machine washable.

\$9.95

Why pay \$29.95?

Brace Applies Corrective Pressure To Patella And Patella Ligament To Help Relieve Strain And Pain

DEER CREEK PRODUCTS, INC., Dept. M562
3038 NW 25th Ave., Pompano Beach, FL. 33069

Comes with a 30 Day Money Back Guarantee
Adjustable closures - so one size fits all.

- ☐ One Knee Support only \$9.95 plus \$3.00 shipping and handling
- ☐ Two Knee Supports only \$18.95 plus \$5.00 shipping and handling

Name

Address

City

State Zip

USS Indianapolis Memorial To Be Dedicated

A MEMORIAL honoring the *USS Indianapolis (CA-35)*—the last ship sunk in World War II—will be unveiled in Indiana's State capital on Aug. 2.

The *Indianapolis* delivered the bomb that ended World War II to Tinian Island on July 16, 1945. But later that month, just after midnight on July 30, a Japanese submarine torpedoed the 671-foot-long cruiser and her 1,197-man crew. She sank in just 12 minutes. About 880 men were able to jump off into the dark Pacific waters, where for four days they battled sharks and exposure while attempting to stay afloat. Of the 316 who survived, as many as 190 are still alive, according to estimates by the USS

Indianapolis Survivors Memorial Association.

Survivors and families of survivors are invited to the dedication ceremonies Aug. 2. Those interested should call Travel One at (800) 234-2214 for information about attending the dedication.

"We're trying to get as many survivors and their families at this dedication as possible," said Patrick Finneran, executive director of the association. "If you know of anyone who was a survivor or family of a survivor, please tell them about this ceremony."

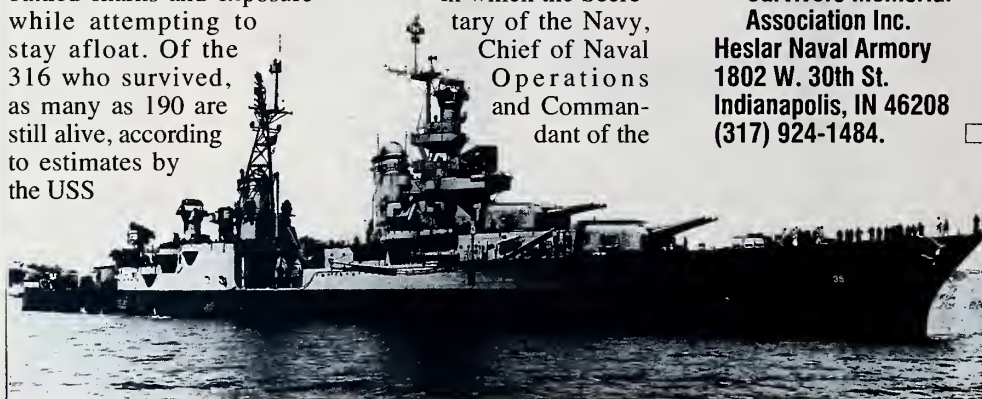
The ceremony will be a formal military dedication, in which the Secretary of the Navy, Chief of Naval Operations and Commandant of the

Marine Corps are expected to attend.

Located along the canal in downtown Indianapolis, the memorial is constructed of black and gray granite and mounted on an Indiana limestone base in the shape of a ship's hull. The monument is engraved with the names of the men aboard the ship when she was sunk. Along the perimeter of the monument is a tribute to those involved in rescuing the crew.

At press time, about \$50,000 was needed to cover the memorial's cost and upkeep. For more information, write or call:

**USS Indianapolis
Survivors Memorial
Association Inc.
Heslar Naval Armory
1802 W. 30th St.
Indianapolis, IN 46208
(317) 924-1484.** □



LEGIONNAIRES IN ACTION

Post 370 of Louisiana, Mo., dedicated a war memorial to all of those who have served.

Post 50 of Williams, Ore., is the final resting place for some of its former members. The Post provides a bronze plaque and space on the Post property for cremated remains.

Legionnaires Bob Martin and Tom McKernan of **Post 7, Chapala, Jalisco, Mexico**, showed their camaraderie by driving two-and-one-half days to bring home fellow Legionnaire Kenneth O. Johnson, who was in the VA hospital in San Antonio.

Post and Unit 126 of Forestville, Md., conducted an honors dinner for 11 outstanding local teachers.

The color guard of **Post 3 of Kingsport, Tenn.**, conducted 85 military funerals in the past year.

Post 411 of Islip, N.Y., donated a \$16,000 dialysis machine used nightly by Good Samaritan's Chronic Dialysis Center.

Post 190 of Portsmouth, Va., gave disabled veteran Earl Jones Sr., a Legionnaire with Post 280 in Chesapeake, Va., \$1,800 to travel to England to participate in the International British Wheelchair Games.

For the second consecutive year, **Post 283 of Pacific Palisades, Calif.**, provided more than \$60,000 for the purchase of new equipment for the VA Medical Center in West Los Angeles.

Arnold Hayes, a member of **Post 446, Warrensburg, N.Y.**, has donated more than 21 gallons of blood. That means by giving a pint at a time, he's visited blood banks more than 168 times. □

POSTING SUCCESS FOR AWARDS

DELAWARE is the winner of the 1995 General John J. Pershing Honor Award given annually to the American Legion Department that has the greatest percentage of its Posts with 100 percent or more of the previous year's membership.

In the competition year ending Dec. 31, 1994, 10 of the 32 Delaware Posts—or 31.25 percent—retained or increased their membership from last year. Listed are the top 10 Departments. □

DEPARTMENT	NUMBER OF POSTS	NUMBER OF 100 PERCENT	PERCENTAGE
Delaware	32	10	31.25
Mississippi	203	59	29.06
Ohio	626	175	27.96
Kentucky	176	44	25.00
Wisconsin	528	122	23.11
Puerto Rico	91	20	21.98
Minnesota	595	119	20.00
North Dakota	226	42	18.58
Georgia	241	41	17.01
Hawaii	30	5	16.67

At Last! You Can Own Our Version Of The Hottest Kitchen Wonders At Amazing Savings Of Up To 87%!

Welcome To Smart News™!

If you ever wanted to own products you've seen advertised on TV, but didn't like the hefty prices, you're going to love being a subscriber to Smart News™!

You'll receive a full year's subscription, that's six full-color issues of Smart News™, chock full of the latest and greatest TV products. The products we offer are different from those advertised on TV. Since we don't have to pay for expensive TV advertising, we are able to offer these great products to you at these bargain prices. You'll even get to preview the newest products before they're available in the stores!



Take this opportunity to order these famous products comparable to others seen on TV for a fraction of their TV price.

Right now we're charging only a small \$5 fee to defray some of the costs of producing, printing and mailing the Smart News™ to you six times each year! Mail your special order and subscription form today and start saving a bundle on exciting new products for yourself. Also great for gift giving for any occasion!

SMART NEWS™ UNCONDITIONAL GUARANTEE:

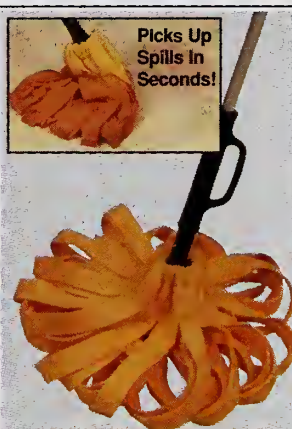
If at any time, you are not completely satisfied with any product you purchase or find a better price, just let us know and you'll receive a prompt and courteous refund.



THE CHOPPING WIZARD

The Chopping Wizard gives you all this!...Super sharp, stainless steel blades that race through even tough celery, carrots and garlic in seconds! Chopped onions—without teary eyes! Pureed fresh fruits for mouth-watering sauces and frozen desserts. Mashed potatoes with garlic that's free of lumps! **And so much more. Easy as 1, 2, 3!**

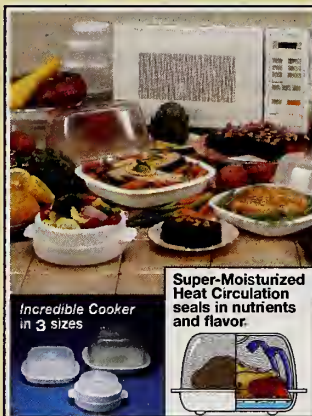
Our Price: only \$**4.95** Advised by others at \$29.95 You Save 83%



THE INCREDIBLE MOP™

Your most effective, effortless mop ever! Space age head absorbs over ten times its own weight! Even picks up coffee grounds, pet hair and more! Flexible, so it cleans tight spaces behind and between fixtures, appliances. Eliminates pre-vacuuming. Easy twist handle does the wringing, so there's no bending. Your hands stay clean and dry. No dripping, leaving floors almost dry! Make your life easier, own The Incredible Mop.™

Our Price: only \$**3.97** Advised by others at \$29.95 You Save 87%



THE INCREDIBLE COOKER™

Revolutionary concept in microwave cooking gives you complete, nutritious, home-cooked meals in 2–6 minutes! Reheats to perfection within one minute. Bathes foods in flavor. Totally eliminates "naked" flavor and texture! Set includes extra-large square, large square, medium round, and a recipe/cooking guide. Dishwasher and freezer safe.

Smart News™ Price: only \$**7.90** Advised by others at \$29.95 You Save 74%



THE INCREDIBLE DEFROSTER

- No Electricity • No Wires
- No Batteries • No Chemicals
- 100% Safe

Just minutes to dinner time – and you forgot to defrost the main course. No problem! Unexpected guests – but all the meat is frozen solid. No problem! Thanks to an amazing natural material combined with 21st century technology, you can easily defrost...

- CHICKEN BREASTS – In just 12 minutes!
- FISH – In just 10 minutes!
- STEAK – In just 28 minutes!

Smart News™ Price: only \$**7.95** Advised by others at \$19.95 You Save 60%

Smart News™ Special Subscription & Order Form

Item	Price Each	How Many	Total
Chopping Wizard			
Incredible Cooker			
Incredible Mop			
Incredible Defroster			

Shipping & Handling Chart				Subtotal
If order subtotals: add	If order subtotals: add	PA & NJ residents add sales tax		
up to \$12.00 \$4.99	\$25.01 – \$30.00 \$7.99	Shipping & Handling (see chart)		
\$12.01 – \$18.00 \$5.99	\$30.01 – \$45.00 \$8.99	Order Processing Fee	\$2.50	
\$18.01 – \$25.00 \$6.99	over \$45.00 \$9.99	Annual Fee (for new subscribers only)	\$5.00	
				TOTAL

Allow 4–6 weeks for delivery

CHARGE TO MY CREDIT CARD ☐ Visa ☐ Discover ☐ MasterCard

ACCOUNT NO. List ALL numbers on cards

Signature _____ Exp. Date _____

Name _____

Street _____ Apt. No. _____

City _____

State _____ Zip _____

Mail To: Smart News, Dept. SC6301, 1616 Duke Street, Laureldale, PA 19605

ALL FOR OLD GLORY



FLAG ADVOCATES—
At the Indiana War Memorial, Legislative Chairman Charles Pessio, National Commander Detweiler, Texas Department Commander William Farmer, and Rev. Jerry Salvesson review CFA plans.

• "We need the same determination in pressing for the flag amendment as we displayed during the Enola Gay incident."
• —**Nat'l. Cmdr. Detweiler**

THE ATMOSPHERE inside the Indiana War Memorial couldn't have been more perfect for the occasion. Reminders of patriotism and sacrifice seemed to exude from every inch of the grand auditorium. Here in this hallowed hall decorated with red, white and blue bunting, and guarded by gilded eagles, the

Legion's National Executive Committee (NEC) reaffirmed its commitment to the flag during the opening session of its Spring Meeting, May 2-4.

The NEC unanimously approved Res. 8, allocating \$2.8 million more to The Citizens Flag Alliance, Inc. (CFA) to continue campaigning for a constitutional amendment to protect the flag.

"We've done the proper thing, something for America," said National Commander William M. Detweiler after the resolution passed.

The funding came at a crucial time for the CFA. The House Judiciary Committee was scheduled to begin hearings on May 24 on the amendment to allow Congress and the states to pass laws protecting the flag from physical desecration. At press time, the House bill proposing the amendment had 269 cosponsors, and the Senate bill, 53.

Forty-nine state legislatures, representing 99 percent of the population of America, also have passed memorializing resolutions calling for flag protection. As of May, the CFA had grown to include 97 organizations representing 30 million Americans.

"We have come too far to lose now," CFA President Daniel S. Wheeler told the NEC. "This issue has been resurrected because of your hard work this year. If we were to quit now, the winners would be those who burn the flag."

George Boucek, chairman of the Legion's National Finance Commission, expressed his colleagues' support for the additional funding by saying, "We have to put our money where our mouth is."

MBNA, a corporate partner and provider of The American Legion charge cards, is also backing the flag campaign. As a CFA member, MBNA will match any donation up to \$100 made on your Legion/ MBNA credit card. Call 1 (800) 424-FLAG to make your credit card donation.

Other contributors convened at the war memorial, just south of the Legion's National Headquarters. The



EMERGENCY AID—
New York donated \$15,000 to the National Emergency Fund. From left, Department Commander David Varney; Alt. NECman William Brown; Detweiler; and Internal Affairs Chairman Herm Harrington.

Department of Indiana donated \$10,000 to the CFA, while the Department of Georgia gave \$1,000. In addition, the Departments of Illinois, Virginia, New Hampshire, California and Colorado turned in hundreds of petitions bearing the signatures of thousands of Americans asking for a flag-protection amendment.

At the NEC meeting, the Departments of North Carolina, Iowa, Oregon, Kentucky, Washington and Hawaii were awarded plaques for their successful efforts in getting their state legislatures to pass memorializing resolutions on behalf of the flag.

NO TEARS

During the first day's session, Detweiler announced that Martin Harwit, director of the National Air and Space Museum (NASM), had just resigned. Detweiler noted that the Legion's battle with NASM over the Enola Gay exhibit never focused on personalities involved, just the historical inaccuracies.

Herman Harrington, who as chairman of the Legion's Internal Affairs Commission also led the Legion's fight against the pro-Japanese exhibit originally proposed by NASM, said that when Harwit "finally looked us in the eyes and saw our resolve, he realized his position was doomed. We shed no tears for his departure."

Harrington said the Legion is urging that a fully restored Enola Gay be displayed in the Smithsonian Institution in Washington, D.C. If that cannot be done, Harrington added, the air-

craft should be placed in museum that will exhibit it properly.

Detweiler drew a parallel between the Smithsonian controversy and the CFA campaign, saying,

"We need the same determination in pressing for the flag amendment as we displayed during the Enola Gay incident. We must not become apathetic."

MEMBERSHIP

"I'm afraid the news is not very good," said Bettylou Evans, chairperson of the Membership and Post Activities Committee. She reported that

membership was more than 140,000 below where it was last year at the same time. Although membership generated through direct mail has increased, she noted, the gain was more than offset by an apparent breakdown in more direct recruitment methods.

"We must return to traditional membership recruiting—one member asking an eligible veteran to join—and make people aware of the benefits of having Legion Posts in their communities," said Evans.

South Carolina NECman E. Roy Stone Jr. urged Departments to try harder to keep Posts from canceling their charters. In the past seven years, said Stone, the Legion has lost 452 Posts, a drop from 15,334 in 1988 to 14,882 today.

"If this keeps up, we're not going to have enough members to fill this hall," Stone said angrily. "We need to keep these Posts. Once we're out of a community, we've lost our leverage."

Stone asked the NEC to urge Departments to make an "honest" effort to keep alive the 45 Posts who have requested to cancel their charters this year. "If we save even five, it's worth it," he said. The NEC concurred and rejected the motion to cancel the Post charters.

OKLAHOMA TRAGEDY

Heavy on the minds of many attending the Spring Meeting was the bombing of the P. Murrah Federal Building.

Please turn to page 63



FOR THE CHILDREN—Auxiliary National President Linda Newsome gives Detweiler a \$20,000 check for Legion Children and Youth programs.



REPORT FROM OKLAHOMA—NECman Lawrence Roy thanks those who helped in the aftermath of the Alfred P. Murrah Federal Building bombing.

THE LEADING EDGE



JOHN E. SIMON

PINNACLE—Each summer, two boys from each state program are eligible to attend Boys Nation.

For six decades, The American Legion Boys State program has taught the nation's future leaders about government and civic responsibility.



NEIL WOLITZER, a recent graduate of Nova High School in Hollywood, Fla., believes that what he learned at The American Legion's Boys State program helped him get a four-year ROTC scholarship to attend Princeton

University.

- Surgeon F. Brett Shannon says that daily, he uses skills he acquired in the Legion's unique program.

- Steven L. Grand attended the Missouri Boys State program in 1979 and has since become a political consultant to Vice President Al Gore.

- And of course, President Bill Clinton credits Boys State and Boys Nation with launching his political career.

These are just a few of the success

stories involving the 1.5 million young men who have learned the basics of democracy from the Boys State program over the years. This summer, the program celebrates six decades of teaching good citizenship. Founded in 1935 to supplement high school civics classes, the program was born out of a desire to counter the fascist camps that were popping up throughout America.

Legionnaires Hayes Kennedy and Harold Card of the Department of Illinois conducted the first program in June 1935 at the Illinois State Fairgrounds in Springfield.

This year more than 28,000 boys will participate in Boys States. In addition, for the past 50 years, two boys from each state have attended Boys Nation, a national version of the program conducted each summer in Washington, D.C.

Forty-nine states conduct programs, Hawaii being the one exception. Most programs are based at college campuses and last about a week.

Boys State programs seek only boys with outstanding qualities of leadership, character, scholarship, loyalty and service to their schools. Eligibility is restricted to students who have successfully completed their junior year in high school and have at least one more semester of high school remaining.

Generally, the participants are selected by American Legion Posts following recommendations by school officials.

As a rule, each Boys State program is modeled after its state government. Delegates form mock cities and hold elections to fill offices such as governor and attorney general.

When the delegates arrive at Boys State, they are assigned to one of two political parties, generally dubbed the Nationalists and the Federalists. Instruction is provided by an experienced Boys State staff, some of whom also occupy local elective offices. In many states, political officials also participate in the activities. In Ohio, for example, the program features State Government Day, in which the "Boys Staters" welcome government officials, including Gov. George Voinovich and heads of state agencies.

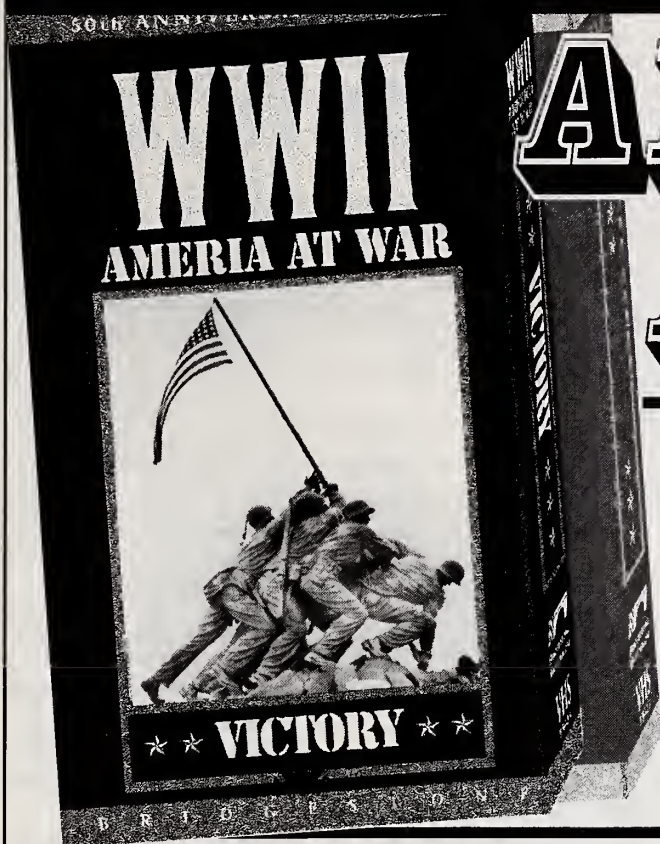
In addition to basic course of instruction, Boys State programs often offer tours of historic sites and other informative activities. For example, the Department of California Boys State program includes a half-day trip to the state capitol in Sacramento, where students meet with legislators. But it's not all a lesson in political skills. One night of the California program is devoted to a jamboree in which the boys show off their talents in comedy and music.

At the Missouri Boys State, the boys publish a daily newspaper and write, edit and produce a 10- to 15-minute nightly television show. Each noon, a radio news show produced by the students is broadcast statewide.

"The program sows the seeds for future involvement in community affairs, and it teaches teamwork and respect for the diversity of the community," says Leo Vecellio Jr., who attended the 1963 Boys Nation and West Virginia Boys State, and went on to become the CEO of his own construction company.

Whether the students are learning how to operate a radio station or how to get elected to an office, the mission of Boys State from its beginning has been to teach young men that the individual is an integral part of the community and government. □

Incredible World War II Footage Never Offered Before!



AMERICA AT WAR

**Rare Historic &
Combat Footage
Not Seen In Over
40 Years ... Now
On Sale In A**

**An Historic
Documentary
Tribute To
America's
Finest Hours!**

**Special 50th Anniversary "End Of
The War" Home Video Collection!**

From Hitler's rise to power to the Normandy Invasion and Germany and Japan's unconditional surrender and the Nuremberg war crime trials, this unprecedented collection traces and documents the heroism and courage of America's armed forces in World War II. In original authentic film clips and actual combat footage you get a rare look at the dramatic events that plunged the world into war, including Neville Chamberlain's infamous "Peace In Our Time" speech and capitulation to Hitler ... Germany's blitzkrieg conquest of Europe ... Dunkirk ... V1 buzz bombs over London ... America's entry to war and the Allies' inevitable victory.

You'll witness our dramatic amphibious assaults under fire at Sicily, Salerno and Iwo Jima with the awesome U. S. Naval 16 inch gun bombardment of the beaches ... the invasion build-up in England ... the 82nd and 101st Airborne troops parachute drops behind the German lines on D-Day Minus 1 ... the biggest naval bombardment in history as the invasion fleet closes in on the beaches of Normandy ... the allied landings under withering German fire. Plus you'll see the devastating 1000 plane bombing raids over Germany and

**ADDED
BONUS**

SHOW BUSINESS IN WAR

Throughout World War II America's greatest entertainers including Bob Hope ... Bing Crosby ... the Andrews Sisters ... Dinah Shore ... Al Jolson ... Lana Turner ... Betty Hutton and many more helped to keep our troops' moral high with their special performances. You'll see original film clips of these stars overseas and at home in New York's famous Stage Door Canteen and the Hollywood Canteen. This 50th Anniversary Edition is a lasting tribute to our armed forces and is not available in any store at this low price!

Tokyo ... aerial dog fights ... Japanese aerial suicide attacks ... the block-by-block last ditch defense and Allied crumbling of Berlin. Finally, thrill to Germany's surrender and the historic filming of General Douglas MacArthur accepting Japan's unconditional surrender aboard the battleship Missouri in Tokyo Bay.

AMERICA AT WAR 50th Anniversary Home Video Edition

COLLECTION #1
Preparing For War
Our Troops Under Fire

COLLECTION #2
Show Business In War
Victory

THIS OFFER WILL NOT BE REPEATED

Hurry, order now to get prompt delivery of our first edition run. All videos are produced on state-of-the-art equipment and the quality of these authentic documentaries is excellent. You must be thrilled and delighted with these historic collections or return the tapes for a full refund of purchase price (less P&H).

COLLECTOR'S EDITION - NOT AVAILABLE IN STORES

-----MAIL NO-RISK COUPON TODAY-----

VIDEO BARGAINS, Dept. AW-52

One Eversley Ave., Norwalk, CT 06851-5844

Please rush me those America At War 50th Anniversary Documentaries on Video Tape I have checked below on your full money back guarantee if not delighted.

- ☐ **COLLECTION #1** - 2 Original Authentic Volumes (90 min.) only **\$19.98**
☐ **COLLECTION #2** - 2 More Original Authentic Volumes only (90 min.) **\$19.98**
☐ **SAVE BIG!** Buy **COLLECTIONS #1 & #2** for only **\$29.98**.

Add only \$5 P&H no matter how many collections you order.

Enclosed is \$ _____ CT Residents add 6% sales tax.

CHARGE IT: ☐ VISA ☐ MasterCard

Acct. # _____ Exp. Date _____

Name _____

Address _____

City _____ State _____ Zip _____

THE VETERANS' CONNECTION

VETS is a service that provides information about military reunions, helps veterans find old buddies and arranges reunions, travel and accommodations.

REUNIONS INFORMATION

This month there are 929 military reunions listed on these pages. In addition, VETS has information on more than 12,000 other reunions. Call VETS weekdays, 12 noon to 8 p.m., CDT. Calls cost \$1.95 per minute. The average call takes two minutes.

1 (900) 737-VETS

1 (900) 737-8387

If you know the VETS five-digit number assigned to your ship or unit, please give it to the operator. The number is printed after each outfit's name listed in the magazine. If you don't know the VETS number or do not see your ship or unit listed in the magazine, VETS operators may still be able to provide you reunion information. Units are enrolling in VETS daily.

PLANNING A REUNION

VETS will help you arrange your outfit's reunion at no cost and save money in the process. Finders/Seeker services are included free for VETS managed reunions. VETS also will maintain reunion coordinators' mailing lists and unit archives, and handle all reunion publicity needs. Tell VETS what you want, and they will do the work.

REUNION PLANNING & TRAVEL

Call **VETSTRAVEL**. You'll get the lowest possible hotel, banquet, tour and travel rates.

1 (800) 844-VETS

1 (800) 844-8387

FINDING A BUDDY

Looking for a buddy or long lost relative? VETS' Finders/Seekers service will send you a computer listing of names, addresses and phone numbers of people in the United States who have the same name as the person you're seeking. Finders/Seekers guarantees you will get at least one name that matches, or it will refund your money. Search fees are \$15 per name. Allow six weeks for a reply.

Write **Finders/Seekers, P.O. Box 901, Columbia, MO 65205-0901**; or call **(800) 449-VETS**. Mastercard/VISA accepted.

OUTFIT REUNIONS

Reunion coordinators can enroll their units in VETS by sending a self-addressed, stamped envelope to VETS, P.O. Box 901, Columbia, MO 65205-0901. Unit names are published one time per year.

Army

1st Battle Grp, 26th Rgt, B Co (Ft Riley, KS '58/60) #12188
1st FII Inf. Rgt., VFW Post 1572 (Waipahu, HI) #19791
1st Inf. Div.: Officers (WWI/WWII/Vietnam/Pers.Gulf) #15695
1st Radio Research Avn. Co. (1967-68) "Crazy Cat" #13968
2nd Arm'd Div., 17th Engr. Bn., C Co. #19805
2nd Arm'd Div., 41st AIB, B Co/HQ Co./Serv. Co./& HQ (1950-52) #21674
2nd Arm'd Div., 82nd Rcn. Bn., A Co. "Hell on Wheels" #19096
2nd Cav. Assn. #20068
2nd FA Obsn. Bn. (WWII) #11536
3rd Arm'd Div., 122nd Maint. Bn., B Co. (Ger '70/73) #19754
3rd Chemical Mortar Bn. (Korea)

#19795
3rd Inf. Div. Society #22974
4th Arm'd Div. Arty./Sup. Units #13152
4th General Hospital (WWII) #16598
4th Inf. Div., 1st Brig., 4th Bn., C Co. 3rd Plt. #19799
4th Recon. Bn. Assn. (US Forces in Austria, '45/55) #10587
4th Replacement Dpt. (SWPTO WWII) #15622
5th Inf. Div., 11th Rgt., 1st Bn., Co. D (Vietnam 68/69) #19346
6th/8th Army, 727th Amphib. Tractor Bn. (PTO WWII) #14200
6th Med. Supply Depot (Korea 50/53) #19770
7th Engr. Combat Bn. #18718
7th FA Assn. #10368
7th FA Obsn. Bn. (WWII) #15605
7th Inf. Div., 50th Engr. Combat Bn., C Co. #15740
7th Inf Div, 7th Rgt #19379
7th Rgt, 2nd Bn, HQ Co. (81 MM Mortar Assn.) (WWII) #19418
8th Army Headquarters (Japan/Korea WWII) #14787
9th Arm'd Div., 2nd Tank Bn. #11035
9th Inf Div, 39th Rgt, F Co (WWII)

#10291
11th A/B Div, 511th PIR (Para.Inf Rgt), D Co #22828
11th Arm'd Cav. Rgt. "Blackhorse Assn" #22777
11th Engr. (C) Bn. (Korea) #11423
13th Arm'd Division Assn. #10409
14th Arm'd "Liberator" Div. Assn. #10814
15th General Hospital (Eng, WWII) #19753
16th Arm'd Div., 137th Ord. Maint. Bn. #10244
16th Arm'd Div. Assn. #10170
17th A/B Div. Assn. #16619
19th AAA Gp. #19800
19th Combat Eng. Bn. Assn. (VN) #12623
20th Arm'd Div., Trains #12696
23rd Arty Gp. (Ft. Lewis, WA 1962/64) #19769
24th Cav. Gp. #19835
24th Inf. Div., 21st Rgt., L Co. (Korea 1950/51) #12001
24th Inf. Div. Asso. (all yrs., all units) #19813
25th FA Bn. (WWII) #12178
25th Inf. Div., 27th Rgt. (Korea 50/53) #19090
25th Inf. Div., 27th Rgt. (WWII) "Wolfhounds Assn." #11844
25th Inf. Div., 35th Rgt., L Co. & 29th Rgt., C Co. (Korea) #10864
26th Inf., Scout Dog Plt. (Korea 1-53/12-54) #19747
28th General Hospital (1951/53) #16655
28th Inf. Div., 112th Reg., I Co. (50/53) #19750
28th Inf. Div. Vets (WWII) "Heritage Assn." #10355
30th FA Bn. #11472
30th Inf. Div., 119th Rgt., G Co. #15610
31st "Dixie" Div. (WWII) ALL UNITS #19478
31st Inf. Div., 198th Tank Bn. (Korea) #19810
31st Inf. Div., "Dixie Div" Assn. Inc. #15284
32nd Arty, 6th Bn. (Ft. Lewis, WA 1963/64) #19767
34th General Hospital (Korea, 1951/53) #20547
34th Inf. Div., 133rd Rgt., K Co. (WWII) #11052
36th Station Complement #19823
37th Inf. Div., 148th Rgt., 3rd Bn., HQ & K Co. (WWII & Korea) #10448
37th Inf. Div., All Units (FL Chapt.) #30032
37th Inf. Div. Veterans Assn. ("Dixie Div.") #15753
37th Ord. Co. Assn. (WWII) #10029
38th Inf. Div., 151st Rgt., G Co. (WWII) #16075
38th Ord. MM Co. (1941/45) #15545
40th Engr. Combat Assn. (WWII) #10402
40th Inf. Div., 140th Tank Bn, A Co. (Korea) #16030
40th Inf. Div., 160th Rgt., 1st Bn., A Co. #10427
40th Inf. Div., 223rd Rgt., M Co. (Korea) #11191
40th Inf Div, 224th Rgt, Hvy Mrtr Co (Korea, 1950/53) #10731
44th Eng. Const. Bn. (Bragg-McClellen, Korea, 1949-52) #13263
45th Inf. Div., 179th Rgt., (H) Mortar Co. (Korea) #19764
45th Inf Div, 180th Inf Rgt, Serv. Co (Korea) #20904
45th Inf. Div.: 180th Rgt., G Co. "Thunderbirds" (WWII & Korea) #15990
45th Inf. Div., AG Section (Korea) #15674
46th Engr. Combat Bn., C Co. #16672
48th Engr. Rgt., 235th Engr. (C) Bn./1108th Engr. (C) Gp. #15644
51st General Hospital (New Guinea, P.I. WWII) #16320
52nd Engr. Combat Bn., C Co. (WWII) #22885
52nd Med. Bn. (WWII) #15583
52nd MP Co. (TX 1950's) #19841
55th FA Bn. (WWII) #11024
55th QM Rgt., G Co./882nd Ord., HAM Co. #20054
58th Engr. Float. Bridge Co. #19145
59th Engr. Const. Co. (1950/55) #22902
62nd AAA, C Btry. (WWII) #10590
64th General Hospital #16257
65th Field Hospital #21857
66th Inf. Div. (Leopoldville Survivors, WWII) #30035
74th CA AA & 370th Engr Combat Bn Assn (WWII) #16715
75th CA (AA) Rgt., F Btry. (1940/44) #22605
78th AAA Gun Bn. #21018
79th Engr. Const. Bn. (Korea) (50/51) #19343
79th Inf Div, 314th Rgt, 2nd Bn, H Co (WWII) #18790
80th FA, 6th Btn, Hdq. Btry. (68-69) #19245
80th General Hosp, 141st Fld. Hosp, HQ Base M Sec. (WWII) #15364
80th Inf. Div., 318th Rgt., F Co. #19144
81st Inf. Div., 81st QM Co. (WWII) #10166
81st Inf. Div. Assn. "Wildcats" (WWI, WWII) #20950
82nd A/B, 325th Honor Guard, Hq/Hq Co. (1954/56) #19804
83rd Inf. Div., 329th Rgt., HQ Co. (WWII) #16490
83rd Ord. Co. (HM) Tank #19830
85th Inf Div, 85th Recon Trp (WWII, Africa/Italy) #23106
87th Inf Div, 546/564th FA Bn, (Ft Riley, KS/Ft Lewis, WA) #14409
89th Chem. Mortar Bn. #10691
91st Engr. Combat Bn., A Co, 3rd Plt. #22867
93rd AA Bn., B Btry. #15259
94th Engr. Const. Bn., C Co. (Fort Belvoir, VA) #22683
97th General Hospital (WWII) #20637
97th Inf Div, 303rd Rgt, 1st Bn, HQ Co (WWII) #10285
97th Inf. Div., 387th Rgt., F Co. #20106
98th Chem. Composite Co. (WWII) #15697
100th Inf. Div., 397th Rgt., A Co. (WWII) #12507
101st A/B Div, 320th Arty, C Btry (62/66) #19790
103rd Inf. Div. (WWII) #21864
107th Engr. Bn., C Co. #17229
112th Sta. Hosp., 263rd General Hosp. (Calcutta) #10479
122nd Port Bn. (WWII) #19811
123rd General Hospital #21861
131st Truck Co. (WWII) #15546
132nd Engr. Combat Bn. #16688
134th AAA Gun Bn. (Mobile, WWII) #22910
138th/198th/452nd FA Bns. Assn. (WWI, WWII, Korea, VN) #10370
138th Engr. Combat Bn. #10347
139th OBAM Bn., 3037th Co. #15462
140th Inf. RCT (all units, WWII) #19826
147th FA Rgt. (WWII) #16647
148th Ord. M.V.A. Co. (WWII) #15775
150th FA Bn. (WWII) #16021
156th General Hosp. #13753
159th Inf. Rgt. (Alleutian, Attu Is. 43/44) #19793
167th Engr. (C) Bn. (WWII) #18926
172nd Engr. Combat Bn., A/B/C/HQ Cos.(WWII) #15300
185th Signal Bn., B Co. (Camp Polk, LA, Korea) #16348
195th AAA AW Bn. (WWII) #13016
195th FA Bn (WWII) #19414
195th Ord. Depot Co. (Korea) #21866
195th Ord., Depot Co. (Korea) #19774
198th CA Assn. #20679
199th Engr. (C) Bn. #10113
200th Inf. Div., 2nd Bn., C Co. #19827
202nd Engr. Combat Bn., C Co. (WWII) #16397
203rd Engr. Combat Bn., A Co. #14108
203rd FA Btry., HQ Co. #10880
204th General Hospital (WWII) #22373
217th General Hospital #23082
227th AAA S/L Bn. Assn. (All Btrys./WWII) #15992
229th Ord., HAM Co./329th Recon. Co. #14220
231st Station Hospital (Eng., WWII) #16448
233rd Engr. (C) Bn. #15577
237th AAA SL Bn, B Btry. #19834
243rd FA Bn. Assn. WWII #16564
243rd Port Co., 495th Port Bn. (WWII) #10580
246th CA Assn. (WWII) #10985
247th Engr. Combat Bn. #10177
250th FA Bn. (WWII) #21659
253rd Engr. Combat Engr., Hq & Supply #19820
253rd Engr. Combat Bn., Med. Det. #18853
255th FA Bn. (WWII) #16130

Please turn page

Natural Prostate Relief

It's a natural fact. If you are a male over 40 and don't already suffer from a prostate gland disorder, the odds are 2 to 1 that you will before you are 59. By the age of 65, most American men have enlarged prostates.

As the years pass, mild discomforts can become disabling. Today, prostate surgery is the second most commonly performed surgery in men over age 65! Surgical complications can include total loss of bladder control and sexual dysfunction.

Prescription drugs may halt the swelling, but rarely end the suffering. Also, many prescription drugs may have side-effects, like weak erections and low sex drive.

Many doctors feel that prostate disorders can be treated or prevented by giving the prostate gland the nutrition it lacks.

Recent scientific research has shown how to remedy the underlying problems associated with prostate disorders--safely and effectively. These results have been published in the *British Journal of Clinical Pharmacology*, the *Journal of the American Geriatric Society* and papers from the *National Cancer Institute*. They reveal that several vitamins, minerals and natural herbs can dramatically shrink the prostate and improve urinary performance in older men.



Our customers have said
Prostsafeproduct helps to:

**Halt the endless trips to the
bathroom during the night!**

**Stop that burning sensation
during or after urination!**

**Prevent uncontrollable
wetting!**

Improve bladder control!

Empty bladder completely!

**Sustain erections and
enhance virility!**

Please a concerned wife!

The most modern application of these healthy ingredients is found in **Prostsafeproduct** from Whitewing Labs. **Prostsafeproduct** is the nutritional "tool kit" for men with benign prostate problems, and those who wish to prevent them. It is a mixture of zinc, serenoa serrulata, ginseng, certain amino acids, bee pollen and vitamins A, B-6 and E. Working as a team, these ingredients have been shown to shrink a swollen prostate.



*Dr. Michael Rosenbaum, M.D. says
"Prostsafeproduct supplies essential vitamins,
minerals and herbs needed to nourish
and maintain a healthy prostate."*

For as little as a dollar a day, that seems like inexpensive insurance against prostate disorders. If for some reason you are not satisfied, just return the unused portion within 30 days for a full refund.

The reasons why men over 40 use **Prostsafeproduct** are clear. If you are looking for relief, order **Prostsafeproduct** today.

*"Now I get a good night's
sleep without getting up every
two hours to urinate."*

-- Mr. C. Hussy
Cleburne, TX

*"I previously encountered
discomforts such as bladder
urgency. These problems are now
completely absent."*

-- Mr. B. Doser
Holland, MI

*"Prostsafeproduct has stopped the
burning after urination."*

-- Mr. C.E. Black
Barboursville, WV

*"This is a little personal but, how
can I say, I am more virile."*

-- Mr. G. Howard
Cleveland, OH

*"I empty my bladder and have
a good stream of urine with
no strain."*

-- Mr. S.J. Hymel
Houma, LA

*"...and in the sex department, my
wife thanks you."*

-- Mr. G. Sawin
Lynnwood, WA

Whitewing Labs, Dept. 175

17939 Chatsworth St., Suite 408, Granada Hills, CA 91344

- ☐ PS1 1 month supply of Prostsafeproduct only \$34.95 plus \$4.50 S&H
 - ☐ PS2 2 month supply only \$59.95 (Save \$9.95) plus \$4.50 S&H
 - ☐ PS6 6 month supply only \$119.95 (Save \$89.75) plus \$4.50 S&H
- Check enclosed \$ _____ CA res. add 8.25% & AZ res. add 5.5%
 Visa/MC/AmEx/Discover _____ Exp: _____
 Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone (_____) _____

or call 1-800-950-3030 Dept 175

258th FA Bn. #15943
 267th Sep. Coast Arty. Bn. #15980
 278th Engr. (C) Bn., B Co. (WWII) #15945
 278th RCT/190 Engr/191 FA Bn (Korean War) #16732
 280th FA Bn. (WWII) #16212
 285th Ord., HAM Co. (Austria 1953/55) #21451
 289th Engr. (C) Bn. #15261
 293rd Engr. Const. Bn. & Assoc. Units (52/60) #11111
 323rd Engineers Light Equipment Co. (Korea) #22971
 337th/1338th Combat Engrs. #15779
 343rd Engr., A/B/C/Comp. Cos. #20733
 346th Engrs. (WWII) #16092
 348th Station Hospital (WWII) #15301
 349th Engr., E Co. (Alaska 1942/45) #19732
 353rd Harbor Craft Co. (WWII) #20242
 383rd AAA AW Bn. #20197
 390th Signal Avn. Co., SP (WWII) #15453
 392nd Port Bn. (Marseilles, FR 1944) #19758
 398th AAA Bn. (Korea) #15718
 399th Evac. Hospital (51/54) #19757
 431st Sig Hvy Const Bn, A/B/HQ Co.'s (WWII) #20787
 439th MPEG Co. #22952
 440th AAA (AW) Bn. (WWII) #17610
 442nd Ord., HAM Co. (WWII) #11538
 445th Ord., HAM Co. #15242
 457th Engr. Depot Co. (WWII) #20633
 463rd Ord. Evac. Co. WWII #21307
 468th AAA AW Bn (SP) (WWII) #11537
 469th AAA Bn. #13540
 472nd AAA Bn. #11250
 472nd MP Co. #15687
 477th QM Truck Rgt., E Co. (AK Hwy, 1943/44) #22678
 487th Engr. W.S. Bn., A/B/C/HQ Cos. (WWII) #22936
 488th AAA Bn. #11146
 488th Port Bn., 188/189/190/191 Port Cos. #10811
 489th Port Bn. (WWII) #10133
 494th Ord., HAM Co. (WWII) #11551
 503rd MP Bn., B Co. (WWII) #20856
 518th Hvy. Main. Ord. Co. (WWII) #19451
 519th Ord. H.A.M. Co. #22865
 522nd Ord. H.M.F.A. Co. #16590
 525th Ord. Co., HMTK (WWII) #19512
 534th AAA Bn., B Btry. (WWII) #10363
 573rd AAA AW Bn. (WWII) #15731
 577th Engr. Bn., A Co. (VN) #13042
 579th AAA AW Bn., B Btry. (WWII) #14342
 609th QM Graves Registration #14232
 623rd FA Bn., Bty. B #12738
 624th QM Laundry Co. #20731
 626th L.E. Engrs. Co. (1943/Present) #12542
 630th AAA Bn. (WWII) #16457
 632nd TD Bn, C Co (Red Arrow Div, Pac. Theater) #30045
 653rd Topo Engr. #19357
 705th AAA Gun Bn., B Btry. (Okinawa 1950/54) #14795
 707th Tank Bn. Assn. (All Co.'s, WWII) #16702
 709th Tank Bn. Assn. (WWII) #15342
 711th Tank Bn, A Co. #19304
 718th R.O.B. #16154
 724th TROB (Korea) #15568
 725th/791st MP Bns. (WWII) #16330
 729th Railway Oper. Bn. (WWII) #16242
 735th Military Police Bn. Assn. #16676
 738th MP Bn. (All Members) #15311
 739th Eng. Hvy. Shop Co. #19789
 750th Tank Bn, B Co. #28406
 756th FA Bn. Assn. (WWII/Korea) #16132
 757th Tank Bn. (WWII) #16264
 759th MP Bn. (Berlin 1945/53) #12396
 760th FA Bn. Assn. #20860
 765th Trans. Rlwy. S. Bn. (Korea) #21880
 769th MP Bn., A Co. #10332
 778th Tank Bn. (WWII) #11109
 795th AAA AW Bn. (WWII) #10426
 802nd TD Bn. #16601
 805th TD Bn., Recon. Sq (WWII) #19746
 814th Ord. Base Dpt. Co. (WWII) #20948
 816th Engr. Avn. Bn. #12833
 817th Eng. Avn. Bn. #22835
 832nd Sig. Ser. Bn. #14071
 841st Engr Avn Bn (WWII & Korea) #21784
 843rd AAA AW Bn. #16444
 855TH Ord., HAM Co. #20976

858th Ord., HAM Co. #15720
 861st Ord., HAM Co. #15497
 869th Med. Coll. Co. (Germany, 1950/52) #19689
 871st Ord., HAM Co. (PGC)/54th QM Co. #16201
 878th Ord., HAM Co. (WWII) #16574
 884th Ord., HAM Co./55th QM Rgt., 3rd Bn., K Co. #16305
 891st Ord., HAM Co. #14059
 894th Ord., HAM Co. #10749
 900TH Ord., HAM Co. #20280
 906th Ord., HAM Co. #16086
 967th Ord., HAM Co. #13089
 974th Engr. Maint. Co. #16308
 976th FA Bn. (WWII) #28420
 1123rd MP Co. #12203
 1251st Engr. Combat Bn #19762
 1255th Engr. (C) Bn. (WWII) #16380
 1271st AACs & 2nd AACs (ETO-WWII/1960's) #11395
 1275th Engr. Combat, C Co. #14250
 1276th Engineers, C Co., Motor Pool #20836
 1280th Engr. Combat Bn., A Co. (WWII) #11676
 1462nd Engr. Boat Maint. Co., 3rd ESB #16441
 1478th Engr. Maint. Co. #19477
 1491th Engr. Maint. Co. #19768
 1878th Engr. Avn. Bn., C Co. #13361
 1884th Engr. Avn. Bn. (WWII) #22201
 1938th Engr. Avn. Bn. (1943/46) #19812
 3110th Sig Serv Bn, B Co (Paris, WWII) #20885
 3169th Sig Ser Bn, DS Seaborne Comm Det, Weeroona (WWII) #12543
 3498th Engr. Amphib., 2nd Brgde. #13547
 4025th Sig. Ser. Bn. (SW Pacific WWII) #12415
 4025th Sig. Serv. Group (Manilla WWII) #19781
 135/1265th Combat Engrs. (WWII) #16352
 6811/6812/6813th Sig. Sec. Det. (WWII, ETO) #13072
 Army Avn. Assn. of America's (AAAA) #23015
 Camp Fannin Officers, Trainees & Cadre (1943/45) #10798
 Chosin Few (Army Chapter) #16532
 Christmas Island Task Force-APO 915 (WWII) #14148
 Combat Infantrymen's Assn. (All C.I.B. holders) #11507
 Engr. Avn. Bns. of Korea (50/53) #19803
 Finance Office (Tireste, Italy 53/54) #19759
 Fort Richardson, Alaska (All Personnel) #13479
 I Corp., Artillery, HQ Btry #19807
 II Corps HQ, II Dir. Air Spt. Ctr., Advls. Tm. 21 (Pleiku, Vn 1966/67) #16806
 LCT Flotillas (WWII) #19430
 Long Binh Post Legal Center (Vietnam 70) #19796
 Merrill's Marauders Assn. (5307th, 475th & Spprt. Grps.) (CBI WWII) #15476
 OCS 3rd Army (Seckenheim, Ger. 1946) #13289
 OCS Class 302 (Fort Benning, Ga 1943) #12339
 OCS Class 38 (Ft. Benning, GA 1952) #19199
 OCS Class AAA 10 #22138
 OCS Classes 1-4 (Ft. Benning '47) #19303
 Pacific Victory Anniversary #19551
 Persian Gulf Command Vets (WWII, All Branches) #21738
 Ret. US Army Finance NCOs #19814
 USAFAO-K (Redeyes 1972/76) #21931
 Valley Forge Hospital, Burn Ward (ICD, Korea) #19760
 Victory in the Pacific Celebration #19558
 VII Corp, Hq & Hq Co. (WWII) #12550
 X Corps. (Korea 1950-53) Anyone who served #18781
 XIII Corps Assn. (WWII) #15530

Navy

8th NCB Spec. (Aleutians) #17394
 13th NCB Spec. (WWII) #14631
 15th NCB (WWII/Acorn RED 2) #18016
 17th/53rd/120th NCB (WWII) #18181
 35th NCB (1942/45) #17453
 35th Special NCB #19226

43rd NCB #14339
 45th NCB #17416
 59th NCB (WWII, 1942/45) #18497
 84th NCB #10384
 88th NCB (WWII) #17806
 97th/108th NCB #21483
 100th NCB (WWII) #17663
 110th NCB #18030
 114th NCB & 627th/628th/629th CBMU's #17323
 119th NCB (WWII) #28275
 145th NCB Assn. (WWII) #11079
 301st NCB #19160
 ACORN-45 (Sangle Point NAB) #14382
 Air Bombers Train. Unit (Banana River, FL) #10542
 Amph. Base Attack Boats (Sm.) (WWII) #21897
 Attack Boats (WWII) #18800
 CAG-153-15 (1945/49) #18636
 Camp Detrick MD: Navy Unit #11013
 Car. Air Grp CVD-2, VF-24/63/64/65, VC/VTHU Dets (Korea) #17361
 CASU-21 #19772
 CBMU-518/519/520/521 (Solomon Isl., Guadalcanal WII) #12274
 Comm. Grp. 1165N (Engebl Isl. WWII) #13322
 Corry Boot Camp/Sq. 8C (42-46) #18617
 DESRON-8: USS Wainwright/Trippe/Buck/Rhind/Bristol (WWII) #18171
 Hurricane Hunters, Inc. VPB-114, VPW-3, VPM-3, VX-4, VP (HL)-3, VP-23, VJ-2, VW #10209
 JAX Nav Air Train. Sq's VN-11/12/13/14/15/16 (40/45) #10295
 LC-(FF)-788 #22801
 LCI-809 (WWII) #19794
 LCI-(FF)-786 (WWII) #19776
 LCI-(R)1077 #19387
 LSM-132 #10924
 LST-1014 #20302
 LST-1028 (WWII) #19775
 LST-1130 #21320
 LST-119 (WWII) #11702
 LST-125 #17800
 LST-25 #10565
 LST-266 #17389
 LST-277 (WWII) #10466
 LST-316 #13945
 LST-376 #21826
 LST-381 #12409
 LST-40 #22699
 LST-41 #19101
 LST-461 #17976
 LST-5 #11157
 LST-511 (All Years) #14749
 LST-515 (All Yrs.) #10886
 LST-619 #10246
 LST-661 #20350
 LST-687 #17327
 LST-711 #18729
 LST-713 #19229
 LST-752 #19602
 LST-811 #23086
 LST-824 (WWII, 1944/46) #12809
 LST-857 #19815
 LST-869 #12661
 LST-937 #20354
 LST-975 #13999
 MCB-7 (1951/70) #20524
 NAB 915/Weser River Ptrl. (Bremerhaven, Ger.) #13055
 NAS Deland, All Personnel (1942/46) #17149
 NAS Floyd Bennett Field, Marines incl. (NY) #17504
 NAS Johnston Island (43/45) #19782
 NAS Memphis, WAVES (WWII) #17940
 NAS Moffett Field (CA) #18788
 NAS North Island, Sup. Div. (1950/57) #12444
 NAS Pensacola, A&R shops (1943/46) #22728
 NAS Pensacola, Photo Class 4-47, Schl. of Photography #12626
 NAS Sanford (FL) #13316
 NASWF Albuquerque (NM, 1953/57) #18273
 Nat'l. CPO Assn. (Navy/CG) #14476
 Navy Nuclear Weapons Assn. (NNWA) #19763
 NTC Bainbridge: Boot Camp Co. 174 ('51) #22225

NTC Sampson, Navy Vets Inc. (WWII) #14789
 NTC San Diego:Co. 866 (1952/53) #19751
 NTC San Diego: FT "A" School Staff #12647
 Operation Antarctica Deepfreeze I & II (Winter-Over 55/57) #30059
 Operation Seascan (Jan 61/May 62) #19792
 Pacific Victory Anniversary #19552
 Patron 45 Assn. (VP-205/VPB-205/VP-MS-5) #12797
 PatRon 9 (VP-9) #19699
 PATSU 1-3/CASU(F) 57 #13821
 Radio Station #66 (USN Sta., Lualuale) #19798
 Seabees of America - (FL Chapter) #10242
 Ship's Co., Naval Receiving Station (New Orleans LA, WWII) #19779
 SLCU-24 (1943/45) #18921
 Sonar School Staff (W. Coast 43/46) #19766
 Subic Bay, Spec. Serv./Admirals #19788
 Surface Navy Association (SNA) #19173
 UDT-8,9,10 (WWII) #17688
 USS Abnaki ATF-96 #17667
 USS ABSD-2 "Floating Drydock" #10453
 USS ABSD-3 #12022
 USS Agerholm DD-826 #20358
 USS Albatross AM-71 (Greenland Patrol 1940/45) #23132
 USS Allen M. Sumner DD-692 #17980
 USS Altamaha CVE-18 #10774
 USS Arenac APA-128 #21148
 USS Arlark ATF-98 #17993
 USS Askari (WWII/KOREA) (45/56) #19336
 USS Baham AG-71 #11181
 USS Balch DD-363/USS Porterfield DD-682 #10703
 USS Baldwin DD-624 (WWII) #12474
 USS Ballard AVD-10 #10385
 USS Bancroft DD-598 Assn. #19003
 USS Bear AG-29 (Greenland Patrol 1940/45) #23139
 USS Benham DD-796 (Plank owners, WWII) #13254
 USS Bennion DD-662 #10089
 USS Berkeley DDG-15 #21843
 USS Birmingham CL-62 #18510
 USS Blackhawk AD-9 (BADRA, Incl. assigned DDs) #11087
 USS Bluebird AM-72 (Greenland Patrol 1940/45) #23140
 USS Boggs DD-136/DMS-3/AG-9 (WWII) #18478
 USS Bremerton CA-130/SSN-698 #18427
 USS Brush DD-745 #18076
 USS Bugara SS-331 #13910
 USS Bush DD-529 #18237
 USS Caloosahatchee AO-98 #19828
 USS Casco AVP-12 (1943/45) #21814
 USS Cebu ARG-6 #21636
 USS Charles H. Roan DD-853 #18359
 USS Charles P. Cecil DD/DDR-835 #13046
 USS Chemung AO-30 #18077
 USS Chikaskia AO-54 (1943/69) #18533
 USS Cimarron AO-22 (1939/69) #18650
 USS Cleveland CL-55 (Incl. Marines) #10450
 USS Cod SS-224 #19255
 USS Collingsworth APA-146 (WWII) #17825
 USS Coral Sea CVB/CV/CVA-43 Assn. #17967
 USS Core CVE-13 & VC-6/VC-13/VC-36/VC-38 #18547
 USS Cromwell DE-1014 #19755
 USS Cross DE-448 #17455
 USS Cubera SS-347 #16537
 USS Currier DE-700 #11053
 USS Currituck AV-7 (WWII, Korea, Vietnam, Off High Jump) #14598
 USS Dale APA-99 (WWII) #28316
 USS Daly DD-519 #17829
 USS Damon M. Cummings DE-643 (WWII) #12003
 USS Dayton CL-105 #18528

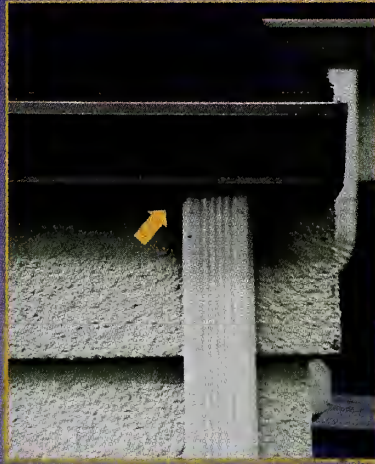
Please turn page

SPRAY AND SEAL LEAKS

**Quickly Stops
Leaks Permanently**



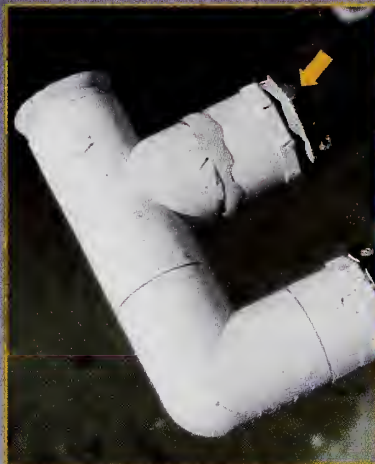
Roof & Chimney



Flexible For Sealing Gutters



Seals Concrete Walls



Bonds To Metal & PVC



- Won't Crack, Peel Or Oxidize
- Stays Flexible
- Reduces Noise & Vibrations
- Waterproof - Weather Resistant

Hundreds of Indoor & Outdoor Uses!

This remarkable formula immediately stops annoying leaks and cracks in gutters, chimneys, roofs, windows, doors, walls, pools, drain pipes, air conditioning and heating ducts and much more. Even works on trucks and trailer bodies, mobile homes and boats. Simply spray on cement, iron, wood, aluminum, baked enamel or even brick to form an instant sealant. Stops leaks in their tracks. It's the permanent easy solution.

No Tools Needed - Completely Safe

Here's how it works: Simply spray on our bonded metal and liquid formula. It instantly bonds to the material you just sprayed, forming a protective coating. Our spray 'n seal, amazing chemical formula, stays flexible so it won't crack or peel. It quickly and permanently seals all kinds of leaks.

Saves Money - Easy to Use!

Instantly and permanently stops leaks and seals cracks on almost any surface. It's waterproof and weather resistant. It's easy and convenient to use. Simply point and spray, and presto, your job is done. Imagine how this can save you from hours of hard work around your house or workshop. Why spend hundreds of dollars in repairs. Just point and shoot.

\$495

Why pay \$100.00?

DEER CREEK PRODUCTS, INC., Dept. M561
3038 NW 25th Ave., Pompano Beach, FL. 33069
Comes with a 30 Day Money Back Guarantee

- ☐ One can of Spray 'N Seal only \$4.95 plus \$2.50 shipping and handling
- ☐ Two cans of Spray 'N Seal only \$8.95 plus \$4.00 shipping and handling

Name _____

Address _____

City _____

State _____ Zip _____

- USS Dextrous AM-341 (WWII, KOREA) #20408
 USS Dixie AD-14 (All Crews) #18306
 USS Doneff DE-49 #28398
 USS Dorch DD-670 (1943/45) #11754
 USS Dutton AGS-8 #12296
 USS Eaton DD/DDE-510 #12282
 USS Eberle DD-430 #11125
 USS Edgar G. Chase DE-16 #17590
 USS Edwards DD-619 #18472
 USS Elizabeth C. Stanton AP-69 #11950
 USS Elkhart APA-80 (WWII) #13305
 USS Emery DE-28 #14391
 USS Endicott DD-497/DMS-35 (WWII, Korea) #17971
 USS Everglades AD-24 #14595
 USS Fair DE-35 #22829
 USS Fanning DD-385 #10948
 USS Farenholt DD-491 #19714
 USS Fayette APA-43 (WWII) #21130
 USS Finch DE/DER-328 & WDE-428 (Incl. CG) #17969
 USS Forster DE-334 #14941
 USS Frank Knox DDR-742 Assn (1944/70) #10066
 USS Frederick Funston APA-89 #10339
 USS Furse DDR-882 (All eras) #14562
 USS Galveston CLG-3 #17451
 USS Ganymede AK-104 #12338
 USS Gearing DD-710 #17383
 USS General M.L. Hersey AP-148 #10772
 USS Glacier AGB-4 (1955/66) #14868
 USS Glennon DD-840 Assn. #11190
 USS Goshen APA-108 #18373
 USS Grayson DD-435 (WWII) #10237
 USS Greene APD-36 (WWII) #13970
 USS Greenfish SS-351 #21817
 USS Greenwich Bay AVP-41 #13685
 USS Griswold DE-7 (WWII) #17836
 USS Halloran DE 305 #19801
 USS Hammerberg DE-1015 #10810
 USS Hansford APA-106 Assn. (WWII) #20390
 USS Harold J. Ellison DD-864 #14656
 USS Harris APA-2 #11105
 USS Harwood DDE-861 (all years) #19109
 USS Hermitage LSD-34 #21218
 USS Hickox DD-673 (DESRON-52) #12265
 USS Hocking APA-121 #18959
 USS Holder DD/DDE-819/DE-401 #10026
 USS Hopewell DD-681 (WWII, Vietnam, Korea) #22560
 USS Hopping DE-155/APD-51 #17706
 USS Hornet CV-8 & CV/CVA/CVS-12 #17950
 USS Housatonic AO-35 #19761
 USS Howard F. Clark (DE-533) Association #22303
 USS Howard W. Gillmore AS-16: Ship's Co. Assn. (1944/80) #11774
 USS Humboldt AVP-21 (1943/45) #11837
 USS Hunt DD-674 (DESRON-52) #12472
 USS Huntington CL-107 "Hogan's Goat" #13958
 USS Inchon LPH-12 (1970/75) #19809
 USS James C. Owens DD-776 #10694
 USS James E. Craig DE-201 #17385
 USS James E. Kyes DD-787 #22154
 USS John D. Henley DD-553 #18629
 USS Johnnie Hutchins DE-360 #28312
 USS John Paul Jones (Newport RI, '56/62) #11778
 USS John Rodgers DD-574 #17503
 USS John R. Pierce DD-753 (1944/73) #18303
 USS Kasaan Bay CVE-69 #11519
 USS Kearsarge CV/CVA/CVS-33, LHD-3 #18737
 USS Kermit Roosevelt ARG-16 (All Yrs.) #18855
 USS Kretschmer DE-329/DER-329 #10433
 USS Kula Gulf CVE-108 #17954
 USS Kwajalein CVE-98 (WWII) #17423
 USS Langley CV-1/AV-3 #10011
 USS LaPorte APA-151 (WWII) #10262
 USS Lauderdale APA-179 #11636
 USS Lawrence DD-250 (1944/45) #11828
 USS Lenoir AKA-74 #14025
 USS Leo AKA-60 / USS Mulphen AKA-61 (WWII) #23010
 USS Lewis Hancock DD-675 (DESRON-52) #12266
 USS Leyte CV-32 Assn. & Air Grps. #18897
 USS Loesser DE-680 (WWII) #11442
 USS Long Island CVE-1 & VS-201 #18174
 USS Los Angeles CA-135 #18138
 USS Lowndes APA-154 #17452
 USS Lumen AKA-30 #19365
 USS Macon CA-132 Assn. #11212
 USS Major DE-796 #10419
 USS Makin Island CVE-93 & Squadrons VC-41/84/91 #10884
 USS Manderson AKA-230 #19765
 USS Marblehead CL-12 Assn. (WWII) #10407
 USS Marshall DD-676 (DESRON-52) #12267
 USS Marsh DE-699 #10364
 USS Mauna Kea AE-22 #19773
 USS Miller DD-535 (DESRON-52) #12468
 USS Mitchell DE-43 #17755
 USS Monrovia APA-31 (1942-68) #17587
 USS Montrose APA/LPA-212 #11192
 USS Mount McKinley AGC-7/LCC-7 Assn. (1944/70) #17977
 USS Mulberry AN-27 #19687
 USS Nashville CL-43 #18264
 USS Neches AO-5 (WWII) #21564
 USS Newcomb DD-586 #21305
 USS New DD/DDE/DDR-818 #14425
 USS Newman DE-205/APD-59 #13777
 USS Newman K. Perry DD-883 #14477
 USS Noa DD-841/343 #22092
 USS Ocklawaha AO-84 #18908
 USS Odax SS-484 #11271
 USS O'Hare DD-889 #22036
 USS Oracle/Revenge/Skirmish AM-103/110/303 #12420
 USS Overton DD-239/APD-23 #21341
 USS Owen DD-536 (DESRON-52) #12261
 USS Oyster Bay AGP-6 #18370
 USS Panamint AGC-13 #21349
 USS Pasadena CL-65 (Inc. Mar.) #10608
 USS Paul Revere LPA-248 (Vietnam) #22072
 USS Pecos AO-65 #10249
 USS Perch SS (I & II) #11628
 USS Phantom AM-273 #14866
 USS Philadelphia CL-41 #10705
 USS Phillippine Sea CV-47 Assn. & Mar. Det. (Korea) #28301
 USS Pierce APA-50 (WWII) #21830
 USS Pine Island AV-12 Assn. #18457
 USS Pittsburgh CA-72 (WWII, Korea) #10599
 USS Pollux AKS-2/4 #14589
 USS Pollux, USS Truxtun, USS Wilkes (Newfoundland, 1942) #18787
 USS Pompon SS/SSR-267 #21234
 USS Ponchatoula AO-148 #19837
 USS Pondera APA-191 #17822
 USS Princeton CV-37/LPH-5 Assn. #19783
 USS Pringle DD-477 #18684
 USS Purdy DD-734 #17965
 USS Putnam DD-757 (1950/54) #12612
 USS Rawlins APA-226 (WWII) #22004
 USS Reeves DE-156/APD-52, USS Donnell DE-56 #17478
 USS Regulux AF-57 #17856
 USS Remey DD-688 #13066
 USS Reynolds DE-42 (WWII) #17855
 USS Ringgold DD-500 #18328
 USS Rixey APH-3 #12288
 USS Rockingham APA-229 #17333
 USS Rowan DD-405 #18215
 USS Rushmore LSD-14/47 #19778
 USS Sabine AO-25 #17392
 USS Sador CVE-117 #22309
 USS Saipan CVL-48 Assn. #17346
 USS Salamonie AO-26 #19838
 USS Salisbury Sound AV-13 #17938
 USS Salt Lake City CA-25/SSN-716 Assn. #11775
 USS Saratoga CV-3/CV-60/CVA-60 #17906
 USS Sea Cat SS-399 (All hands) #18575
 USS Sevier APA-233 (WWII) #10782
 USS Shangri-la 38 Assoc. #19839
 USS Shasta AE-6 (1942-69) #22572
 USS Shenandoah AD-26 #20813
 USS Shields DD-596 (Korean War) #18069
 USS Sigourney DD-643 #19665
 USS Sigourney DD-643 (WWII) #18309
 USS Sigbee DD-502 (WWII) #11001
 USS Solace AH-5 (WWII) #17958
 USS Stanly DD-478 (WWII) #11523
 USS Stephen Potter DD-538 (DESRON-52) #12263
 USS Stevens DD-479 (WWII) #17912
 USS Stickell DD/DR-888 #17564
 USS Stormes/Warrington/Vogelgesang/Stelnaker/Grand Canyon #17714
 USS Storm King APA-171 #21963
 USS Strickland DE/DER-333 #18529
 USS Suwannee CVE-27 (Incl. attached air groups) #10931
 USS Tarawa CV/CVA/CVS-40 (Incl. Air Grps. & Mar.) #18423
 USS Tatnall DD-125/APD-19 #11173
 USS Texas BB-35 #18526
 USS The Sullivans DD-537 (DESRON-52) #12262
 USS Thomaston LSD-28, Plank Owners Assn. #12148
 USS Tingey DD-539 (DESRON-52) #12264
 USS Tyrell AKA-80 (WWII) #14469
 USS Submarine PCGY (WWII) #19817
 USS Valencia AKA-81 #11149
 USS Velocity AM-128 #22556
 USS Vincennes CL-64 Crew (Mar & AVN Personnel Inc) #18705
 USS Waldron DD-699 #11119
 USS Walke DD-723 #18324
 USS Walter B. Cobb APD-106 (1945/57) #18441
 USS Warhawk AP-168 (Ship's Co.) #11739
 USS Westchester County LST-1167 #19706
 USS Wheatear AM-390 #10157
 USS Wilkes Barre CL-103 (1944-47) #10540
 USS William C. Cole DE-641 #20579
 USS William C. Lawe DD-763 #17799
 USS Windham Bay CVE-92 #18608
 USS Windsor APA-55 (1943/45) #12153
 USS Wingfield DE-194 #18889
 USS Witter DE-636 #19818
 USS Wyoming BB EAG-17/32 (WWII) #19195
 USS Yew YN-32 & AN-37 (WWII) #21708
 USS Yukon AF-9 (WWII) #18594
 USS Zeal AM-131 Assn. #10683
 VB/VPB-148 #18876
 VC-35/VAW-35 Assn. #22292
 VC-7 & VC-31 (WWII) #17368
 VC/VT/VF(VA(AW)/VAW/VAQ-33 #22824
 VF-53/USS Valley Forge/USS Essex (1948-Korea) (Sans Reproache) #18464
 Victory in the Pacific Celebration #19559
 VP-11(F)/54/51, VB/VPB-101/PATSU 1-2/CASU(F)-56 (1936-45) #17751
 VP-94 (NAS New Orleans) #19425
 VPB-117 #21299
 VPB-17 #19756
 VPB-201 (WWII) #22379
 VPB-2 (NAS Banana River, WWII) #18277
 VP/VPB-63 "Madcats" (All Hands) #19816
 VO-1/2/5/6 Assn. #20396
 VS-33 Screwblrd #19205
 YN-28 (WWII) #19832
 YR-65/YAGR's/AGR's (Radar Picket Sqdn 2) #19777
- 10th AF, 347th Combat Cargo Sq. #13530
 13 AA/AF, 23rd Bomb Sq. (1917/Pre-sent) #19035
 21st TCS/6461st TCS (1952/53) "Kyushu Gypsies" #19786
 28th ABGP-Hq. Sec. Sq. #19052
 35th Air Police Sq. (Japan 1950/55) #11497
 59th Air Police Sq (Burtonwood, Eng. '50/56) #22799
 90th Bomb Sq. (LNI) Korea, 90th Fighter Sq. #10621
 317th TC Grp, Hdq/41st Sqdn #19220
 320th Air Refueling Sq. #10147
 330th Bomb Grp. (VH) Assn. (Guam, 1945) #21842
 374th Food Serv. Sq. (Japan 1951-54) #15088
 444th Ftr. Inter. Sq. #10045
 452nd Bomb Wing (USAF Rsv., Korea 1950/52) #15126
 547th AF Band (Luke AFB, 1951/53) #13548
 548th RTS/6th Photo Tech Sq (Yakota AFB, Japan 1947/60) #19787
 761st AF Band (1948/59) #15034
 1503rd MATS & ATW (48/56) #20394
 3080th Avn. Dpt. Grp. (Caribou AFB, ME) #11981
 3450th Tng. Sq. (Admin.) #10005
 753rd AP Sq. (London) Bushy Park AFGB #22710
 213/405/502nd Dept. of Admin. Train. Schools #11325
 AACs Alumni Assn. #12465
 Air Commandos, 2nd(CBI)/3rd(SWPAC) Grps. (WWII) #16792
 Ground Elec. Eng. Install. Agency (GEEIA) "Gypsies" #19780
 MISAWA (54-56) #19372
 NAS Pensacola, Flight Instr. (1943/45) #17169
 OCS Class 51-B (Lackland AFB, 1951) #20602
 Pilot Class 53-F #19434
 Pilot Class 55-B "Melonheads" #19316
 Security Police Assn. #15159
 Sig. Air Warning (All CBI) #19720
 VP-67 #19433
 Wright-Patterson AFB, OH (Sec. & Law Enf. prior to 1986) #19824

Army Air Forces

- 1st Air Commando Assn. (CBI WWII) #16850
 2nd AF, 10th Train, Comm./215th B Grp., B-24 Sq (Pueblo AAB WWII) #20279
 2nd Air Div, 392nd Bomb Grp Mem. Assn. #14280
 3rd Photo Recon Sq. (WWII) #20260
 4th Air Depot Grp. #16975
 4th Emerg. Resc. Sq. (WWII) (SW Pacific) #16909
 5th AF, 22nd Air Base Grp. 478th Svc Sq. 30th Mat. Sq (WWII, 42/45) #16998
 5th AF, 45th Hq/Hq Sq, 8th/480th Air Serv. Sq (WWII) #16855
 5th AF, 8th Ftr. Grp., 8th Ftr Cntrl, 33/35/36/80th Ftr Sqn, HQ #20419
 5th AF, 90th Bomb Grp. (H) (WWII) #10462
 7th AF, 41st Bomb Grp., 820th Bomb Sq. (WWII) #13462
 7th AF, 41st Bomb Grp, 47/48/396/820th SAS (WWII) #12733
 7th Ferrying Grp. of Great Falls, MT (WWII) #20397
 8th AF, 100th Bomb Grp. (Incl. Allied Units, WWII) #15029
 8th AF, 355th Ftr. Grp. (Steeple Morden, Eng. WWII) #16785
 8th AF, 356th Ftr. Grp. Assn. #21629
 8th AF, 447th Bomb Grp. #12538
 8th AF, 487th Bomb Grp.(H) (AF Stat. 137, Lavenham Eng., WWII) #10463
 8th AF, 94th Bomb Grp. #10329
 8th AF, Burtonwood Assn. (England) #16813
 8th AF, Hist. Society (NJ Chapt.) #16834
 8th AF, Hist. Soc. (Penn. Chptr.) #14737

Please turn page

Sand, cat-hairs, dust and dust-mites... Nothing gets by the 8-lb. ORECK XL!

The favorite vacuum of over 50,000 hotels and more than 1 million professional and private users. Now you can use this powerful vacuum to clean your home better than ever before.

Exclusive Filter System assures hypo-allergenic cleaning with Germastat. Ideal for those who suffer from dust-related or allergic discomforts. There's virtually no after dust. Its unique top-fill action carries the litter up through the handle and deposits it on the inside top of the bag. Yesterday's dirt can't seep out. And the metal-tube top-fill performance works without hoses to crack, leak or break... ever.

The lightest full-size vacuum available. It weighs just 8 pounds. So stairs are a snap. It's super-powerful, with amazing cleaning power: the fast, double helical brushes revolve at an incredible 6,500 times a minute.

ORECK's Helping Hand® handle orthopedically designed on the principles of ergonomics is available. To put it simply: no need to squeeze your hand or bend your wrist. A godsend for people with grip or wrist problems.

Exclusive New Microsweep® gets bare floors super clean, without any hoses, attachments or adjustments.

A full 10-year Guarantee against breakage or burnout of the housing PLUS a full 3-year Warranty on the extended life motor.

We'll let you try the ORECK XL in your home for 15 days. If you don't love it, you don't keep it.



Super Compact Canister

The 4-lb. dynamo you've seen on TV. The motor's so powerful it lifts a 16-lb. bowling ball! Hand-holdable and comfortable. Cleans under refrigerators... car seats... books... ceilings... even typewriter, computer and piano keys. With 8 accessories. Yours FREE when you purchase an ORECK XL upright. Offer limited, so act now.

**For a free brochure call toll-free
1-800-989-4200 Ext. 80238**
Or mail coupon today. No salesperson will visit.

ORECK CORPORATION

80238

100 Plantation Road, New Orleans, LA 70123

☐ **Yes!** I want to learn how the ORECK XL Hotel Vacuum can help me clean my home faster, easier and more effectively. Please send me your FREE information kit, without cost or obligation.

I understand I will receive absolutely FREE a Super Compact Canister, with the purchase of the ORECK XL Hotel Vacuum.

☐ Also include details of ORECK's Extended Payment Plan with No Interest or Finance Charge.

Name _____
(please print)

Address _____

City _____ State _____ Zip _____

Telephone(_____) _____
area code (optional)

9th AF, 309th Serv. Grp., 2490th QM Truck Co., Avn. #12825
 9th AF, 313th TC Grp., 49th TC Sq. (WWII) #11198
 9th AF, 363rd Tac Recon Grp, 161st Tac Recon Sq (Europe, WWII) #21622
 9th AF, 391st Bomb Group Assn. #20978
 9th AF, 397th Bomb Grp. (WWII) #16972
 9th AF, 896th Sig. Avn. Dpt. Co. (WWII) #10688
 9th AF, 9th TC Cmd., 315th TC Grp. (WWII) #16864
 9th Bomb Grp., 1st/5th/9th Sq. (B-29 Tinian Island, 1945) #20285
 9th Serv. Grp., 485th Serv. Sq., P-38's (WWII) #22505
 13th AF, 403rd TC Gp., 64th TC Sq. (WWII) #10018
 13th AF Veterans Assn. (Jungle) #22748
 14th AF Assn., Inc. "Flying Tigers" #11447
 15th AF, 331st Serv. Sq. #19784
 15th AF, 459th Bomb Grp. Assn. (WWII) #15186
 20th AF, 1st AARUF (Aircraft Rep. Unit-Floating) #22662
 20th Air Depot Grp, Hq & Repair Sq. (WWII) #12619
 20th Tac. Recon. Sq. CBI #13139
 22nd Ftr. Bomber Sq. (Furstenfeldbruck/Bitburg 51/54) #19819
 27th ATG Assn., 310th/311th/312th/325th Ferrying Sqs. (ETO WWII) #16857
 27th Bomb Grp.(L) (WWII) #16921
 37th TCS (Greenville, SC, TN & Japan 49/53) #19376
 38th Bomb Grp., 71st Bomb Sq. (WWII) #16878
 41st AAFBU, 55th Air Serv Sq (N.Afr., Sicily, WWII) #13739
 45th Air Depot Grp. (Incl. Attached Units) #11164
 49th Air Dpt. Grp., Attd Units (WWII) #16944
 51st Ftr. Grp. Assn (WWII) #10947
 52nd Air Serv Grp, 86/72nd Air Serv Sqs (CBI, WWII) #16809
 52nd Ftr. Grp., 4th Ftr. Sq. #12540
 55th Weather Recon Sq. (B-24's, WWII) #12407
 58th Bomb Wing (China/Burma/India/Tinian) #16776
 62nd TC Grp. Assn. (WWII) #16879
 79th Ftr. Grp. Assn., 85th/86th/87th Ftr. Sq. (WWII) #23099
 8/9th AF, 386th Bomb Grp. Assn. (WWII) #20389
 91st Troop Carrier Sq. Assn. (WWII) #21992
 114th Avn Co Assn, "Knights of the Air" (Vietnam/Panama) #14099
 317th TC Grp., 39th TC Sq. (WWII, SW PAC, Cold War Europe) #15184
 336th Air Service Sq. (WWII) #20278
 341st Bomb Grp (M), 22nd Bomb Sq (CBI, WWII) #16756
 342nd Air Serv. Sq. #12411
 364th Ftr. Grp. & Spt. Units (Honington, Eng. WWII) #15153
 401st Bomb. Grp. (H) Assn. #15137
 436th TC Grp., 82nd TC Sq. #16986
 442nd TC Grp. (WWII) #15096
 445th Bomb Grp. (WWII) #17781
 454th Bomb Grp. (Italy WWII) #16889
 455th Bomb Grp. (H) Assn. (Italy, WWII) #22791
 457th Bomb Grp. (H) Assn. (WWII) #20024
 458th Air Serv. Sq. (Aldermaston, Eng WWII) #19802
 464th/100th Air Serv Grp (WWII) #12551
 475th Ftr. Grp. #20506
 483rd Bomb Grp. (H), 359/566th Air Engrs. (WWII) #16904
 505th Bomb Grp, 313th Bomb Wing (VH), (WWII) #20507
 569th Strat. Air Wing Bn., C Co. (WWII) #20192
 583rd Sig. AW Bn. #14297
 850th Avn. Engr. Bn. #15157

851st Avn. Engr. Bn. #16993
 1057th QM Co., 323rd Air Serv. Grp. #21889
 2017th Main. Ord. Co. #19450
 AAF Cadets (Parks College 1940's) #18335
 Anniversary Reunlon Childress Field (WWII) #19442
 ATC: Karachi (CBI Himalayan Flyers, WWII) #16883
 Crash Rescue Boat Assn., AAF & USAF #14647
 "Haps Babys" - Shots From The Sky (WAC WWII) #13983
 Pacific Victory Anniversary #19556
 Santa Ana Army Air Base Wing (WWII) #16719
 Victory in the Pacific Celebration #19563
 Waller Trainer Gp. (WWII) #19291

Marines

1st Mar. Div., 1st Rgt., 1st Bn., B Co. (Battle of Bunker Hill, 52) #19771
 1st Mar. Div., 1st Rgt., 3rd Bn., 81mm Mtr., HQ & M Co. (WWII) #11089
 1st Mar Div, 1st Rgt, 3rd Bn (WWII, 1941/45) #30006
 1st Mar Div, 1st Scout/Recon Co (WWII) #21893
 1st Mar. Div., 4.5" Rocket Btrys, FMF (Korea 48/58) #14808
 1st Mar. Div., 5th Rgt., 2nd Bn., Easy Co. (Korea 1950/53) #10361
 1st Mar. Div., 5th Rgt., 3rd Bn., H Co. (Pusan-Chosin 1950) #13405
 1st Rgt., 5th Div. 1st Bn., B Co. "Baker Bandits" (Korea) #17085
 3rd Amph. Trac. Bn. (WWII) #17083
 3rd Div., 12th Rgt., 2nd Bn. (WWII) #19338
 3rd Mar. Div., 11th Engr. Bn. (Baltimore, OWN / 1950) #22276
 3rd Mar. Div., 11th Engr. Bn. (Mar. Reserves 1946/50) #17125
 3rd Mar. Div., 12th Rgt., 4th Bn., Mike Btry (VN 66/68) #19821
 3rd Mar. Div., 19th Rgt., A Co. #17196
 3rd Mar. Div., 26th Rgt., 2nd Bn., H&S Co. #20328
 3rd Mar. Div., 3rd JASCO #17144
 3rd Mar Div, 3rd Rgt, 3rd Bn "Stormy Sextons" Assn. (1961/62) #10550
 3rd Mar. Div., 3rd Tank Bn., B Co. #21032
 3rd Mar. Div., 7th Rgt., 2nd Bn., F Co. #17097
 3rd Mar Div, 9th Rgt, 3rd Bn, I Co (WWII) #10439
 3rd Mar. Div., Disbursing Office, FMF #14330
 3rd Mar. Div., Recon. Co. (1950s) #17219
 5th Mar. Div. Assn. (Iwo Jima, Japan, Vietnam) (WWII) #21033
 7th Defense AAA Bn. Assn. (1940/45) #22926
 7th Serv. Rgt., Motor Trans. Co. (WWII) #10163
 9th Defense & 9th AAA Bns. (WWII) #17143
 22nd Marines Assn. (WWII & N.China) #18990
 Avn. Supply Marines (East) #17100
 China Marine Assn. #17183
 Johnston Isl. 16th Defense Bn. (1942/45) #17195
 MAG-25/SCAT (WWII) #21038
 Marine Corps Mustang Assn. (Active Duty/Reserve/Veterans) #17209
 Marine Sq. 354 (WWII) #19785
 MAWS-7/MGCIS-7/MACS-7 Assn. (WWII) #17190
 Mojave Desert Marines Assn-all sq.(42/58) #21035
 Mojave Desert Marines (Base Personnel-Male & Female WWII) #11738
 NAS Antigua, Mar. Det. (Leeward Islands, 1941/42) #14820
 NAS Bermuda, Mar. Det. (1953/57) #14813
 NAS Sand Pt., Marine Barracks (1946/47) #17233
 Pacific Victory Anniversary #19553

Parris Isl. Chapt. Mar. Corps DI Assn. (All Yrs.) #12138
 USS Huntington CL-107, Marine Det. #10796
 USS Philippine Sea CV-47 (Marine Det.) #15807
 Victory in the Pacific Celebration #19560
 VMD-354 (Photo Sq.) #13141
 VMF (N) 541 (Batey Sq) #17165
 VMF/VMFAW/VMFA-115 Assn. Inc. (1943/95) #14732
 VMJ/VMR-352 (WWII) #14346
 VMO/VMF-155 (WWII) #28303
 VMSB-231 (WWII) Ace of Spades Sq #10940
 VMSB-241 (WWII) #17184
 VMTB 23/454 #19748

Coast Guard

Coastguardsmen Pacific City, OR (43/44) #19290
 Fleet Tug Sailors Nat'l Assn. #20301
 Flotilla (WWII) #19833
 LCI (L) 83-96/319-322/324-326/348/350 (WWII) #19808
 LST-762 #17071
 LST-763 #10838
 Pacific Victory Anniversary #19554
 SC-527 (Greenland Patrol 1940/45) #12330
 SC-528 (Greenland Patrol 1940/45) #12331
 SC-688 (Greenland Patrol 1940/45) #12332
 SC-689 (Greenland Patrol 1940/45) #12333
 SC-704 (Greenland Patrol 1940/45) #12334
 SC-705 (Greenland Patrol 1940/45) #12335
 USCGC Duane WPG-33 #12568
 USCGC Tampa #10804
 USS Active WSC-125 (Greenland Patrol 1940/45) #23128
 USS Aivik WYP-164 (Greenland Patrol 1940/45) #23129
 USS Aklak WYP-168 (Greenland Patrol 1940/45) #23130
 USS Alotok WYP-172 (Greenland Patrol 1940/45) #23131
 USS Algonquin WPG-75 (Greenland Patrol 1940/45) #23133
 USS Amarok WYP-166 (Greenland Patrol 1940/45) #23134
 USS Arluk WYP-167 (Greenland Patrol 1940/45) #23135
 USS Arundel WYT-90 (Greenland Patrol 1940/45) #23136
 USS Arvek WYP-165 (Greenland Patrol 1940/45) #23137
 USS Atak WYP-163 (Greenland Patrol 1940/45) #23138
 USS Big Horn AO-45 (Greenland Patrol 1940/45) #12337
 USS Bowdoin IX-50 (Greenland Patrol 1940/45) #23141
 USS Cactus WAGL-270 (Greenland Patrol 1940/45) #23142
 USS Calcaterra DE-390 (WWII) #20971
 USS Cayuga WPG-54 (Greenland Patrol 1940/45) #23143
 USS Citrus WAGL-300 (Greenland Patrol 1940/45) #23144
 USS Comanche WPG-76 (Greenland Patrol 1940/45) #15162
 USS Eastwind WAG-279 (Greenland Patrol 1940/45) #23145
 USS Escanaba WPG-77 (Greenland Patrol 1940/45) #23146
 USS Evergreen WAGL-295 (Greenland Patrol 1940/45) #12309
 USS Faunce WSC-138 (Greenland Patrol 1940/45) #12310
 USS Frederick Lee WSC-139 (Greenland Patrol 1940/45) #12311
 USS Kanawha AOG-31 #12424
 USS Laurel WAGL-291 (Greenland Patrol 1940/45) #12313
 USS Machlas PF-53, Escort Div. 33 (WWII) #10122
 USS Manhasset AG-47 (Greenland Patrol 1940/45) #19727
 USS Manitou WYT-60 (Greenland Patrol

1940/45) #12314
 USS Menges DE-320 #17020
 USS Modoc WPG-46 (Greenland Patrol 1940/45) #12315
 USS Mohawk WPG-78 (Greenland Patrol 1940/45) #12316
 USS Mojave WPG-47 (Greenland Patrol 1940/45) #10522
 USS Monomoy (Greenland Patrol 1940/45) #19725
 USS Muskeget AG-48 (Greenland Patrol 1940/45) #19726
 USS Nanok WYP-169 (Greenland Patrol 1940/45) #12318
 USS Natsek WYP-170 (Greenland Patrol 1940/45) #12319
 USS Naugatuck WYP-92 (Greenland Patrol 1940/45) #19724
 USS Nogak WYP-171 (Greenland Patrol 1940/45) #12320
 USS Northland WPG-49 (Greenland Patrol 1940/45) #21651
 USS North Star WPG-59 (Greenland Patrol 1940/45) #12322
 USS Peterson DE-152 #18213
 USS Raritan WYT-93 (Greenland Patrol 1940/45) #12323
 USS Sea Cloud (Greenland Patrol 1940/45) #18758
 USS Sorrell WAGL-296 (Greenland Patrol 1940/45) #12324
 USS Southwind WAG-280 (Greenland Patrol 1940/45) #12325
 USS Spencer CG-36 #21002
 USS Storrs WAGL-38 (Greenland Patrol 1940/45) #12326
 USS Tahoma WPG-80 (Greenland Patrol 1940/45) #12327
 USS Tampa WPG-48 (Greenland Patrol 1940/45) #12328
 USS Travis WSC-153 (Greenland Patrol 1940/45) #12329
 Victory in the Pacific Celebration #19561
 VP-6, PBY-5A Catalinas (Greenland Patrol 1940-45) #12336

Merchant Marine

Merchant Marines Veterans (WWII) #12278
 Pacific Victory Anniversary #19557
 Victory in the Pacific Celebration #19564

Miscellaneous

American Defenders of Bataan & Corregidor (Western States Chapt.) #17303
 ASTRP (Cole College IA) #18820
 CBI Veterans Assn. (WWII, All Branches) #17256
 CBI Vets Assn. Of Iowa #21736
 Dakota Bull Session VI (NA, MR, CG) #21683
 DCA-Europe (DISA) #18697
 Glacier Assn. (Navy & Coast Guard) #22604
 Iwo Jima Survivors of NY (Assn. Luncheon) #21737
 Iwo Jima Veterans Ntl. Assn. #17308
 Korean Veterans Assn. (Nebraska) (1950/55) #22853
 LST Assn. (Ill. Chapter) #19707
 Mukden Manchuria Survivors #17272
 Navy and Marine "Brats" (Alameda, CA 1948-60) #19806
 Office of Strategic Ser., R&D Branch (WWII) #19797
 Pacific Victory Anniversary #19555
 Solomon Islands Vets (WWII) #19708
 USS Cambria APA-36 #13027
 USS Gold Star AG-12/USS Penguin (Pre-WWII) #18532
 Victory in the Pacific Celebration #19562
 Wake Island Defenders/VMA-211/1st Def. Bn. #17173
 West Virginia "First All Veterans" #18368
 Wm. Beaumont General Hosp., Dental Tech. Schl. (12/43-3/44) #13328

RUSSIAN REFORM

Continued from page 29

resource-rich areas as Siberia. They intend to consolidate their control of Russia's natural wealth and demonstrate their autonomy from Moscow. During the next year, for example, one of the hidden battles will likely be a determined effort by regional governments to end the extortionary share of their annual revenues demanded by the Kremlin.

The next American administration would be well advised to nurture the capitalist instincts of these outlying regions and stimulate the kind of systemic change Moscow has routinely resisted.

The good news is that, at an individual level, most average Russians seek a better life through individual initiative and entrepreneurship.

Q. You mention a problem with organized crime. How does the "Russian Mafia" affect the country?

A. I think it has become the most corrosive element of the society. There is no doubt that organized crime bosses are actively collaborating with high-ranking military and state security officials. The spread of protection and extortion schemes—not to mention contract murders of important bankers and private entrepreneurs—is eerily reminiscent of the darkest days of the 1930s in this country.

An even more sinister element of this problem, however, is the trade in components for weapons of mass destruction and ballistic missiles to rogue nations. The advent of warlordism also threatens to undermine the democratic and free-market movement, if not brought under control by the authorities.

Q. Earlier, you made it sound as though the "report card" on Boris Yeltsin would not be especially good.

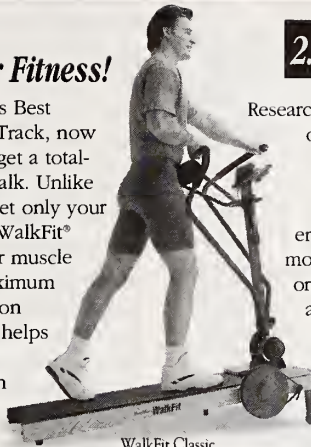
A. Yeltsin is described as out of touch with the reform-oriented elements of the country, and at this moment seems persuaded that his continued political viability and re-election require a marriage of convenience with the authoritarian elements. His health remains a troubled mystery, with charges of alcoholism and erratic behavior on the rise both in Russia and abroad. Despite his increasing isolation, Western leaders remain overin-

Two Things You Won't Get On Your Average Treadmill.

1. Total-Body Cardiovascular Fitness!

The maker of "The World's Best Aerobic Exerciser®," NordicTrack, now introduces the best way to get a total-body workout while you walk. Unlike ordinary treadmills that target only your lower body, NordicTrack's WalkFit® exerciser works every major muscle group in your body for maximum results. The total-body motion increases your metabolism, helps reduce stress, and increases energy to help you maintain a healthy cardiovascular system for a lifetime.

NordicTrack's WALKFIT®
THREE GREAT MODELS TO CHOOSE FROM!



WalkFit Classic model shown

30-day in-home trial!

2. Higher Calorie Burn!

Research proves you'll burn an average of 53% more calories on WalkFit than on ordinary treadmills.

Because the motion uses more muscle (your body's primary energy-burning source), you burn more calories per workout than on ordinary lower-body exercisers—all without adding time, distance or difficulty to your routine! In fact, in one hour, you can burn an average of 850 calories and up to 1,000. WalkFit makes weight loss and exercising simple and enjoyable!

Best of all, it's from **NordicTrack**
A CML Company

FREE Video and Brochure! Call 1-800-441-7512 Ext. F3XG5

or write: NordicTrack, Dept. F3XG5, 104 Peavey Road, Chaska, MN 55318-2355

☐ Please send me a free brochure ☐ Also a free VHS videotape

My main fitness goal is (check one) ☐ Weight loss ☐ Shaping & toning ☐ Cardiovascular/aerobic ☐ General health & fitness

Name _____ Street _____

City _____ State _____ Zip _____ Phone (____) _____

©1995 NordicTrack, Inc., A CML Company • All rights reserved.

vested in Boris Yeltsin.

I have difficulty envisioning a second presidential term for Yeltsin. Indeed, it appears doubtful that he will complete his current term without political or health-related challenges.

Q. The economic reform has not proceeded without substantial pain for the average Russian. What are some of the major problems?

A. Most menacing for Russia is the prospect of widespread unemployment and a continued decline in living standards due to a depreciating currency.

The ruble has declined in value roughly 100 percent since my visit to Moscow in July last year. Russia has taken a positive step of permitting at least some large enterprises to go bankrupt—but without an adequate safety net or retraining program for the 20,000-50,000 workers employed by those enterprises. Over the next several months, entire towns will likely be thrown out of work because of the almost exclusive reliance on one major local factory or industry.

This is one of the most unfortunate legacies of Soviet central control of the economy. The government is attempting to alleviate this burgeoning crisis

by raising pensions and the minimum wage.

However, these measures will have their own budget-busting and inflationary consequences. It is probably only a matter of time until widespread strikes serve as the outlet for frustrated workers.

Q. What about American efforts to help? Do you think we can influence economic reform in Russia?

A. We do tend to have an exaggerated view of what we are going to accomplish with large-scale taxpayer aid. We certainly have been misguided in our past allocation of these resources and have precious little to show for the billions spent.

For too long, the Clinton administration labored under an unduly Russo-centric view of the former Soviet Union. Consequently, we ignored opportunities to stimulate market-based economic growth in the regions and neighboring states of Russia. The 104th Congress is already predisposed to cutting back assistance to Russia in favor of other parts of the former Soviet Union—a trend reinforced by the cupboard-emptying Mexico rescue package.

Please turn page

RUSSIAN REFORM

Continued from page 57

Q. Given Russia's troubled economic system, there are critics of current American policy who insist that it makes no sense to send even one tax dollar in aid to Moscow.

A. If we restructure our assistance to Moscow, the American people can still reap positive dividends. Such dividends include reducing the proliferation of nuclear materials, stemming the export of organized crime, dismantling certain classes of ICBMs, promoting agricultural reform, upgrading the economy of the regions, and institutionalizing commercial and legal codes.

The problem continues to be the lack of a targeted, well-crafted U.S. aid program. As currently configured, it is proper to be skeptical of the gains being advertised by the current administration and the Bush administration before it.

Q. So is there some merit to saying that U.S. aid to Russia is more of a

political symbol than an effective reform tool?

A. That is probably accurate so far. Nevertheless, I remain persuaded that *targeted* U.S. assistance can make a meaningful difference in advancing Russian reform. What will help is a U.S. policy that makes it clear to Moscow that irresponsible and aggressive behavior both externally and internally will be met by swift and sure penalties in capital investment, financial disbursements, and energy and technology assistance, to name a few.

Q. Margaret Thatcher has been perhaps the most successful reformer of the 20th century. She took a British economy that was 12 percent state-owned and reduced ownership to about 6 percent. But that took 12 years. How much can we really expect Russia to resemble a Western society with democratic capitalism, given the difficulties that reform presents?

A. You are still going to have a top-heavy centralized system remain in force for years to come, given the lack of an entrepreneurial culture in Russia over its 1,000-year history. Nevertheless, this gloomy assessment is offset to some extent by the fact that the Russian private sector continues to grow rather rapidly and represents a higher percentage of total industrial activity than in some socialist-leaning Western nations.

Considering that a decentralization of economic power also means a decentralization or dilution of political control, the Soviet-era crowd now dominating the Kremlin probably wishes to put the breaks on irreversible systemic change. These officials will not give up their totalitarian impulses or perks easily; we should have no illusions about that.

Q. Which leads to another question: In addition to Chechens, Russia has over 100 ethnic groups. Given the internal trend toward establishing "local czars," might we see the disintegration of Russia itself?

A. The new round of political paralysis in Moscow catalyzed by the aggression in Chechnya has certainly increased the anxiety of regional leaders and their determination to press ahead with greater autonomy. Over time, the strains on this ethnic tapestry of Russia will undoubtedly take their toll, and probably result in new confederations and economic associations and organizations like the Asia-Pacific Economic Council (APEC).

In effect, we seem to be on the glide path toward a de facto smaller Russia for the 21st century.

Q. Assume for a minute that you control U.S.-Russia policies. What would you change?

A. First, I would signal Russian leadership that it is not going to have it both ways. Moscow cannot continue to receive multibillion-dollar contributions from the American people while simultaneously undermining our efforts to promote vital Western interests worldwide, including our attempt to prevent the spread of weapons of mass destruction. Instead, we should conduct an aid policy that could withstand the scrutiny of the American people from a national interest perspective and, at the same time, ensure the delivery of aid to grassroots entrepreneurs, small business, private farmers and other worthy recipients—something not being done now.

Second, I would seek to forge meaningful economic and political relationships with the regional governors of Russia and to integrate them into international trade and financial institutions. By constructing new hubs of activity within Russia, we could de-emphasize the attention given Moscow and almost surely improve the plight of the Russian people as we move into the 21st century.

Third, I would insist that the kind of rigorous conditionality and demands for collateral that are expected to be integral parts of the Mexican rescue package be applied equally to all future U.S. aid to Russia. As a former international banker, I know that such arrangements using Russia's abundant natural resources are achievable. After having witnessed Western governments and commercial banks lose some \$90 billion into debt reschedulings, I think it is high time we take concrete steps to ensure we do not go down that undisciplined road again.

Fourth, I would strongly encourage and financially support the fine work of private organizations such as the Kriebel Institute in Washington. The institute instills the fundamentals of free enterprise in talented American and eager young Russian volunteers, as well as providing retraining and a new life for Russian professionals.

Finally, we must never lose sight of the purpose of our economic dealings with Russia in the first place. Trade and aid are only levers—levers we hope we can pull to ensure the fundamental security interests of the American people. □

STEAMBOATIN'

DISCOVER TWAIN'S AMERICA.

Explore America's heartland rivers with over 45 ports of call on a 3- to 16-night Steamboatin'® cruise.

For a **free** deluxe brochure highlighting adventures on one of our authentic 87- to 222-stateroom paddlewheelers, see your travel agent or call any day of the week.

1-800-315-4249
The Delta Queen Steamboat Co.



SPRATLY ISLANDS

Continued from page 30

of the countries except Brunei have military garrisons on some of the islands. The potential for a military confrontation clearly exists.

So does the precedent. In March 1988, China and Vietnam fought a naval engagement in these waters, reportedly involving 30 Vietnamese and 20 Chinese ships, as well as a contingent of Chinese marines. Although outnumbered, the better-equipped and more highly trained Chinese forces defeated the Vietnamese decisively, seizing several Vietnamese-controlled islands.

Following the attack, the other claimants reinforced the militias on their own islands, heightening tensions even further. The chief officer of the Malaysian military, Gen. Yaacob Zain, told reporters: "We will not hand over the islands...even though we do not have the capability to go to war with China.... We'll defend our rights."

Tensions between the Philippines and China also are escalating rapidly. Last February, Filipino officials revealed that the Chinese placed territorial markers on several islands and a military facility on Mischief Reef—all within the area claimed by the Philippines. The Filipinos destroyed the markers and further beefed up their military in the area. This latest confrontation raises still more fears about China's intentions among America's friends in the region.

For U.S. diplomats in particular, the Spratly region is a powder keg of overlapping and, sometimes, opposing loyalties. The United States takes no position on the merits of any country's claims to the Spratlys, but it does maintain close defense relations with the Philippines, Malaysia and Brunei; the United States and the Philippines even have a mutual defense treaty. Thus, the question of what to do in the event of an outbreak of hostilities between our allies is the cause of much head-scratching in and around Washington.

Although the United States maintains that its mutual defense treaty with the Philippines does not cover conflicts involving the Spratly claims, an assault involving any of the three countries would still be a source of serious U.S. concern. In 1992, then-U.S. Ambassador to the Philippines, Frank Wisner, went on the record stating that: "Amer-

ica will oppose any armed action [in the Spratlys] and will intervene if the armed conflicts threaten the security of the region, especially its allies."

Aside from defending our allies, the United States is also highly sensitive to the risk a Spratly conflict would pose to freedom of navigation through the region. This was reinforced during a press conference by Secretary of State Warren Christopher, who said: "Any resort to the use of force [in the Spratlys] would compromise the security of important sea lanes and...the U.S. would view this most seriously."

Large volumes of American trade and Persian Gulf oil pass through these waters. A prolonged conflict might force the Navy to escort merchant ships through the area, as took place most recently during the Iran-Iraq war.

WHETHER or not such escort duties magnify the potential for conflict on the high seas, most Asians agree that the presence of the U.S. military in the region is the primary guarantee of peace not just in the Spratlys, but throughout Asia. As Singapore's Brig. Gen. George Yeo remarked, "It is frightening to conceive of an Asia without the U.S. military presence."

Some Asians believe that reductions in the American presence are already encouraging China's current aggressive behavior in the Spratlys, and fear it will grow worse in the future. Widespread fears that the United States will withdraw from Asia are fueling an arms race in Southeast Asia, increasing the risk of conflict in the area. For example, China's military budget has increased every year since 1989. The 1994 Malaysian defense budget will rise 32 percent, following similar increases in previous years, and the Philippines and Brunei also plan to strengthen their forces.

Such are the reasons why informed observers maintain that America must not give up its bases in Asia. Forward defense remains vital to American interests there. Beyond the hazards a U.S. withdrawal would pose for regional stability, it would also undercut the Navy's ability to respond to crises in which American lives are at stake. If the Navy's closest bases were in Hawaii, a U.S. Navy surface battle group would require about 14 days to travel to the South China Sea—a fact that the oil workers in our opening scenario would not find very comforting. Overall, there can be little doubt that if we abandon forward defense in order to save money in the short-term, we will

The amazing walk-behind brush cutter!

The DR® FIELD and BRUSH MOWER

CLEAR & MAINTAINS meadows, pastures, woodlots, wooded and rough non-lawn areas with ease. **CUTS** tall grass, weeds, brambles, tough brush and saplings up to 1" thick.

CHOPS/MULCHES most everything it cuts. Leaves **NO TANGLE** of brush to pick up like hand-held brushcutters and sicklebar mowers. Perfect for low-maintenance wildflower meadows, European-style woodlots, walking paths, or any area you only want to mow once a month or once a season!

- Self-Propelled
- Mows up to 1/2 acre per hour!

- Optional Electric-Starting



GSA#GS07F-5372A

TRY FOR 30 DAYS RISK FREE!

Please mail this coupon **TODAY** for complete **FREE** **DETAILS** of the DR® FIELD and BRUSH MOWER including prices, specifications of Manual & ELECTRIC-STARTING Models, and "Off-Season" Savings now in effect

Name _____ AML
Address _____
City _____ State _____ ZIP _____
To: COUNTRY HOME PRODUCTS®, Dept. 499F
Ferry Road, Box 89, Charlotte, VT 05445

inevitably pay a price in lost lives and economic opportunities in the long-term.

Looking ahead, any resolution of the Spratly dispute appears doubtful. A negotiated settlement is the obvious means of resolving the dispute, since all the claimants publicly profess a desire to come to the bargaining table. But scant progress has been made, perhaps because the weakness of the nations' claims to ownership makes them unwilling to submit to international arbitration. In any case, a simple, generally acceptable division of territory is hard to imagine unless several of the major players first take the improbable step of modifying their demands, or abandoning them altogether.

Granted, the disputing countries could agree to postpone addressing the sovereignty issues and develop the area jointly. This approach has actually been suggested by the Indonesians, who are currently sponsoring informal talks on the subject. The snag here is that joint development would require the establishment of something like a South China Sea maritime development agency to allocate exploration rights, collect revenues, and then distribute the proceeds among the claimants. Ancient

Please turn page

SPRATLY ISLANDS

Continued from page 59

suspensions do not bode well for the establishment of such an agency in the near future. Nor does simple greed: The fact is that when all is said and done, the countries are just too covetous of the area's resources.

In early 1992, for example, Beijing passed a new territorial sea law that reasserted Chinese sovereignty over the Spratly Islands and authorized its navy to protect Chinese territorial waters. Later that same year, China awarded an oil-exploration concession to the American-owned Crestone Oil Company in waters both Vietnam and China say belong to them.

Crestone President Randall C. Thompson has indicated at a press conference that the Chinese navy promised to protect his operation. Unfortunately, most experts agree that the pledge will not hold up in practice, because the Chinese navy lacks the capability to provide adequate protection so far from the Chinese mainland. Certainly, China would never be able to defend its South

China Sea oil installations against surprise attacks. Thus, given the presence of American citizens on the Crestone rigs, the U.S. Navy probably would be called upon to intervene in the event of an attack.

Meanwhile, the other aspiring Spratly landlords further inflame tensions by forging ahead with their own plans to exploit precious resources in the South China Sea. Recently, Vietnam awarded oil exploration rights in an area just west of the Crestone concession to Mobil Oil, while the Philippines granted an oil exploration permit to Vaalco Energy, another American firm.

And so in a group of tiny islands half a world away, the stage is set for battle....

TAPS

Taps notices are limited to only those Legionnaires who have held high national or department offices. We regret that we cannot extend the honor to all members.

William R. Douglas, TN Department Commander (1990-91).
Gilberto M. Font, Puerto Rico Department Vice Commander (1948-49), Alternate National Executive Committeeman (1957-59), National Executive Committeeman (1959-67), Department Commander (1967-68), National Vice Commander (1969-70).
Jerome O. Guilds, France Department Vice Commander (1969-70), Department Commander (1970-72).

MAGIC FINGERS

Continued from page 37

sleep or to go back into the bedroom. None of that affects us now," says Doctor, who is EMDR-trained and has been successful in treating about a dozen other quake victims.

As for EMDR's potential, Doctor says it may represent an undiscovered doorway into the human psyche. "There has not been much change in psychology in the last 30 years," he says. "There has been nothing as promising as this. And it doesn't seem to hurt anybody."

SUCH praise has not shielded the procedure from a certain skepticism in the mental-health community. This is largely because its appearance is so unlike anything that has emerged in mainstream psychology since Sigmund Freud led his first patient to the couch a century ago.

Critics point out that psychology is a profession with a long history of embracing wacky remedies. According to this school of thought, EMDR is

The New York Times. LATE CITY EDITION

JAPAN SURRENDERS, END OF WAR! EMPEROR ACCEPTS ALLIED RULE; M'ARTHUR SUPREME COMMANDER; OUR MANPOWER CURBS VOIDED

HERING MADE LOCAL... ALL CITY LETS GO... PRESIDENT ANNOUNCES END OF HOSTILITIES... YIELDING UNQUALIFIED, TRUMAN SAYS... JAPAN IS TOLD TO ORDER END OF HOSTILITIES... NOLLY ALLIED SUPREME COMMANDER... SEND EMPASSIES TO HIM... M'ARTHUR TO RESERVE SURRENDER... Terms: Proclamation of 1913 Day... Signing of Those Orders... Order to the Allied Forces... SECRET OF RADAR GIVEN TO WORLD... PTAIN CONVICTED... Terms Will Reduce Japan... To Kingdom Ferry Vested... TREATY WITH CHINA SIGNED IN MOSCOW... World News Summarized... Crosses: Sunk 3,196 Casualties... Took Atom Bomb Cargo to Guam... Marked Begin Order to Surrender...

Dear Legionnaire,

In commemoration of V-J day, Historical Productions would like to send you an exact replica of the AUGUST 15, 1945 issue of the nationally and internationally renowned newspaper, THE NEW YORK TIMES announcing the surrender of Japan at the end of W.W. II.

This 50th anniversary issue will be reprinted in its entirety and can be yours on or before AUGUST 15, 1995 if you don't delay.

You will read about all of the activities associated with the end of the war such as the statement to the nation by President Truman announcing the suspension of hostilities, the texts of War Communiques from the different war fronts, the joyous celebration by more than 1 million people in Times Square, N.Y. You will also get a flair for what was happening on the home front. You'll read about baseball scores (do you remember who won the World Series in 1945?), horse race news, stock prices on Wall Street and more.

You don't want to miss this opportunity to experience one of the greatest moments in our nation's history.

In order to reserve your commemorative issue and one for a friend or relative, fill out and mail us the coupon below as soon as possible.

Thank you.

Sincerely,

Anthony J. McGinly, President

VJ DAY



Send \$8.95 + \$2.00 shipping and handling and \$7.95 + \$2.00 shipping and handling for each additional replica. Make check payable to: Historical Productions

Your Name _____ A Friend or Relative
Address _____ Name _____
Address _____
Phone No. _____ Phone No. _____

Mail to:
Historical Productions, 1512 West Chester Pike #239, West Chester, PA 19382-7754

nothing more than the primal scream of the '90s. Others dismiss EMDR as finger-waving voodoo or New Age nonsense whose efficacy has yet to be documented through controlled clinical studies.

Even psychologist Francine Shapiro admits that EMDR "is no miracle cure." And Daniel Merlis of the Baltimore VA Medical Center emphasizes that EMDR is always used as part of a multi-pronged approach that typically includes individual psychotherapy, group treatment, relationship counseling and pharmacologic treatment.

"Patients get better for a lot of reasons," says James Herbert, an assistant professor of psychology at Hahnemann University in Philadelphia. Herbert finds fault with practically all of the research studies that claim EMDR is effective. He's concerned that Shapiro is "marketing" EMDR as if it's a done deal scientifically, when in fact the jury is still out.

"As these things are put under a microscope and studied more objectively, often they fall apart," scoffs Herbert.

Dr. Matt Friedman, a psychiatrist and executive director of the VA National Center for PTSD in White River Junction, Vt., agrees that more study is the first step in evaluating EMDR. So far there are "a lot of maybes" and not much science, he says.

"The first law of the Hypocratic Oath is 'Do no harm,' and there certainly is no evidence that this is toxic.... Now, to see if it works," Friedman says.

BUT such naysaying can't eradicate the body of evidence that is quietly accumulating in support of EMDR's mounting lore:

- Two months after Hurricane Andrew struck south Florida in August 1992, a team of eight EMDR-trained therapists from around the country converged on the destruction site south of Miami.

About 100 traumatized victims who had refused to evacuate were given two-hour EMDR treatments. All reportedly experienced a great reduction in distress.

- Since 1979, Roger Soloman, a police psychologist for the Washington State Patrol, has specialized in "high-impact trauma incidents" such as police shootings, multiple-fatality fires and railroad crossing accidents. He calls EMDR "the treatment of choice following a traumatic incident."

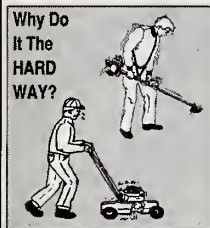
- At the VA Medical Center in

Revolutionary TRIMMER ON WHEELS!

SO MUCH EASIER to use than hand-held trimmers OR small-wheels mowers! **TRIMS plus MOWS** everything from whole lawns (even wet, *without clogging!*) to tough, waist-high grass and weeds *with incredible ease!* Rocks, roots, stumps, etc. do it no harm because it has no steel blade to bend, break or dull. Perfect for use with riding mowers for finish-up trimming and mowing... and for ALL trimming and mowing around vacation homes, hunting camps, etc.

"Your machine is all you say it is. 75% quicker than a hand-held trimmer because of the extra power and heavier cord that enables me to wade right thru heavy grass and weeds. There is NO heavy load to swing back and forth tiring your arms and shoulders. It makes weed wacking 'duck soup'!"

- Tom Lawrence, Somerville, NJ



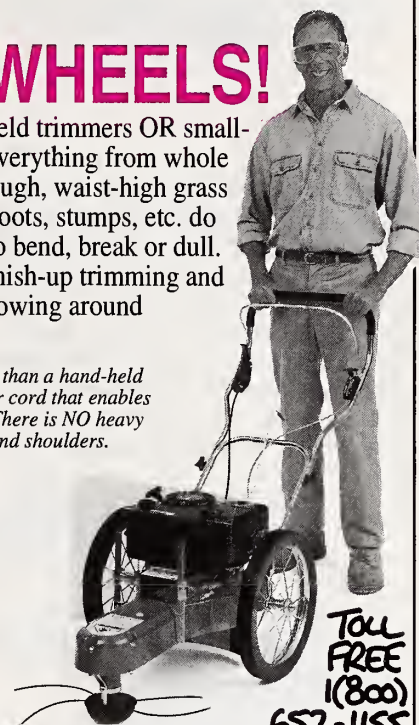
Why Do
It The
HARD
WAY?

So, WHY HASSLE with hand-held trimmers or small-wheels mowers? Please mail coupon below TODAY for **FREE DETAILS** about the Revolutionary **DR® TRIMMER/MOWER!**

U.S. Govt. Purchasers GSA Contract # GSO7F-5372A

YES! Please rush complete **FREE DETAILS** of the Revolutionary **DR® TRIMMER/MOWER** including prices and specifications of Manual and Electric-Starting Models and "Off-Season" Savings now in effect.

Name _____ AML
Address _____
City _____ State _____ Zip _____
To: **COUNTRY HOME PRODUCTS®**, Dept. 499
Ferry Road, Box 89, Charlotte, VT 05445



**Toll
FREE
(800)
652-1155**

Coatesville, Pa., psychologist Steven Silver says that over the past three years, 50 percent to 75 percent of all patients in the center's 90-day PTSD program have received EMDR treatments. Of those, more than 80 percent have gotten positive effects. None have had negative side effects.

- Researchers in August 1994 reported a new study which concluded that the procedure again had been effective with 80 PTSD patients. Officials of the American Psychological Association have described the study as "the most scientifically rigorous to date." Further clinical trials of EMDR are now underway at Yale University.

MEANTIME, apart from the scientific debate, the real story is written in EMDR's apparent effect on individual lives.

Californian Eric Smith is typical of those who don't care about cold statistics and laboratory findings; all Smith knows, and all he needs to know, is that EMDR brought him back from the edge.

The 45-year-old software programmer was one of Shapiro's earliest "experiments." Since his tour in Vietnam with the 199th Light Inf. ended prematurely in 1968 due to a booby-

trapped grenade, Smith had suffered chronic and severe depression, a broken marriage, drinking and drug problems and sleep disorders. At times, he was suicidal.

While years of counseling and inpatient programs helped him recognize his life was spinning out of control, it wasn't until Smith volunteered to be an EMDR "guinea pig" in 1988 that things really started to improve.

"We spent maybe eight or nine weeks and those things were gone," says Smith.

After six years, none of the disturbing PTSD symptoms has returned. Today, Eric Smith is remarried, has children and owns his own software-engineering firm.

"Prior to EMDR, I thought for so many years that PTSD would be a daily part of my life," Smith says. "I never had any hope of being the way I am now."

"You don't believe it when you read about it," concludes psychologist Steven Silver, a veteran who used EMDR to overcome his own trauma symptoms. "You find yourself doubting it when you see the research. But when you *use* it, you see there is something working here unlike anything you've ever seen before." □

PARKS

Continued from page 34

altered the flow of water into the park. Run-off from farming areas has polluted the water with chemicals and fertilizers. In turn, the vegetation and wildlife are suffering. Cattails now choke many marshes, and exotic plants are replacing native saw grass, man-groves and hardwood hammocks. The

park's population of white ibises, wood storks and other wading birds has plummeted from a quarter million to less than 15,000. Mercury from some unknown source shows up in dangerous quantities in the park's fish.

"We have to tell visitors not to eat the largemouth bass they catch in the park," says biologist William Loftus of the National Biological Services, who is stationed at Everglades National Park.

Many parks once had virtually invisible borders, surrounded as they were by equally virginal land. Today, log-

ging and mining industries, subdivisions and tourist communities have gobbled their way up to park boundaries. These intruders often destroy habitat for migratory park wildlife, pollute park air and water, create visual blight or noise, or simply spoil the wild ambiance that draws people to parks in the first place.

The National Park Service recently identified 480 significant water-related threats to more than 170 parks—ranging from proposed dams on the Virgin River upstream from Zion to fecal pollution of ground water at Mammoth Cave to the diminishing of Yellowstone's subterranean hydrologic grandeur. "People take for granted that because a stream or a spring or a geyser is in a national park, it's protected," says Terra Martin, director of the NPCA's Rocky Mountain Region. "But these features are not safe. They flow from larger watersheds, areas which extend well beyond a park's boundaries."

On Yellowstone's opposite side, a Canadian company proposes to extract \$800 million in gold, silver and copper by hollowing out a mountain just a couple of miles from the park. The mine would create millions of tons of sand and flour-like tailings containing heavy metals and sulfides, which can turn into sulfuric acid. To store the tailings, the firm plans to create a sort of gigantic bathtub by blocking off a high mountain valley. The company proposes covering the material with water, creating a kind of toxic soup. Soda Butte Creek flows from the likely site of this impoundment into the park, and any contamination of the stream could surely harm Yellowstone.

A couple of hundred miles to the north, the two national forests bordering Glacier National Park have been extensively logged and leased for oil and gas development. Across the border in Canada, but within the park's watershed, lie twin mountains of coal and a proposal to mine it. At Theodore Roosevelt National Park, the threat is from nearby energy development. At Joshua Tree National Monument, it's a massive garbage dump.

Green For Greenery?

And through it all are the ever-persistent funding shortfalls. Congress has a history of being stingy with parks, and entrance fees remain stuck in the 1950s—often \$5 for an entire carload of visitors. Recent budget deficiencies have led to closed campgrounds, staff cuts, neglected maintenance and the curtailment of scientific research.

An exclusive offer from the Maxim, only for American Veterans



This summer, you can stay at Las Vegas' exciting MAXIM Hotel & Casino for only \$19.95 per night.* Make reservations now for yourself and up to three others for any Sunday through Thursday stay at one of Southern Nevada's most exciting resorts through September 14.

The MAXIM is an exciting world of 24-hour entertainment with 800 comfortable rooms and suites. Complete amenities include 3 fine restaurants, 3 great buffets,

swimming pool, unisex beauty salon, gift shop, a spectacular casino featuring the latest slots, video poker, table games, 24-hour poker room, sportsbook and plenty of entertainment with Comedy MAX: The best stand-up comedy club in Las Vegas and Hell on Heels: A sexy, provocative comedy revue.

For More Info or for Reservations
(800) 634-6987

Just Steps from the Las Vegas Strip!

160 EAST FLAMINGO • LAS VEGAS, NEVADA

*\$19.95 per night, Sunday through Thursday, subject to availability.

Weekends available at higher rate. Not available during holidays or conventions. The Maxim Hotel/Casino reserves the right to modify this promotion at any time without notice. Offer expires September 14, 1995.

The NPS estimates that it would cost about \$3 billion to bring the national park infrastructure into the 21st century.

Most money that visitors spend in the parks—on lodging, food, trail rides, film, and souvenirs—ends up in the pockets of concessionaires who pay relatively little for their private monopolies.

According to the NPS Concessions Division, Yosemite's chief concessionaire, Yosemite Park and Curry Co., took in nearly \$93 million in 1992, while paying the government just \$690,000 in franchise fees. Systemwide, concessionaires ante up only about 3 percent of their gross revenue—nearly \$700 million—for the exclusive privilege of doing business in the parks.

Although the park picture can be depressing, it is not hopeless. America's national parks remain places filled with wonders unmatched anywhere else in the world.

But they do need help. "If we want to leave our children and grandchildren the same rich legacy left to us by the visionaries who set aside our national parks, drastic action is needed," says NPS director Pritchard.

With a little work and more money to fix aging infrastructure, the deteriorating parks no longer will be the dirty little secret in our nation's backyard. They can once again become what Bruce Babbitt, Secretary of the Interior, likes to call them—"secular cathedrals, as uniquely American as jazz and baseball." □

WANT TO HELP?

Continued from page 34

- ◆ Protect water, air and other park resources.
- ◆ Extend protection to lands beyond park boundaries.

Paul Pritchard, president of the National Park and Conservation Association (NPCA), concedes that there are no simple solutions, but he believes the parks have outgrown their present management system. "The best thing we could do would be to remove them from the political arena," Pritchard says.

Author Frome agrees, and he suggests that one way to do this would be to take the National Park Service (NPS) out of the Department of the Interior and re-establish it as an independent bureau. That change may not happen soon, but NPS has submitted a proposal to Congress seeking approval to restructure the organization and transfer many employees out of Washington, D.C., to work in the parks themselves. "We'd like to put more people on the front lines," says NPS spokeswoman Elaine Sevy. □

For information on how you can help our parks, write to: National Parks and Conservation Association, 1015 31st St. NW, Washington, DC 20007.

SPRING MEETING

Continued from page 47

ing of the Alfred P. Murrah Federal Building in Oklahoma City. Oklahoma NECman Lawrence Roy presented a special report about the disaster.

"The American Legion is contacting officials to see what we can do," said Roy. "On behalf of Oklahoma, I thank all of the states that have offered help."

The Department of Oklahoma has established funds to provide assistance to veterans' families and children affected by the bombing.

Chet Stellar, chairman of the Legion's Veterans Affairs and Rehabilitation Commission, reported that the VA hospital in Oklahoma City handled casualties from the bombing.

OTHER BUSINESS

Linda Newsome, president of the American Legion Auxiliary, showed her organization's strong support to the Legion and its programs. Newsome gave National Commander Detweiler a \$20,000 check for the Legion's Children & Youth programs, a \$20,000 check for veterans affairs and rehabilitation programs, and \$10,000 for the Child Welfare Foundation.

The NEC recognized the patriotic spirit of WFMS-FM, an Indianapolis-area country music station which plays the Pledge of Allegiance every morning. The radio station travels to area schools to record students saying the pledge. And during the Spring Meeting, the station aired a recording of the NECmen reciting the pledge.

Chairman Herman Harrington of the Internal Affairs Commission reported to the NEC that the National Emergency Fund (NEF) has distributed more than \$900,000 to Legionnaires and their families since the fund was re-established in 1989. During the meeting, the New York Department donated \$15,000 to the NEF, and the Washington Department gave \$5,000.

RESOLUTIONS PASSED

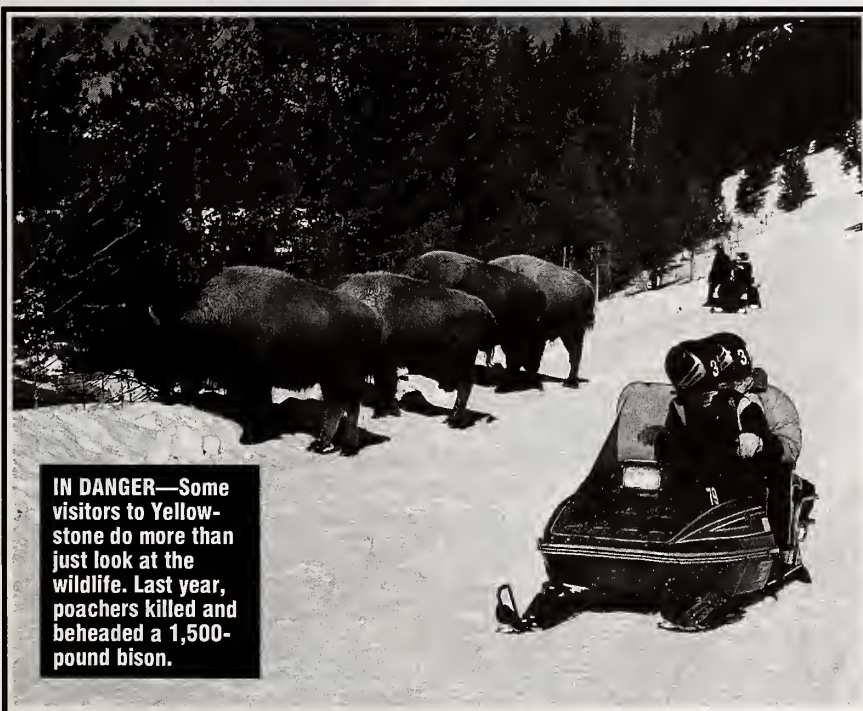
The following program and policy resolutions were approved by the National Executive Committee:

Res. 2 Authorizes Legion participation in a nationwide discount prescription program with RxAmerica.

Res. 3 Authorizes negotiations with Buick Motor Division to establish a scholarship program for boys playing American Legion Baseball.

Res. 4 Supports the reorganization of the Veterans' Employment and Training Service to make it more effective.

Please turn to page 67



IN DANGER—Some visitors to Yellowstone do more than just look at the wildlife. Last year, poachers killed and beheaded a 1,500-pound bison.

The Sunfire 206-R rechargeable lighting system is the most professional sportsman light you can buy. More powerful than any other similar flashlight.

- Length 7 inches, Weight 8 ounces
- 15,000 Candle Power
- Aircraft Quality Aluminum
- Waterproof

Only \$94.⁵⁰

Specify AC or DC Self Charger

1-800-335-1891

Don't settle for less.

SUNBRITE
INDUSTRIES

5680 State Farm Drive #111
Rohnert Park, California 94928
707-584-4883 FAX 707-584-4866
1-800-335-1891

"SUMMER CLEARANCE"



STEEL BLDGS.

SAVE UP TO 45%

Buy factory Direct: 16 X 24 • 20 X 26
Build it yourself !!! 25 X 38 • 40 X 72

The Perfect Building For All Your Needs !!!

CALL TODAY 800-888-4606



Loose Dentures?

PERMA-SOFT II

The Professional Denture Reline Material. Lasts up to 2 years. Tightens. Cushions. Stops Gum Shrinkage. ALL with just ONE Application!

For FREE Brochure Write: PERMA LABORATORIES
P. O. Box 134-L, Millersburg, Ohio 44654



TAN AT HOME!



• Home and Commercial •

SunQuest

WOLFF®
Tanning Beds

Buy Direct and Save Up To 50%

Call for a FREE Color Catalog!

1-800-462-9197

ENJOY HEARING



SAVE
up to
\$800

THIS IS ALL
YOU WEAR

FREE CATALOG!

All -In-The-Ear
Hearing Aid

Nothing over, under or behind the ear.
No Cords • No Tubes • No Wires
Simple slip-in fit
Full-range volume control
45 Day Trial

No Salesman will call on you.

REQUEST YOUR FREE CATALOG!

Write Rhodes Hearing Today:

RHODES HEARING

201 Ohio St., Dept 11
Brookport, IL 62910
or Call 24 Hours/day
1-800-942-4000

Own A Wood-Mizer® PORTABLE SAWMILL

- Saw trees up to 36" diameter by 21 ft. * long on site.
- All-products mill, kiln, and edger catalog: \$2.00; 60-minute video: \$10.00.

LT25 mills
without
trailer from:

\$6995!

*Catalog has mill specs.

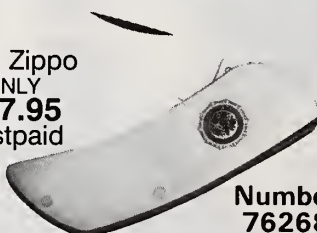


1-800-553-0219

Wood-Mizer Products, Inc.
8180 W. 10th St. Dept. F47
Indianapolis, IN 46214-2400

AMERICAN LEGION CUT-ABOUT KNIFE

from Zippo
ONLY
\$17.95
postpaid



Number
76268

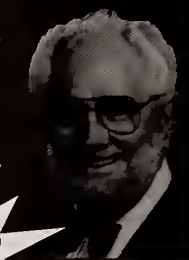
Single blade-Thinline design No pocket bulge—Guaranteed Full Color Legion emblem

NATIONAL EMBLEM SALES,
Dept. SM20, P. O. Box 1050, Indianapolis, IN 46206

IMPOTENCE IS TREATABLE

"I want every impotent man to have this device so we reduced the price."

Foster Brooks
TV & Movie Star



\$169⁹⁵
VACUUM THERAPY

MEDICARE APPROVED - We'll help you file
WE ACCEPT ALL PRESCRIPTIONS
FOR FREE BROCHURE CALL TOLL FREE
1-800-221-6603

2300 Plantside Drive
Louisville, KY 40299-1928

ENCORE™

YOUR MILITARY MEDALS



- All Services, WWII, Korea, Vietnam, SWA, 1918 to 1995
- All Full Size US, RVN, Medals
 - All Ribbons & Mini-Medals
 - All Badges, Insignia & Patches
 - Beautiful Wood Display Cases
 - Custom Mounting & Engraving
 - Flag Cases & Flags
 - Ship Photos & Histories
 - Best Prices, 100% Guaranteed

Personal Service

"SEND \$2.00 TODAY FOR NEW 24 PAGE COLOR CATALOG WITH FULL COLOR MEDAL CHART!!"

WRITE: MEDALS OF AMERICA
1929A6 FAIRVIEW RD., FOUNTAIN INN
S.C. 29644 TEL. 1-803-862-6425

Special

Buy one at \$59.95 and get 2nd 50% off and 1000 rounds free

- Side Lever • Spring Piston Action • 177 Cal • 750 FPS • 300 Yard Range
- Hardwood Stock • Rifled Barrel • Adjustable Sights • 7 lbs.



EXCELLENT TARGET & TRAINING RIFLE
200 ROUNDS OF AMMO FREE
60-Day Money Back Guarantee

Shipped in 24 hours.

Include \$10 S/H one \$18 S/H two SCOPE \$17

COMPASCO, Inc.

151-AL Atkinson Hill, Bardonia, NY 10904
M-F 9-5 EST. 1-800-726-1696



PARA SUIT & WALLS JUMPSUITS & COVERALLS

From \$31.95

Also Military Flight Coveralls (Nomex® or Plain)

Trego's

2209 Ok. Ave.
Woodward, OK 73001

Short or Long Sleeve
Perma-Press 30 Colors
25 Fabrics - Sizes 34 - 60

Reg., Short, Long & X-Tall

Call for Free Color Catalog

Toll Free 800-627-4692
Hours: 8 a.m. to 10 p.m.

VISA MasterCard & Discover

Top prices for Rolex, Patek Philippe, Vacheron, Cartier, Audemars, Movado, Breitling, & Universal watches. Collections bought. Price depends on style, originality and condition.

YOUR VINTAGE WATCH COULD

**BE WORTH
\$100,000**

To sell a watch call: (800) 922-4377
We will beat any and all offers!!

Hess Fine Art

3637 - 4th Street N., #101
St. Petersburg, Florida 33704

FREE INFO!

WATER WELL DRILL KIT

Since 1962, thousands of happy gardeners and homeowners around the world have discovered the Hydra-Drill™ secret. They drilled their own wells and their gardens prove it! You can, too. Call or write us today and we'll send you a big, free package of information about drilling your own well with the Hydra-Drill™.

For FREE Info, Write or Call Toll-Free 1-800-333-7762
(Ask for Operator 7727)

Video Available! DeepRock
7727 Anderson Road
Opelika, AL 36802



New Issue Limited Offer! 1995 SILVER EAGLES

For a limited time only, Eastern Numismatics is offering the new **When Purchasing 20 coins or more**

1995 American Silver Eagle. The purchase price is \$6.95 per coin. Each coin is Brilliant Uncirculated and contains One Oz. of Pure Silver. 999 Fine. Protective presentation holders are available for individual coins for additional \$1.00 each.

1 Coin \$7.49 + \$1.00 P&H (Total \$8.49)
10 Coins \$72.50 + \$2.50 P&H (Total \$75.00)
20 Coin roll in Original U.S. Mint tube with Treasury Seal for \$139.00 + \$5.00 P&H (Total \$144.00)

I understand I may charge my coins if my minimum order is \$50.00 or more. Prices are subject to change without notice. We reserve the right to limit quantity.

Order Toll Free 800-835-0008
Eastern Numismatics, 642 Franklin Ave., Garden City, NY 11530
New York State residents add sales tax. Dept. LG



MOVING?



northAmerican Offers Moving Discount
SAVE 40% On Your Next Interstate Move!

North American Van Lines offers American Legion members a 40% discount on interstate moves. Let North American, the world's largest professional mover, transport your household goods with moving services to meet every need and budget. In addition to saving 40%, you will receive \$50,000 coverage on your household goods at no charge.

For more information or a free estimate, call Andy Mento at Quality Movers/North American Van Lines.

1-800-524-5533 EXT. 29

GO WHERE YOU WANT... INDEPENDENTLY... WITH AN ALL-NEW 1996 RASCAL ELECTRIC SCOOTER OR POWERCHAIR!

ELECTRIC MOBILITY

ASK ABOUT SPECIAL VA PURCHASE OPPORTUNITIES!

1 800 662-4548 Ext. 100
For More Information and a FREE In-home Demonstration.



Senior Sun Lovers Vacation in Florida a Full Month

\$875 p.p. includes dbl. occ. Meals!

You Can't Afford To Stay Home!

- Lovely Accommodations
- Breakfast & Dinner Daily
- Waterfront Locations
- Parties, Dances, Tours
- Live Entertainment
- FREE Disney Tickets
- FREE Casino Cruise (2 Wk. Stays Available)

Full Color Brochure

1-800-221-5211

SENIOR VACATION HOTELS
P.O. Box 40700, St. Petersburg, FL 33743



FREE Color Catalog! Over 80 Products
1-800-800-FVVM

Wall hats, t-shirts, pins, prints, & much more!

Friends of the Vietnam Veterans Memorial

4200 Wisconsin Ave, NW
Suite 106 • Box 108
Washington, DC 20016

Non-profit, proceeds support free programs which help families and veterans.



COLLECTORS AND SPORTSMEN AUTO KNIFE BLOWOUT!

Money Back Guarantee! #102 \$39.95
2 for \$64.95 Plus \$3 Ship & Hand

#102 NATO MILITARY 3 1/2" Stainless blade. Front opening, fast lever action. #104 THE GODFATHER Stiletto. 4" lightning quick side opening stainless blade.

Order two knives & get **FREE** Swiss Army Knife. Send check or M.O. to **PERFORMANCE KNIVES**, 1202 Lexington Ave (Rm 192) Dept L-7, NY, NY 10028. Limited Offer, Act Now, Call **1-800-324-4371**



UNLOCK THE CASH IN YOUR REAL ESTATE CONTRACT

If you are receiving monthly payments, would you like to be **CASHED OUT?** Get **PEACE OF MIND** and cash for your **RETIREMENT DREAMS**. (Discount applies) Call for a **FREE QUOTE • 1-800-678-5653**

Olympic Mortgage Exchange, Inc.
164 NW Greenwood Ave., Bend, OR 97701

\$

PINS & PATCHES FOR CLUBS, EVENTS, ORGANIZATIONS

250 pc. min., no die charge, deal factory direct. Call, write, or fax for free info. today.

Emblematics Inc • 944 Calle Amanecer, Suite F, Dept. AL • P.O. B. 72005 • San Clemente, CA 92674 • Phone: (714) 492-4155 • (800) 421-6735 • Fax: (714) 492-4158



PUBLISH YOUR BOOK!

Join our satisfied authors in a complete and reliable publishing program. This program includes attractive books, publicity, advertising and quality service since 1959. All subjects are invited! Send for a FREE manuscript report & copy of *How To Publish Your Book*.

CARLTON PRESS 11 W. 32nd St. Dept. ALG New York, NY 10001

TABLE PADS

Priced from **\$39.95** Compare at \$99.95

Ask about free leaf special!

- Factory guaranteed
- Custom Fit
- Any normal size
- MC/VISA/DISC

FREE MEASURING SERVICE

FACTORY DIRECT TABLE PAD CO **1-800-737-3149**



DISPATCH

Biweekly publication of The American Legion news and views

Annual subscription (22 issues) \$15
Send your check or money order to:
The American Legion
P.O. Box 1055
Indianapolis, IN 46206

Replacement Medals

Veterans! Replace all your medals now - We have Regulation Size, Minis, Shadow Box Frames & Insignia. **EVERYTHING GUARANTEED CREDIT CARDS WELCOME!**

Send \$1.00 for Catalog
Pieces of History
P.O. Box 4470 Dept. AL
Cave Creek, AZ 85331
Phone: (602)488-1377
Fax: (602)488-1316



Replace A Treasured Keepsake!

G.I. DOG TAGS
We imprint with information you request up to six lines of 16 spaces. **Print clearly!**

2 tags & \$7.95 Add \$5 Postage chain set

SPECIAL P-38 Can Openers
3/2.00 one p-38 with tag order on request

FREE!

RICH CRAFT, Box 125-AM, Kershaw, SC 29067



SUCCESSFUL MANAGEMENT of IMPOTENCE

Millions of couples across the U.S., have restored sex into their relationship without surgery, drugs or injections. IMPOTENCE is a treatable condition, and this device can help you.

Medicare Patients Pay Only

\$51.00 Co-pay!

FDA Registered • Sold by prescription only!



CALL 1-800-398-3839 for
FREE Information

- Suggested Retail \$245
- 30 Day Trial Period
- Money Back Guarantee
- Lifetime Warranty on Major Parts

ETCO, INC.
VACUUM EJECTION
TECHNOLOGY

Factory Direct Sale Savings Up To 50%

Made in U.S.A.



Sizes: 20 x 34 25 x 44 40 x 60 50 x 100

Call Now (800) 891-6733
American Steel Span

AWARD CASES

ALSO MEDALS AND RIBBONS
Solid hardwood, gunstock walnut finish. Full 1" between glass and black, blue, red or white velvety mounting board. 5"x7" - \$18.95, 8"x10" - \$24.95, 11"x14" - \$29.95, 14"x20" - \$39.95, 20"x24" - \$59.95. Add \$5.00 shipping per case. (No P.O. Boxes)

R. ANDREW FULLER COMPANY
Box 2071-L, Pawtucket, RI 02861
VISA/MC Accepted (Write for FREE Catalog)

HAT PINS - PATCHES - FLAGS

600+ MILITARY DESIGNS

FREE 24 Page ILLUS. CATALOG

WE DO CUSTOM WORK

Dealer Inquiries Welcome

HOOVER'S MFG. CO.
4015 AL Progress Blvd.
PERU, IL 61354

(815) 223-1159, Ask For David

YOUR CHOICE

By the Grace of G-d

U.S. Large Cent
1793 and up
Various cond.
up to Fine
\$4.95 each

Morgan/
Peace \$
1878 and up
Uncirculated
\$8.95 each

SPECIAL TO PHONE/FAX BUYERS

An exciting approval package of American Bank Notes, Americana currency and U.S. Type coins.

The offer of approvals is open to AMEX, VISA and MasterCard holders or providers of 2 coin dealer references.

ORDERS ONLY - 1 800 836-8538

1 coin per customer. Please include

Day/Night/Fax number.

Phone number must accompany order.

C.O.D. and Overnight Express available.

Chaim Greenberg

383 Kingston #71 AL Brooklyn, NY 11213

Call or Fax (718) 953-1176

Mr. Greenberg,
I am very pleased
with my dealings
with you. I have
found you to be
extremely honest
and concerned with
your customers.
R. W. Towaco, NJ.

BEST DEALER PRICING!

30 DAY FREE TRIAL!

CABLE DIRECT

CABLE TV
CONVERTERS • FILTERS

COPY RENTAL TAPES WITH OUR
VIDEO STABILIZERS

Now you can tune-in to your favorite

cable TV programming and

SAVE \$100'S - EVEN \$1000'S

on premium CABLE TV EQUIPMENT.

FREE Cable TV Catalog.

100%
MONEY BACK
GUARANTEE!

1 YEAR WARRANTY

MODERN ELECTRONICS
1-800-906-6664
2125 S. 156TH CIRCLE • OMAHA, NE 68130

Seaweed's Custom Military Gifts

SHIPS HISTORIES \$10.00

PHOTOS: 8X10 \$12.00, 11X14 \$24.00

Color 8X10 \$24.00 + S&H \$2.50

CUSTOM EMBROIDERED NAVY

STYLE CAPS: Enl \$16.95, Off \$18.95

Eggs/Ship Design \$2.00 + S&H \$3.95

PO Box 154A, Sistersville, WV 26175

1-800-SEAWEED (732-9333)

PROSTATE CANCER

If you or a friend or family member are facing
prostate cancer, you do have options. For
FREE information call Theragenics Cancer
Information Center today,
1-800-458-4372

HEARING AIDS UP TO 60% SAVINGS

This is all
you wear!



30-DAY
TRIAL

TRY
BEFORE
YOU BUY

GUARANTEED LOWEST PRICES!

- ALL MAKES & MODELS
- 30 YRS. EXPERIENCE
- TERMS ARRANGED
- ALL MAKE REPAIRS
- CUSTOM INSTRUMENT SPECIALISTS

FOR FREE INFORMATION CALL:

1-800-323-1212

We're the oldest, biggest and best

LLOYDS, DEPT. AL BOX 1645, ROCKFORD, IL 61110

Make \$25 to \$100 per hour

with **Badge-A-Minit**

Yes, it's really possible by making and selling bright colorful Badge-A-Minit buttons. Buttons are proven money-makers at fairs, flea markets, conventions, or anywhere people congregate. They're fast and easy to make with Badge-A-Minit and inexpensive!

Send for a FREE full color catalog or send for a Starter Kit, only \$29.95 plus \$4.25 shipping (IL residents add \$1.87 tax)

Badge-A-Minit, Dept. AL795, Box 800, LaSalle, IL 61301
CALL 1-800-223-4103

MILITARY RIBBONS, AWARDS, BADGES, & MINIATURE MEDALS

U.S. Government Authorized



COMBAT
INFANTRYMAN
BADGE

Or just write for a Free Catalog. Free delivery on all orders over \$25. \$3.00 on orders under \$25. \$2.00 for color ribbon chart w/ order of precedence.

Regulation Size @ \$9.00 each
Dress Miniature @ \$7.50 each
Legal Size @ \$5.50 each

Serving America's Veterans Since 1970

GLENWOOD AGENCY, DEPT. AL795
1881 BAY ROAD, SHARON, MA 02067

Name _____
Address _____
City/State/Zip _____
Massachusetts residents add 5% Sales Tax.



Show
Your
Patriotism

- Ride with a U. S. flag in a plastic tube on your car antenna.
- Locate your car in a Parking Mall.
- Remove and wave it at a Parade!

Send \$11.50 (includes Sh. & Hdl.) to:
H. Company: P.O. Box 76, Ft. Lauderdale, FL 33302

Japanese Swords

For Free
Evaluation
Sheet

TOLL FREE 800-435-5119

French Art Glass (Galle, Daum) and Tiffany
Lamps also wanted.

David E. J. Pepin - Member NBTHK, Tokyo, Japan
Dept. AL, P.O. Box 354, Grant Park, IL 60940
MEMBER OF AMERICAN LEGION

CLASSIFIED

SEND ADVERTISING COPY AND REMITTANCE TO:

Eileen Hennessy
The American Legion Magazine
c/o Fox Associates, Inc.
116 W. Kinzie Street
Chicago, IL 60610
(312) 644-3888
FAX (312) 644-8718

All classified advertising is payable in advance by check or money order. Please make remittance payable to "The American Legion Magazine." **RATES:** \$17 per word. Count street addresses and box numbers as two words; all city, state and zip codes as three words. **GUARANTEED CIRCULATION:** 2,800,000 per month. **DEADLINE:** Advertising copy must be received 60 days before cover date of issue desired. All advertisements are accepted at the discretion of the publisher.

AUTOMOTIVE/ETC.

CORVETTES AT CARLISLE, August 25-27. Carlisle, PA Fairgrounds. All Corvette Flea Market, car corral, and three showfields. Downtown parade. Special display Corvettes, Bob Gold Auction. Win a 1975 Corvette Sunday at 4PM. Space available. (717) 243-7855.

BOOKS & MAGAZINES

DO YOU HAVE A BOOK TO PUBLISH? Established cooperative publisher can help. Call Pentland Press, Inc., (800) 948-2786.

BUSINESS OPPORTUNITIES

BED AND BREAKFAST. Learn the easiest home based business. Free report. Send \$4 shipping and handling to MTD, 114 Perth Plaza 109, Amsterdam, NY 12010.

CASINO SUPPLIES/PLAYING CARDS

FREE CATALOG (800) 233-0828.

COATS OF ARMS

COATS OF ARMS, 500,000 names, 32 countries. Free catalog. The Ship's Chandler, Dept. L., Wilmington, VT 05363. (305) 375-9469.

EDUCATION/INSTRUCTION

PARALEGAL-GRADED CURRICULUM. Approved home study. Affordable. Since 1890. Free catalog. (800) 826-9228. Blackstone School of Law, P.O. Box 871449, Dallas, TX 75267.

GUNS

FEDERALLY LICENSED DEALER. Buying Collections. Bank References. Confidential Appraisal Service. Will Travel. J&B GUNS, P.O. Box 597, Oakboro, NC 28129. (704) 983-2211.

HELP WANTED

EASY WORK! EXCELLENT PAY! Assemble crafts at home. (800) 377-6000, ext. 6820.

\$329.84 WEEKLY assembling products at home. Toll-free: (800) 333-3294.

HEALTH & HEALTH CARE PRODUCTS

INFLAMMATION PAIN! Natural product helps 1000s. Free informative cassette! (800) 566-1191, ID#AL527.

INSURANCE

CHAMPUS SUPPLEMENT will pay the 25% allowed, plus 100% of all excess charges. For brochure, call (800) 627-2824, ext. 424.

MISCELLANEOUS

MILITARY EMBROIDERED CAPS. Free color brochure. Soldier's Choice, P.O. Box 1049, Tulsa, OK 74101-1049.

MUSIC & MUSICAL INSTRUMENTS

ACCORDIONS. \$550-\$9,000. (800) 486-3322.

OF INTEREST TO ALL

WARTIME FRIEND SEEKS REUNION. Tom, one-time 22-year-old Army lieutenant, Minnesota native, arm injury Europe, convalescing in Banff, Canada, April-June 1945, and/or Joan Tompkins, RCAF from England. Any information from anyone earnestly requested. Collect call Tim Barnes (416) 601-6755, fax (416) 947-0909.

PERSONALS

NICE SINGLES wish to meet others. FREE magazine. Send age, interests. Singles, Box 310-ALM, Allardt, TN 38504.

ASIAN WOMEN! Overseas, traditional. Free details. Sunshine International Correspondence, Box 5500-HK, Kailua-Kona, HI 96745-5500, (808) 325-7707.

JAPANESE WOMEN! P.C.C., 110 Pacific Avenue, #208-JB, San Francisco, CA 94111. (816) 942-1668.

RECIPES

MOM'S ITALIAN COOKIE RECIPES. Send \$6, SASE, 3 Greenbrier Road, Greenville, RI 02828.

WANTED

GERMAN HELMETS, SWORDS, (215) 357-4107.

FAMOUS AUTOGRAPHS, EARLY SPORTS-MOVIE MEMORABILIA. (800) 432-8777.

OLD FLIGHT JACKETS. (800) 858-1335.

WESTERN INDIAN CRAFTS

ILLUSTRATED CATALOG PLUS NICE SAMPLE ARROW-HEAD. \$3. Westco, Box 778-V, Colfax, CA 95713.

WINE & BEER MAKING

WINEMAKERS-BEERMAKERS. Free catalog. Kraus, Box 7850-LM, Independence, MO 64054.

COMRADES IN DISTRESS

Readers who can help these veterans are urged to write a witness letter, including the CID number. Send the letters to CID, The American Legion Magazine, Box 1055, Indianapolis IN 46206.

Notices are published only at the requests of American Legion Service Officers representing claimants using Search for Witness Forms available from Legion Department Service Officers.

Co. A, 16-7, Fort Dix, N.J. Clair T. Sage needs witnesses to verify that while stationed at Fort Dix, N.J., in February 1954, he suffered frost bite to the toes while on bivouac. Contact CID 1286.

HQ Co., 69th FA, 25th Inf. Div. Royal Mergelsberg needs witnesses to verify that while stationed in Korea, he suffered a low back injury/illness. Contact CID 1285.

HQ., 29th AAA (AW) Bn.(SP), 7th Div. Charles Lindsey needs witnesses to verify that while stationed at Camp Chitose, Hokkaido, Japan, in June 1950, he injured his right shoulder while throwing a baseball. Contact CID 1284.

LIFE MEMBERSHIPS

Life Membership notices are published for Legionnaires who have been awarded Life Memberships by their posts.

Life membership notices must be submitted on official forms which may be obtained by sending a self-addressed, stamped envelope to: Life Memberships, The American Legion Magazine, P.O. Box 1055, Indianapolis IN 46206.

Samuel Chaloner III, Richard I. Snyder (1995) Post 28, Anchorage, AK

Harvey J. Adams, Bobby J. Kennedy (1994) Post 33, Chugiak, AK

Roger A. Coulombe (1992), **Anthony T. Blazona** (1993), **Herbert F. Gee, Raymond J. Roman, John E. Sampson** (1994) Post 30, Pomona, CA

Elwin T. Mulcahy (1993), **Steve Pelayo, Milton H. Tick, Vere L. Vollmer** (1994), **Tyler E. McHugh, Lawrence H. Painter, Charles A. Plumtree, N.F. Thompson** (1995) Post 130, Grass Valley, CA

Tom Savich (1993), **Herman Dalla, Gerald Swanson** (1994) Post 14, Silverton, CO

Van A. Case, Joseph Cuellar, Alva Layne Jr., Del F. Strode, Guy W. Woody (1994) Post 316, Atlantic Beach, FL

Kenneth E. Abeln, Herbert C. Bailey, Leslie N. Blitgen, Roger D. Cheney, Dwain W. DeGear, Eldred L. Delchellborer, Edward J. Dunn, Dwaine W. Feltes, Clifford C. Hingtgen, Orville J. Jackson, Maurice C. Jones, Mark B. Kettman (1995) Post 273, Bellevue, IA

SPRING MEETING

Continued from page 63

Res. 5 Accepts a grant from the USA Baseball Foundation for a summer intern for the American Legion Baseball program.

Res. 7 Accepts a grant from the Federal Cartridge Company for use in The American Legion Junior Shooting Sports Program.

Res. 8 Allocates an additional \$2.8 million to the Citizens Flag Alliance for its campaign to get a constitutional amendment to protect the flag.

Res. 10 Allocates an additional \$75,000 from The American Legion Life Insurance Fund for American Legion Baseball.

Res. 12 Supports expanding eligibility of the American Legion Auxiliary to include grandmothers of those who are members of The American Legion.

Res. 13 Authorized a temporary charter to Post 291 in Socorro Zone II Oriental, Mindoro, Philippines, affiliated with the Department of the Philippines.

Res. 14 Supports the establishment of the National Purple Heart Museum in Enfield, Conn., and fund-raising efforts for the museum.

Res. 15 Authorizes Legion participation in the Harry S. Truman Appreciation Committee.

Res. 16 Urges Congress to change sections of the Internal Revenue Service tax code to clarify the tax-exempt status of veterans groups.

Res. 17 Urges Congress to provide benefits for an entitled spouse and dependent children of a deceased veteran whose claim was pending at the time of the veteran's death.

Res. 18 Opposes a hiring cap for all medical personnel for medical centers.

Res. 19 Calls on VA to correct overbilling of Category C veterans who have Medigap and other health insurance coverage.

Res. 20 Urges VA to ensure that VA volunteers are considered as federal employees for the purpose of immunity from claims and lawsuits.

Res. 21 Supports the proposed Agent Orange Reform Act that would overturn judicial decisions preventing Vietnam veterans from a fair hearing of their claims against Agent Orange manufacturers.

Res. 23 Urges Congress and the President to revise VA eligibility to guarantee equity of access to, and proper funding of, VA medical care.

Res. 24 Authorizes the approval of a contract with Salt Lake City, Utah, as the site of the 1996 National Convention.

Res. 25 Authorizes the approval of a contract with Orlando, Fla., as the site of the 1997 National Convention.

Res. 26 Authorizes the approval of a contract with New Orleans, La., as the site of the 1998 National Convention.

Res. 27 Supports legislation that would deny federal funding to colleges that have discontinued ROTC programs in protest of the government's military personnel policies.

Res. 29 Approves up to \$40,000 for a legal expert to help develop a legislative package to reform VA health-care eligibility.

Res. 32 Urges state legislatures to pass laws to provide volunteers immunity from lawsuits alleging negligence in their volunteer capacity.

Res. 34 Names Rapid City, S.D., as the site of the 1997 American Legion World Series, Aug. 22-26.

Res. 35 Names the following as sites for the 1996 American Legion Baseball Regional Tournaments: Region I Bristol, Conn.; Region II Frederick, Md.; Region III Salisbury, N.C.; Region IV Tupelo, Miss.; Region V Midland, Mich.; Region VI Dyersville, Iowa; Region VII Gillette, Wyo.; Region VIII Las Vegas.

Res. 36 Authorizes approval of a contract with Marymount University as the site of the 1995 Boys Nation program.

Res. 37 Opposes priority treatment of illegal aliens in assignments to public housing or federally subsidized housing.

Res. 38 Restructures the National Oratorical Contest beginning in 1997 to be at a single location with nine first-round contests, three second-round contests and a national finals contest with three finalists.

For a copy of the complete text of any resolution, write to: The American Legion, Office of Archives, P.O. Box 1055, Indianapolis, IN 46206.

—Doug Donaldson



Job Less

The owner of a restaurant said to the new employee, "We'll let you start out by washing dishes."

"But, hey, I'm a college graduate," replied the new hire.

"You are? In that case, I'll have to show you how."

Advice On The Half Shell

Never eat in a restaurant that advertises: "All sales final."

Laundry Surfing

There's a very good reason why men don't do laundry: Washing machines don't have remote controls.

Lights, Camera, Election

Politicians should keep one thing in mind: In office, it's amazing how quickly you can move from the lime-light to the lemonlight.

Rodents Against Traps

Officials say there are twice as many rats as people living in Washington, D.C.—and that's not even counting the 91,000 lobbyists.

Internal Revenue Skinner

There's one difference between a tax collector and a taxidermist—the taxidermist leaves the hide.

Biting Humor

Overheard between two wives at the fence post: "I can really tell my husband is getting on in years," Millie said.

"How's that?" Billie asked.

"Each night he has an out-of-body experience. He puts his teeth in a glass."

Fear of Falling

A lot of people will tell you they're frightened by the idea of flying in an airplane five miles high. That's not, strictly speaking, true. What they're really afraid of is being in an airplane five miles high and *not* flying.

Empty V Generation

Looking at teenagers today, it's tough to decide whether *Beavis and Butt-Head* is a comedy or a documentary.

Two's Company

Fear is hearing your firm is going to cut back on staff. Panic is remembering it's a two-person business.

Base Less

Baseball may be losing in popularity, but America could never do without the baseball season. It's when football players have a chance to heal.

Rushin' In

Conservatives in Russia have one big problem: How do you go back to the good old days, when you never had any?

Fore Play

Patient: "The nurse told me you've just returned from a three-day conference on stroke research. That's great. What did you learn about strokes?"

Doctor: "Relax, keep your eye on the ball, and follow through."

Chip Shot

Show me a man with both feet planted firmly in the ground, and I'll show you a man who has hit into the sand trap.

Heartland

"America is the willingness of the heart."

—F. Scott Fitzgerald

Daffynitions

Mixed emotions: When your teenager gets an A+ in sex education.

Middle age: When the Tylenol has extra strength, but you don't.

All Wet

Denial is not just a river in Egypt.

Even After Cuomo

The State of New York in the recent past has introduced legislation to:

- Warn drivers that it's harder to see at night.
- Establish a toll-free hot line for kosher food.
- Require automatic teller machines to always have those self-adhesive deposit envelopes.

Deconstruction Zone

After rebuilding one freeway wrecked by last year's Los Angeles earthquake in less than three months, the California state transportation agency announced that re-stripping another one nearby to create a carpool lane would take more than two years.

But I Gotta Go

The biggest problem with the information superhighway—there are no rest stops.



"I believe your best strategy is to pardon yourself, seeing as how you're still the governor."

GENE AUTRY

VIDEO BONANZA!

THE SINGING COWBOY

Gene Autry, the greatest singing cowboy movie star ever, teams up with his faithful horse, Champion, to produce over 100 movies. We selected only the best of the best to bring you such mega hits as his full length colorful film, Big Sombra. In fact, we put together an outstanding collection of his greatest movies. You will see his star-studded supporting cast, including Smiley Burnette, Gabby Hayes, Jimmy Durante and many more. The simplicity and greatness of these classics will transcend time.

COLLECTION # 1

- Big Sombra (77 min) • Boot & Saddle (60 min) • Public Cowboy #1 (58 min)
- Melody Ranch (52 min) • In Old Santa Fe (62 min) • Round Up Time in Texas (55 min)

COLLECTION # 2

- Home On The Prairie (60 min)
- Springtime In The Rockies (60 min) • The Old Corral (60 min)
- Git Along Little Doggies (60 min)
- Rim Of The Canyon (70 min)
- Rootin' Tootin' Rhythm (55min)

Each VHS video has 6 full length movie classics. They have been reproduced with the most advanced, state of the art equipment available to assure you of getting an excellent, superior resolution finish.

\$14.99
EACH

Why Pay \$19.95?

Gene Autry
COLLECTION # 1

Gene Autry
COLLECTION # 2

The Gene Autry Collection captures over a decade of classic movie making. It is just chock full of action and excitement so the whole family will get hours of enjoyment. Each VHS tape has 6 full-length fun loving movie classic features.

DEER CREEK PRODUCTS, INC., Dept. M558
3038 N.W. 25 Avenue, Pompano Beach, FL 33069

30 Day Money Back Guarantee

- ☐ Collection #1 - 6 Full Length Gene Autry Movies only
\$9.95 plus \$3.50 shipping
- ☐ Collection #2 - 6 Full Length Classic Features only
\$9.95 plus \$3.50 shipping
- ☐ Complete Collection of #1 & #2 - 12 Full Length Movies
only \$17.95 plus \$6.00 shipping

Name _____

Address _____

City _____

State _____ Zip _____

PINCORD SLACKS

2 FOR 29⁹⁵

Reg. 34.95
SAVE \$5
New Customer
Special

There's a hidden dividend in our famous Pincords that makes them our most popular summer slacks...

Those crisp color-on-white vertical stripes have a trimming, slimming effect!

Terrific with a sport shirt, and they go to the office with equal aplomb — just add a blazer and tie! Tailored in the USA with all the quality benchmarks you expect:

- Durable nylon zipper
- Four big No-Hole pockets
- Ban-Rol® no-roll waistband
- Premium woven polyester and cotton pincord fabric
- Tropical weight for summer comfort
- 100% machine wash and dry



Haband!

100 Fairview Avenue
Prospect Park, NJ 07530

PINCORD SLACKS 2 FOR 29^{95*}

3 for 43.75
4 for 57.50

Haband One Hundred Fairview Ave., Prospect Park, NJ 07530

WAISTS:

30 32 34 35 36 37 38
39 40 41 42 43 44

***BIG MEN'S TOO!**
Add \$3.00 per pair for:
46 48 50 52 54

INSEAMS:

27 28 29 30 31 32 33 34

SLACKS

	7BJ-0F4	What Waist?	What Inseam?	How Many?
A	BLUE			
C	TAN			
D	BLACK/WHITE			
G	GREEN			

MATCHING SHIRT

	7BJ-1A2	WHAT SIZE?	HOW MANY?
A	BLUE		
D	TAN		
C	WHITE		
B	GREEN		

Send me _____ pairs of slacks and _____ shirts. I enclose \$_____ purchase price, plus \$4.25 toward postage and insurance. Big Men's sizes add \$3 per item.
☐ Check enclosed ☐ Visa
☐ Discover Card ☐ MasterCard

Card # _____ Exp.: ____/____/____

☐ Mr. ☐ Mrs. ☐ Ms. _____

Mail Address _____ Apt. # _____

City & State _____ Zip _____

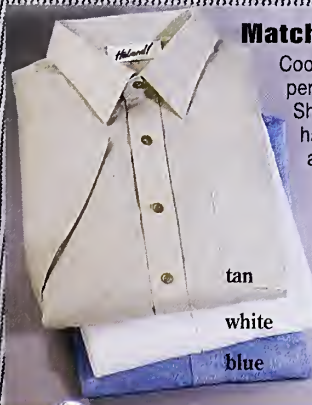
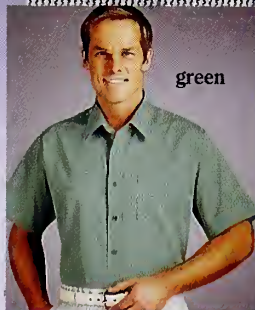
100% Satisfaction Guaranteed or Full Refund of Purchase Price at Any Time!

Matching Shirt \$12.50 each

Cool, crisp, lightweight and a perfect match to the slacks. Short-sleeve chambray shirt has front placket, neat collar and single chest pocket. Breezweight polyester/cotton keeps you cool all day and is 100% machine wash and dry. Imported. Only \$12.50* each. Hurry!

SIZES: S(34-36) M(38-40)
L(42-44) XL(46-48)

***BIG MEN'S TOO!**
Add \$3 each for:
2XL(50-52) 3XL(54-56)



For fastest possible service call 1-800-742-2263 Order 24 hours a day, 7 days a week!